

## THE EPISCOPAL DIOCESE OF EAST CAROLINA

Offers resources, support, & prayer for adults through an online opportunity

# SPACE FOR GRACE

Session 1 – Supporting couples in the midst of an ongoing pandemic.

October 27 • 7:30 – 8:45 PM

(register by Noon, October 26th)

October 29 • Noon – 1:15 PM

(register by 5:00 PM, October 28th)

Both sessions will have the same content. Please just register for 1 time slot. **Registration is required** to receive the Zoom link. Questions? Contact Emily Gowdy Canady at Diocesan House.



**ANNE M. ERICKSON, MA, LCMHC**

Anne is the primary practitioner at New Garden Counseling. She is a Certified Imago Therapist. Imago Relationship Therapy is an approach to couples counseling that views conflict as growth trying to happen. She helps couples restore connection and rekindle intimacy by teaching them the tools for how to listen with empathy and curiosity.