Join us for MABS’ Summer Special Interest Group

LIVE WEBINAR!

or in-person at AquaFloat

925 E Jefferson St, Charlottesville, VA 22902

July, 8, 2019 ☑️ 7:30-8:30 pm EDT

EEG Phenotypes: From Pathology to Peak Performance

Presented by Jessica Eure, LPC, BCN

Who are peak performers?
What are the EEG patterns that help access the full potential of one’s brain?

Join Jessica as she discusses the optimized expression of brain wave flexibility, organization and stability that support peak performance!
Session Description:

A limited set of EEG phenotypes can characterize the majority of variance we see in human brain activity and that these neuromarkers are reliable indices of brain function. They provide a guide for personalized approaches to assist in optimizing brain wave activity and in turn performance. Jessica will discuss the three main EEG characteristics that reflect healthy brain function.

About the Presenter:

Jessica Eure is Director of Neurotherapy and co-founder of the Virginia Center for Neurofeedback, Attachment & Trauma. She is a Licensed Professional Counselor (LPC) specializing in the treatment of developmental trauma, mood disorders, PTSD and ADD using QEEG-guided neurofeedback and psychotherapy. She has studied neurofeedback and QEEG intensively for the past 10 years with a variety of mentors and organizations. Jessica is an approved neurofeedback mentor through the Biofeedback Certification International Alliance and is the current president of MABS.

Target Audience:

Anyone interested in understanding more about the brain wave patterns associated with peak performance and with various pathological conditions, including those interested in or working with neurofeedback and QEEG.

Instructional Level:

Appropriate for intermediate and above, including post-PhD psychologists.

Learning Objectives:

Participants will be able to:
1. Define what an EEG phenotype is.
2. List the three main EEG characteristics associated with a peak performance brain.
3. Describe the conditions/symptoms that occur when a brain is not stable.
4. Describe the conditions/symptoms that occur when a brain is not organized.
5. Describe the conditions/symptoms that occur when a brain is not flexible.

Continuing Education Credits:

- This program, when attended in its entirety, is available for 1.0 APA-approved continuing education credit hour. Two-Point, LLC is approved by the American Psychological Association to sponsor continuing education credits for psychologists. Two-Point, LLC maintains responsibility for this program and its content.

- BCIA approved CE credits to meet requirements for BCIA recertification.

- Attention LPCs, Social Workers, School Counselors and Other Mental Health Professionals: Many state licensing boards accept APA-approved CE credits for mental health professionals. Check with your board to see if they will accept the APA-approved credits for this special interest group/webinar.
Disclaimers/Disclosures:

Accessibility, Participation Guidelines and Disclaimers
The views of the presenter are hers and do not necessarily represent a position by the Mid-Atlantic Biofeedback Society. MABS is committed to accessibility and non-discrimination in its continuing education activities. The Society is also committed to conducting all activities in conformity with the American Psychological Association’s Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process those feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Bea Haskins, 717-637-6518, execdirector@mabs.us. Facilities are accessible to persons with disabilities and reasonable accommodations will be made for persons requesting them. There is no commercial support for this program nor are there any relationships between the CE sponsor, presenting organization, presenter, program content, research, grants or other funding that could reasonably be construed as conflicts of interest, unless otherwise noted.

Presenters’ Statements on Utility/Validity, Limitations, Risks and Financial Disclosure:
Ms. Eure has no financial interests to disclose nor any limitations or risks to note.

Fees and How to Register:

Everyone Needs to Register in Advance! If you plan to attend in person or are attending the online webinar for free (see below for who qualifies), send an email to Bea Haskins at execdirector@mabs.us. All participants will be asked to complete an online evaluation form. CE certificates will be issued to those who have paid for one after submitting their responses for the evaluation.

In-person attendance: There is no registration fee for anyone who attends the event in person at AquaFloat. This includes MABS members, Functional Forum Meetup members or anyone else! However, those wanting a continuing education certificate must pay a fee for the certificate.

Online attendance: This is an online webinar using Zoom! Instructions for accessing the program will be sent after you register and as we get closer to the date of the event.

- **MABS Members**—free to participate. If you want a CE certificate, follow the instructions below.
- **Non-members including mental health professionals and the general public**—$10 fee to register and an additional fee of $15 if you want a CE certificate.
- **Students**—free; include a copy of your student ID when you register with your email to execdirector@mabs.us.

To register online and/or to order a CE certificate, go to www.mabs.us and use the Donate button in the upper right corner. Once you have entered your amount ($15 for MABS members who want a CE certificate, $10 for non-members who do not want a certificate or $25 for non-members who do want a certificate), on the next screen, click “Add special instructions to the seller” and indicate what your payment includes.

Refund Policy: Refunds for the amount of registration and CE certificate will be issued for cancellations made before July 5, 2019. After that, only the CE fee will be refunded for cancellations.

Can’t participate in person or in the live webinar online? The webinar will be available to view for a small fee soon after the event. Please send Bea Haskins an email at execdirector@mabs.us and she will sign you up for this opportunity and send you instructions on how to access the taped presentation. This option is not available for CE credits.

Questions: Contact MABS’s Executive Director, Bea Haskins, at 717-637-6518 or execdirector@mabs.us.