



Self Defense Class for Women

Saturday, November 16 - Starts at 10:00 am in the Parish Hall

Wear loose and comfortable clothing, and sneakers.

Light lunch to follow. \$20.00 suggested love offering for

Her Song – Restoring the Lives of Sex Trafficking Survivors

RSVP – 'Text' Denise at 904. 537. 9142

Bring a friend!