



Writing Your Way Towards Wholeness

A Writing and Ritual Retreat

Friday May 29, 5pm - Sunday May 31, 1pm
\$415 private, \$340 shared, \$310 commuter

Facilitator Brenda Peddigrew rsm

We mostly know ourselves in parts, with different identities in different situations. How then can we engage our writing practices to meet the whole of who we are? This weekend will offer the time and space for you to reclaim and write about some of what has been lost in order to encounter a clear sense of your wholeness. The workshop will start with an experiential ritual that will celebrate some of the lost and hidden parts of yourself.
*Please bring a special stone to be your writing companion.

To register or for more information please contact:

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