

Children's Oral Health Tookit

Did you know that cavities are the most chronic childhood disease? It's true! Cavities are five times more common than asthma. Children with pain from tooth decay typically miss more school and have lower grades than their peers, not to mention the lost work hours for parents. But cavities are nearly 100% preventable, and it's easy to protect your child's oral health and ensure better overall health.

Here are some fun resources to teach your child about the importance of oral health and developing good oral habits like brushing, flossing, and choosing healthy snacks.



Videos

- [Tooth Tips from the Tooth Fairy and Dr. Guyton](#)
- [Miles and the Tooth Fairy](#)
- [Brushing is Fun!](#)
- [What is Smile Power™?](#)



Activity Sheets

- [Super Brushing Tools](#)
- [Healthy Snacks](#)
- [T is for Tooth](#)
- [Ask the Tooth Fairy](#)
- [Super Brusher Tracker](#)
- [Super Brusher Certificate](#)



For Parents

- [Word of Mouth](#)
- [Children's Oral Health](#)