

# YES!

I want to finish my summer strong while helping Central American families!



## Run for Central America CoMo 10K / Relay — Labor Day 2020 (Sep 7)

According to a June 6 report from the United Nations, Latin America is facing ***the greatest humanitarian crisis in over a century***. Thousands of families in Central America have resorted to flying white flags signifying that they have run out of food.

Local church and community leaders are mobilizing their own resources to respond to this crisis, providing more than 2.5 million meals by late July. ***However***, as their resources have dwindled we now have the opportunity to reinforce their efforts and feed thousands more families.

Your efforts are needed now more than ever. You can ***run, walk, ride or roll*** to help feed families.

Easy as ***“uno, dos, tres”***:

### 01 REGISTER

Registration is \$45 and will help the relief and recovery efforts in Central America (t-shirt included).

[www.runforcentralamerica.com](http://www.runforcentralamerica.com)

### 02 FUNDRAISE (OPTIONAL)

To make an even bigger impact, you can choose to raise additional funds with a personalized fundraising page that can also link directly to your own Facebook fundraiser (prizes and rewards available for fundraisers).

### 03 CHOOSE YOUR OWN LABOR DAY ADVENTURE!

Run, walk, ride or roll a **solo** 10K (we have some suggested routes)

**or...**

Do four 10K's with three of your friends, turning it into a **marathon relay** (we've got a route on the KT planned for you)!

You can come join us on the KT trail on Labor Day (while respecting social distance protocols)

**or...**

Do your own 10K/Relay at the time/location of your choosing

Questions? Reach out to the team coordinator David McGee at: [dmcgee@enlace.link](mailto:dmcgee@enlace.link) / 573-289-5263 (call/text)