

HERE IS THE RECIPE THEY USE AT THE KENTUCKY DERBY. BUT AS WITH ALL THINGS IN LIFE, FEEL FREE TO ADJUST ACCORDING TO YOUR TASTE AND PREFERENCES. LIFE IS TOO SHORT TO SIP A COCKTAIL YOU DON'T LIKE.

THE OLD FORESTER MINT JULEP RECIPE

2 cups sugar

2 cups water

Sprigs of fresh mint

Crushed ice

Old Forester Straight Bourbon Whisky

Julep Cups

