

VIRTUE OF THE WEEK



2024-25

OCTOBER 8-18

Prayerfulness

Virtue Field Guide Pages 115-121

1

DEFINITION

The habit of being in the presence of God, taking time to be with him, talk with him, and seek communion with him.

2

PRACTICAL EXAMPLES

- I take time for personal prayer-even for just five minutes a day.
- When I pray, I find a quiet place free from distractions. I turn off my phone/devices, and I prepare myself by closing my eyes, sitting or kneeling still, and putting myself in God's presence.
- When I wake up, I dedicate the day to God. When I go to sleep, I thank Him for the blessings of the day.

3

PRAYER

Jesus, help me think of You throughout the day as I go about my activities. I desire to turn to you in both the challenges and successes of life. Show Yourself to me in a deeper way; reveal Your love to me. Speak to my heart as I pour my heart out to You.

