

1

FIRST, ARE YOU 18 YEARS OF AGE OR OLDER? THEN...

NO LESS THAN 90 DAYS PRIOR TO INTENDED DATE OF TESTING:

- Submit Instructor Application with:**
 1. Evidence of Equine Handling Skills
 2. Evidence of Equine Management Skills
 3. Video demonstration of Riding Instruction and Communication of Riding Skills
 4. Documentation of Experience Working with Individuals with Disabilities
 5. Documentation of Supervised Instruction of Therapeutic Riding Lessons
 6. Proof of current Adult & Child CPR and First Aid certifications
(online courses accepted)
 7. Proof of passing score on PATH Intl. Standards exam (score valid for 1 year)

**UPON VERIFICATION BY PATH INTL. THAT ALL
COMPONENTS MEET REQUIREMENTS:**

- Receive notification of Authorization to Test**
(valid for one year)

2

**WITHIN 1 YEAR FROM DATE OF
AUTHORIZATION TO TEST:**

- Complete online examination
with a passing score at an
authorized testing site**



CTRI ROADMAP

NOTE: This diagram is intended to be a general checklist/overview of the application and certification process. Please thoroughly review the CTRI application paperwork, instructions and policies & procedures booklets for details on each component within the process.

YOU ARE A
**PATH Intl. Certified
Therapeutic Riding
Instructor (CTRI)!**



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

PART I : EVIDENCE OF EQUINE HANDLING SKILLS

A

Complete **Option A** if you have thirty (30) hours of acceptable equine handling experience. Acceptable experience includes paid or volunteer time engaged in equine management and handling under the supervision of a PATH Intl. Certified Professional.

OR**B**

Complete **Option B** if you have proof of participation in a recognized equestrian organization, such as Pony Club, AQHA, USDF, high school or college equestrian teams, rodeo, breed associations, etc., within the last 10 years.

A

30 hours (paid or volunteer time) engaged in equine handling supervised by a PATH Intl. Certified Professional.

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

PATH INTL. CERTIFIED PROFESSIONAL SUPERVISING CANDIDATE

(Cannot be a familial relation or directly employ candidate nor stand to gain direct financial benefit from certification of the candidate.)

Full Name: _____

Email: _____

PATH Intl. Member ID: _____ Center Affiliation: _____

Phone: _____ Title/Position: _____

Relationship to Candidate: _____

ATTESTATION OF CANDIDATE'S EQUINE HANDLING SKILLS

I, _____ attest that _____

Reference's full name

Candidate's name

has demonstrated basic equine handling skills as evidenced by participation in the following activities supervised by me:

Activity: _____ Year: _____

Activity: _____ Year: _____

Activity: _____ Year: _____

Activity: _____ Year: _____

Attach additional pages if needed to document all activity.

Total number of activity hours (minimum 30): _____

May PATH Intl. contact you for further verification of the activities listed above? YES NO

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of the candidate's certification, if earned.

Certified Professional's Signature: _____ Date: _____



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

B

Participation in a recognized organization within the last 10 years. Complete only if you DID NOT complete Part I Option A.

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

REFERENCE INFORMATION

Full Name: _____

Email: _____

Organization: _____ Phone: _____

Title/Position: _____ Relationship to Candidate: _____

ATTESTATION OF CANDIDATE'S EQUINE HANDLING SKILLS

I, _____ attest that _____,
Reference's full name _____ Candidate's name _____,
identification number _____, has demonstrated basic equine handling skills as evidenced by participation in
Candidate's ID with your organization _____, the following activities endorsed by our organization within the last 10 years:

Activity: _____ Year: _____

Attach additional pages if needed to document all activity.

Total number of activity hours: _____

May PATH Intl. contact you for further verification of the activities listed above? YES NO

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of the candidate's certification, if earned.

Signature: _____ Date: _____

PART II : DOCUMENTATION OF EQUINE MANAGEMENT SKILLS

A

Complete **Option A** if you have successfully demonstrated competence in equine management and handling verified by a PATH Intl. Certified Professional with a minimum of 120 hours of experience in equine management.

OR

B

Complete **Option B** if you have documentation of an equine management and handling certificate or certification from an equine organization or an institution of higher learning.

A

Equine Management and Handling Skills Checklist

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

PATH INTL. CERTIFIED PROFESSIONAL SUPERVISING CANDIDATE

(Cannot be a familial relation or directly employ candidate nor stand to gain direct financial benefit from certification of the candidate.)

Full Name: _____

Title/Position: _____

Center Affiliation: _____ Relationship to Candidate: _____



EQUINE MANAGEMENT AND HANDLING SKILLS CHECKLIST

(Each item in the list below must be checked off as completed in order for this form to be accepted.)

PATH INTL. STANDARDS

Know and implement PATH Intl. Standards and their interpretation for equine care, maintenance and participation in EAAT programming.
Know and implement PATH Intl. Standards and their interpretation regarding the safe use of equipment for EAAT programming.

BREEDS/COLORS/MARKINGS/PARTS OF THE EQUINE

Identify an equine by age, color, markings, breed characteristics, height and weight.
Identify the basic anatomic parts of the equine.

EQUINE SENSES AND BEHAVIOR

Know the characteristics of the senses of the equine and how they contribute to equine behavior.
Identify the behavioral characteristics of a lesson-ready equine.
Know how the senses of the equine and equine behavior affect the safety of the EAAT setting.
Recognize the signs and causes of negative equine behaviors (including/not limited to biting, kicking and crowding personal space).



EQUINE MANAGEMENT AND HANDLING SKILLS CHECKLIST (CONTINUED)

(Each item in the list below must be checked off as completed in order for this form to be accepted.)

	Identify appropriate types of rewards for positive equine behaviors (including/not limited to release of pressure, verbal praise or pats/rubs).
	Identify equine behavior or body language that could signal a dangerous situation and know appropriate actions to take to protect the safety of people and equines.
STABLE MANAGEMENT	
Know feed requirements of the equine including hay, salt and minerals, grain, feeding intervals, water.	
	Recognize signs of poor quality feed.
	Identify appropriate protection for horses, including shelter, fly masks and bonnets, fly repellents.
	Know horse manure handling methods to maintain sanitary conditions of stall and turn out areas.
	Identify appropriate, safe equine bedding materials.
	Identify potential stall hazards.
	Know how to give an equine a bath.
	Describe techniques used to warm up an equine prior to an EAAT session.
	Describe techniques used to cool down an equine following a work session.
	Identify correct fitting and adjustment of a saddle, harness or surcingle to maintain the health and well-being of the equine.
	Describe equipment cleaning, care and maintenance.
HEALTH AND SICKNESS	
	Know and recognize the signs of behavior change, colic, good health, laminitis, respiratory infection, thrush, weight loss, heat stroke, stress, dental problems, equine metabolic syndrome.
	Know and recognize when an equine is unsound.
	Identify normal ranges and how to take TPR (temperature, pulse, respiration).
	Describe deworming, vaccination, hoof and teeth care programs and intervals for each to maintain equine health.
	Describe first aid treatment for wounds.
	Describe items recommended to be included in an equine first aid kit.
UNSOUDNESS AND BLEMISHES/FORM TO FUNCTION	
	Recognize the difference between a blemish and an unsoundness.
	Recognize conformation traits that contribute to the overall movement of the equine.
	Identify conformation traits that can lead to unsoundness.
	Identify and describe the foot falls and beats of the walk, trot/jog, and canter/lope.
	Recognize asymmetry in the equine gait pattern.
	Describe how unsoundness may affect equine behavior.



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019



EQUINE MANAGEMENT AND HANDLING SKILLS CHECKLIST (CONTINUED)

(Each item in the list below must be checked off as completed in order for this form to be accepted.)

SELECTION AND TRAINING	
	Describe general considerations for a prospective equine for any therapeutic riding program.
	Describe criteria to judge the suitability of the equine to perform an assigned task in therapeutic riding.
	Describe a conditioning and maintenance program for therapeutic riding equines including riding, lungeing, ground schooling, desensitizing equines to equipment, mounting ramps and procedures, working with headers, leaders, sidewalkers and record keeping.
HORSEMANSHIP, HANDLING AND SAFETY	
	Know and demonstrate how to safely and respectfully approach and halter an equine using a web or leather halter.
	Know and demonstrate tying with a quick release knot.
	Know and demonstrate safe movement around a tied equine.
	Demonstrate the use of grooming tools, including curry comb, hard brush or dandy, soft brush or body brush, hoof pick, mane or tail comb, shedding blade, sponge, sweat scraper.
	Know and demonstrate safe turnout of an equine into a stall, pen or field.
	Know and demonstrate safe leading techniques at the walk and trot/jog through turns, transitions and backing.

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of the candidate's certification, if earned.

Certified Professional's Signature: _____ Date: _____

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of my certification, if earned.

Candidate Signature: _____ Date: _____



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

B

Completion of an equine management and handling certificate program, course or certification. Complete only if you DID NOT complete Part II Option A.

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

CERTIFICATE PROGRAM, COURSE OR CERTIFICATION COMPLETED

Program, Course or Certification Name: _____

Issuing Instructor, Organization or Institution: _____

Date Issued: _____

PROOF OF COMPLETION

In addition to this form, proof(s) of completion of the certificate program(s), course(s) or certification(s) must be supplied. The name provided on the proof(s) of completion must match the candidate's name on their application.* Please use a separate form for each certificate program, course or certification submitted.

I have reviewed the Equine Management and Handling Skills Checklist and affirm that the certificate program, course or certification named above covered all topics listed for:

1. Breeds/Colors/Markings/Parts of the Equine _____ initials
2. Equine Senses and Behavior _____ initials
3. Stable Management _____ initials
4. Health and Sickness _____ initials
5. Unsoundness and Blemishes/Form to Function _____ initials
6. Selection and Training _____ initials
7. Horsemanship, Handling and Safety _____ initials

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of my certification, if earned.

Candidate Signature: _____ Date: _____

* If candidate's name has changed, documentation verifying former name and/or name change must be submitted.



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

PART III : VIDEO DEMONSTRATION OF RIDING INSTRUCTION AND COMMUNICATION SKILLS

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

VIDEO ACCESS INFORMATION

File name of Video Uploaded: _____

Date of Upload: _____



VIDEO SPECIFICATIONS

	The video is clearly visible and is one continuous recording (NOT edited).
	An introduction of candidate and rider is included.
	The same rider must be instructed through both the warmup and riding pattern (including mount and dismount).
	Candidate's face is clearly visible during self-introduction and at several points during the demonstration.
	Photocopy of candidate's driver's license or other photo ID has been uploaded with the video.
	Mount is shown.
	The warmup is shown.
	Dismount is shown.
	Rider is wearing helmet complying with PATH Intl. Standards: Type of helmet:
	Rider is using stirrups and/or footwear complying with PATH Intl. Standards: Type of stirrups:
	The riding arena(s) meet(s) the requirements listed in the current <i>PATH Intl. Standards for Certification and Accreditation</i> manual.
	All gates are securely closed during the demonstration.
	All elements of the riding pattern on page 8 are demonstrated in sequence.
	Participant (or guardian) has signed BOTH the "Riding Participant Filming Release" and "Riding Participant Waiver and Release of Liability" forms.

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of my certification, if earned.

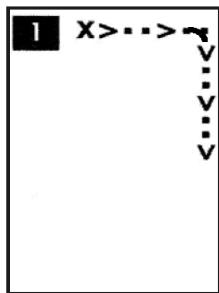
Candidate Signature: _____ Date: _____

RIDING INSTRUCTION VIDEO: WARMUP AND RIDING PATTERN

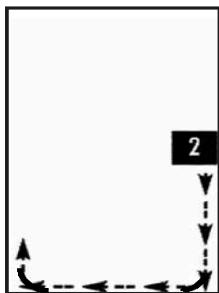
WARMUP: Candidate should instruct a rider through a minimum of the walk, jog/trot and lope/canter in both directions. Additional components within the warmup are at the discretion of the candidate and designed to reflect ability to recognize the horse's needs in the warmup.

AND

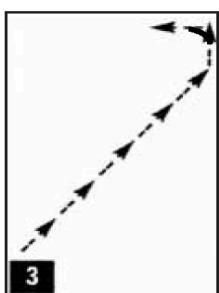
RIDING PATTERN: Candidate must instruct a rider through the following pattern to demonstrate their skill in instructing: task analysis of prompts/cues, correct rider position, consistent straightness of the equine on straightaways, bending of the equine through corners, effective use of aids, correct leads and appropriate rein contact at all gaits. Memorization of the pattern is not necessary; the candidate may refer to a printed version of this pattern. *Pursuant with PATH Intl. standards, all riders must wear an appropriately fitted ASTM/SEI approved helmet.* All riders, no matter the discipline, must post on the correct diagonal.



1. Halt. Proceed at the walk.



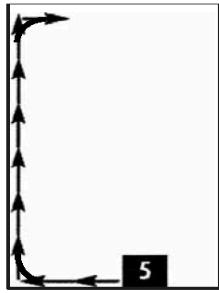
2. Posting trot



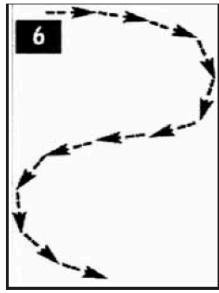
3. Change rein across the diagonal at the posting trot



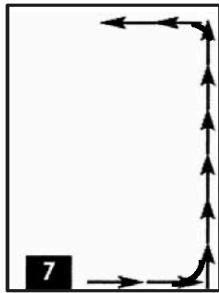
4. Change rein across the diagonal at a sitting trot/jog



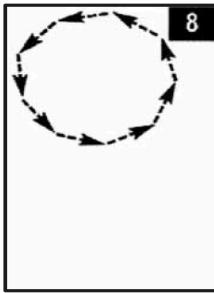
5. Canter/lope right rein



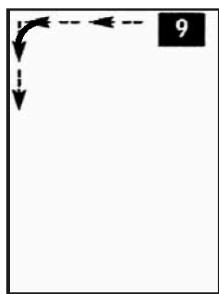
6. Posting trot: large half circle to the right then to the left



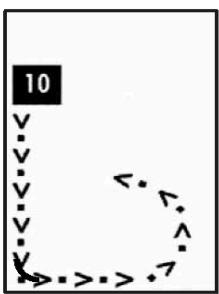
7. Canter/lope left rein



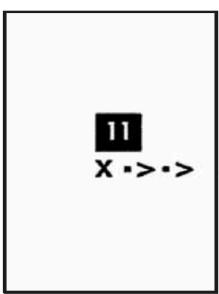
8. Sitting trot/jog in a large circle



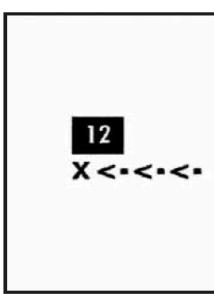
9. Sitting trot/jog



10. Walk forward into the center of the arena



11. Halt and back 3-4 steps in center of arena



12. Walk forward, halt and dismount in center of arena



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

RIDING PARTICIPANT FILMING RELEASE

I hereby consent to and authorize the undersigned individual ("Candidate") to video record me participating in horseback riding activities as part of their application for Professional Association of Therapeutic Horsemanship International (PATH Intl.) certified therapeutic riding instructor certification.

Furthermore, I consent to PATH Intl. distributing any video images of me to individuals authorized to review certified therapeutic riding instructor certification applications.

BY CHECKING THE BOX BELOW, I ACKNOWLEDGE AND AGREE THAT I HAVE READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I SIGN IT OF MY OWN FREE WILL.

► **I Agree**

Print Candidate's Name: _____ Print Participant's Name: _____

Please check one (optional): I DO or DO NOT authorize PATH Intl. to use my video for training and quality assurance of PATH Intl. Certified Therapeutic Riding Instructor Certification application reviewers.

Participant's Signature: _____

Guardian's Signature (if Participant is less than 18 years old): _____

Date: _____

RIDING PARTICIPANT WAIVER AND RELEASE OF LIABILITY AGREEMENT

In consideration of participation in horseback riding activities as part of a candidate's application for PATH Intl. Certified Therapeutic Riding Instructor certification, I hereby understand and agree to this release of liability, waiver of legal rights, and assumption of risk and to the terms hereof as follows:

1. I acknowledge that horseback riding involves activities and that such activities are subject to mishap and even injury to participants. I expressly voluntarily assume all risk I may sustain while participating in horseback riding activities whether or not caused by the negligence of the released party.
2. I take full responsibility for, release and hold harmless PATH Intl., its directors, officers, employees, and agents ("Released Parties") from any and all liability, claims, or causes of action that I may hereafter have for injuries or damages arising out of my participation in horseback riding activities as part of a candidate's application for PATH Intl. Certified Therapeutic Riding Instructor certification. I further agree that I will not sue or make claim against the Released Parties for damages or other losses sustained as a result of my participation in horseback riding activities. I also agree to indemnify and hold the Released Parties harmless from all claims, judgments and costs including attorney's fees, incurred in connection with any action brought as a result of participation in horseback riding activities by any of the undersigned.

BY CHECKING THE BOX BELOW, I ACKNOWLEDGE AND AGREE THAT I HAVE READ THIS RELEASE OF LIABILITY, WAIVER OF LEGAL RIGHTS AND ASSUMPTION OF RISK AND FULLY UNDERSTAND ITS CONTENTS. I SIGN IT OF MY OWN FREE WILL.

► **I Agree**

Print Candidate's Name: _____ Print Participant's Name: _____

Participant's Signature: _____

Guardian's Signature (if Participant is less than 18 years old): _____

Date: _____

PART IV : EVIDENCE OF WORKING WITH INDIVIDUALS WITH DISABILITIES

A

Complete **Option A** if you can provide documentation of twenty-five (25) hours of volunteer experience working with people with disabilities in a therapeutic riding lesson (leader, sidewalker or instructor's aide).

OR

B

Complete **Option B** if you can provide documentation of twenty-five (25) hours working in an environment with individuals with special needs (cognitive, behavioral and/or physical) to whom the candidate is not related.

A

25 hours of volunteer time working with people with disabilities IN A THERAPEUTIC RIDING LESSON (leader, sidewalker or instructor's aide).

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

DOCUMENTATION OF HOURS

(please use a separate form for each supervisor or instructor)

Date	Location/ Center	Name of Class Instructor	Candidate's Role (leader, sidewalker, aide, etc.)	# of Riders in Class	Total time H = hours M = minutes



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

TOTAL # OF HOURS

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of the candidate's certification, if earned.

Supervisor or Instructor's Printed Name: _____

Supervisor or Instructor's Signature: _____ Date: _____

Certification(s) Held:

I affirm that none of the hours documented were accrued working solely with individuals to whom I am related.

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of my certification, if earned.

Candidate Signature: _____ Date: _____



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

B

**25 hours hours working in an environment with individuals with special needs.
Complete only if you DID NOT complete Part IV Option A.**

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

DOCUMENTATION OF HOURS

(please use a separate form for each supervisor)



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

TOTAL # OF HOURS

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of the candidate's certification, if earned.

Supervisor's Signature: _____ Date: _____

Certification(s)/Credential(s) Held: _____

I affirm that none of the hours documented were accrued working solely with individuals to whom I am related. *I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of my certification, if earned.*

Candidate Signature: _____ Date: _____



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

PART V : EVIDENCE OF SUPERVISED INSTRUCTION OF THERAPEUTIC RIDING LESSONS

Documentation of twenty-five (25) total hours of experience teaching therapeutic riding under the supervision of a PATH Intl. Certified Therapeutic Riding Instructor with at least 120 hours of experience teaching therapeutic riding lessons. The 25 hours must include:

- A minimum of thirteen (13) hours teaching therapeutic riding groups of two or more riders
- A minimum of three (3) hours teaching therapeutic riding to groups of two or more riders utilizing three volunteers per rider
- One lesson must include practice of emergency dismounts

Please submit a separate form for EACH PATH Intl. Certified Therapeutic Riding Instructor supervising your hours. Hours cannot be more than two years old on the date of application.

CANDIDATE INFORMATION

Full Name: _____ Date: _____

PATH Intl. Member ID (if applicable): _____

Email: _____

PATH INTL. CERTIFIED THERAPEUTIC RIDING INSTRUCTOR SUPERVISING CANDIDATE

(Cannot be a familial relation or directly employ candidate nor stand to gain direct financial benefit from certification of the candidate.)

Full Name: _____

PATH Intl. Member ID (if applicable): _____ Date Certified: _____

Center Affiliation: _____

Total # of hours instructing therapeutic riding lessons as a PATH Intl. Certified Professional: _____

DOCUMENTATION OF HOURS

(Please use a separate form for each PATH Intl. Certified Riding Professional supervising.)

Date	Location/Center	# of Riders in Class	# of Safety or Tack Checks Performed	Emergency Dismounts Practiced (Y/N)	Total time H = hours M = minutes	# of Volunteers



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION 2019

Date	Location/Center	# of Riders in Class	# of Safety or Tack Checks Performed	Emergency Dismounts Practiced (Y/N)	Total time H = hours M = minutes	# of Volunteers

TOTAL # OF HOURS _____

The PATH Intl. Certified Therapeutic Riding Professional supervising cannot be related to nor directly employ the candidate or stand to gain direct financial benefit from certification of the candidate. The PATH Intl. Certified Riding Professional must be both current and compliant with PATH Intl. during the hours they supervised candidates. Any hours documented during a time that the PATH Intl. Certified Riding Professional was non-current and/or non-compliant WILL NOT be accepted. This includes temporary lapses in compliance. **NO EXCEPTIONS.**

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of the candidate's certification, if earned.

Supervising PATH Intl. CTRI's Signature: _____ Date: _____

I hereby verify that the information provided on this form is accurate and factual. I understand that false or misleading information provided here may result in repeal of my certification, if earned.

Candidate Signature: _____ Date: _____



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) REQUIREMENTS AND APPLICATION INSTRUCTIONS

Congratulations on beginning your pursuit of PATH Intl. Certified Therapeutic Riding Instructor credentials to become a skilled professional in the field of equine-assisted activities. Earning PATH Intl. Certified Therapeutic Riding Instructor (CTRI) credentials verifies that you possess the knowledge, skills and abilities to effectively and safely teach basic riding skills to individuals with disabilities without supervision. This certification is a validated entry-level certification for therapeutic riding professionals.

There are **FIVE SECTIONS** that must be completed by each candidate. **SECTIONS I, II** and **IV** include **"OPTION A"** and **"OPTION B."** Only one of the options must be completed in order to fulfill these sections. Candidates are not required to choose the same option for all three sections; they may mix and match the options. For example, **"OPTION A"** can be selected for sections I and IV, but **"OPTION B"** for section II. Options are equally weighted within each section. Selecting one option over the other will not put candidates at an advantage for meeting application requirements.



CTRI CERTIFICATION PROCESS CHECKLIST:

- Be 18 years of age or older.
- Obtain and provide Adult & Child CPR and first aid certifications.
- Complete the PATH Intl. Standards Exam with a passing score.
- Purchase the *PATH Intl. Certified Therapeutic Riding Instructor Certification Application* on the PATH Intl. website.
- Receive and retain the emailed instructions for uploading the application paperwork and video demonstration online.
- Proceed by submitting a PATH Intl. CTRI application following the online upload instructions and the instructions in this booklet.
- Submit documentation of completing 30 hours of acceptable activities involving equine handling skills **OR** Submit documentation of equine handling experience gained by participation in a recognized equine organization within the past 10 years (see page 3).
- Submit evidence of competence of equine handling and management by providing a verified equine management and handling skills checklist **OR** Submit documentation of completion of an equine management and handling certificate or certification from an equine organization or institution of higher learning (see page 3).
- Submit a video demonstrating riding instruction and communication skills to a rider for a prescribed riding pattern (see page 4).
- Submit documentation of 25 hours experience working as a volunteer with people with disabilities in a therapeutic riding lesson **OR** Submit documentation of 25 hours experience working in an environment with individuals with special needs (see page 5).
- Documentation of a minimum of 25 hours instructing therapeutic riding to groups of individuals with disabilities under the guidance of a PATH Intl. Certified Therapeutic Riding Instructor (see page 5).
- Complete the PATH Intl. CTRI certification online examination application form.
- Submit signed PATH Intl. Code of Ethics form.
- Submit an accommodation request (if applicable).
- Successfully take and pass the final multiple question examination.



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) APPLICATION POLICIES

- ✓ Application must be received by PATH Intl. NO LESS than 90 days prior to the candidate's intended test date.
- ✓ Application fees are non-refundable.
- ✓ Accommodation requests must be received by PATH Intl. 90 days prior to the intended date of exam. Accommodation requests may take up to 60 days to review and approve.
- ✓ The candidate may only count actual time spent teaching therapeutic riding to the required groups of participants—pre- and post-lesson activities do not count. The teaching hours cannot be more than two years old at the time the candidate submits her or his application.
- ✓ Candidates must demonstrate to a PATH Intl. Certified Professional that they have practiced emergency response procedures, including demonstration of an emergency dismount. Tack checks must also be performed as a part of the lesson time.
- ✓ It is the candidate's responsibility to ensure he or she is working with a PATH Intl. Certified Therapeutic Riding Instructor in good standing. This means that the supervising instructor must be a current and compliant instructor during the time all 25 hours take place. Candidates may verify current certification with PATH Intl., or by asking to see the supervising instructor's PATH Intl. certification card.
- ✓ If, upon verifying candidate paperwork, PATH Intl. identifies that a candidate has submitted incomplete or inaccurate paperwork, the candidate will be notified of the inaccuracy/inaccuracies or missing items and will be assessed a \$250 processing fee. The candidate will be required to remit payment for the fee and submit corrected documentation within 90 days of notification from PATH Intl. If the fee and corrected documentation are not received within 90 days, any certification results will be null and void.
- ✓ If it is a hardship to obtain or perform any of the required prerequisites, the candidate should contact PATH Intl. for guidance.
- ✓ Upon successful submission, review and acceptance of all required documentation and video materials, the candidate will be notified of their eligibility to sit for the final multiple question examination. This eligibility shall be valid for one year from the date of notification of eligibility. It is the candidate's responsibility to arrange for travel and registration for the examination at the time and location most convenient for the candidate within the one-year eligibility period.



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) REQUIREMENTS AND APPLICATION INSTRUCTIONS

Once your PATH Intl. Certified Therapeutic Riding Instructor application and required documentation has been approved, you will have **ONE YEAR** to take the online certification exam. Documentation submitted to PATH Intl. as part of the certification process will not be returned.

PART I : EVIDENCE OF EQUINE HANDLING SKILLS

A

Complete **Option A** if you have thirty (30) hours of acceptable equine handling experience. Acceptable experience includes paid or volunteer time engaged in equine management and handling under the supervision of a PATH Intl. Certified Professional.

OR

B

Complete **Option B** if you have proof of participation in a recognized equestrian organization, such as Pony Club, AQHA, USDF, high school or college equestrian teams, rodeo, breed associations, etc., within the last 10 years.

PART II : EVIDENCE OF EQUINE MANAGEMENT AND HANDLING SKILLS

Candidates must possess sufficient knowledge and experience in equine health, behavior, tack, stable management, and training to safely and effectively care for and choose equines and equipment in a therapeutic riding setting.

A

Complete **Option A** if you have completed an equine management and handling skills checklist under the supervision of a PATH Intl. Certified Professional who possesses a minimum of 120 hours of equine management experience.

OR

B

Complete **Option B** if you have documentation of an equine management and handling course of study or certification from an equine organization or an institution of higher learning that meets the requirements of the equine management skills checklist.



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) REQUIREMENTS AND APPLICATION INSTRUCTIONS

PART III : VIDEO DEMONSTRATION OF RIDING INSTRUCTION AND COMMUNICATION OF RIDING SKILLS

A minimum level of riding knowledge and skill is necessary to effectively teach therapeutic riding through explanation and demonstration and to train and exercise therapeutic riding equines. This knowledge is an intricate dimension for providing a safe and secure lesson environment.

Candidates will record themselves teaching a ten to twelve (10-12) minute riding lesson to a rider following a prescribed pattern to demonstrate teaching and communication skills. Instruction should include warmup of the equine, task analysis of prompts/cues, correct rider position, consistent straightness of equine on straightaways, bending of the equine through corners, effective use of all aids, correct leads, and appropriate rein contact at all gaits. Memorization of the pattern by the candidate and rider is not necessary; the candidate may refer to a printed version of the pattern while instructing the pattern to the rider.



*The candidate and rider acknowledge that there is an inherent risk of injury in any equine riding activity and therefore assume all responsibility for any risk, damages or injuries resulting from performance of this requirement. Rider **MUST** complete the “Riding Participant Filming Release” and “Riding Participant Waiver and Release of Liability Agreement” forms **PRIOR** to filming.*

PURSUANT WITH PATH INTL. STANDARDS:

- All mounted riders must wear an appropriately fitted ASTM/SEI approved helmet or an approved international equestrian helmet equivalent.
- All mounted riders must use stirrups and/or footwear complying with the current PATH Intl. Standards.
- The riding arena(s) must meet the requirements listed in the current *PATH Intl. Standards for Certification and Accreditation* manual.
- All gates must be securely closed during the demonstration.

VIDEO SPECIFICATIONS:

- The video is clearly visible and is one continuous recording (NOT edited). PATH Intl. will not accept videos that have been edited to cut content or are multiple demonstrations spliced together.
- All elements of the riding pattern are demonstrated in sequence.
- It is okay if the rider makes an error in the order of components or elements but the video should show the candidate instructing the rider to get back on track from the point the error was made.
- ALL components of the riding pattern—walk, jog/trot posting on the correct diagonal, canter/lope, halt, back and dismount—must be demonstrated regardless of discipline or style of riding.
- An introduction clearly showing the faces of both the candidate and the rider is included.
- Candidate's face is clearly visible during self-introduction and at several points during the demonstration.
- Photocopy of the candidate's driver's license or other photo ID is included.
- Mount is shown.
- The warm-up is shown.
- Dismount is shown.
- The video should be no less than 10 minutes and no more than 20.
- The riding arena(s) meet(s) the requirements listed in the current PATH Intl. Standards Manual.

*All videos and photo IDs must be uploaded to the secured PATH Intl. Dropbox. **Emailed videos and photo IDs will be immediately deleted for security purposes.** Detailed instructions for uploading to the Dropbox can be found [here](#).*



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) REQUIREMENTS AND APPLICATION INSTRUCTIONS

PART IV : EXPERIENCE WORKING WITH INDIVIDUALS WITH DISABILITIES

A

Complete **Option A** if you can provide documentation of 25 hours of volunteer experience working with people with disabilities in a therapeutic riding lesson (leader, side-walker, or instructor's aide).

OR

B

Complete **Option B** if you can provide documentation of 25 hours working in an environment other than a therapeutic riding setting with individuals with special needs (cognitive, behavioral and/or physical) to whom the candidate is not related.

PART V : SUPERVISED INSTRUCTION OF THERAPEUTIC RIDING DOCUMENTATION

Candidate must provide documentation of a minimum of twenty-five (25) hours of experience within the last 2 years teaching therapeutic riding lessons to groups of riders with disabilities including:

1

At least thirteen (13) hours of those hours spent teaching therapeutic riding to a group (two or more riders) under the supervision of a PATH Intl. Certified Therapeutic Riding Instructor in good standing and who has a minimum of 120 hours of teaching experience.

AND

2

At least three (3) hours of the hours spent teaching therapeutic riding to two or more riders using three volunteers per rider under the supervision of a PATH Intl. Certified Therapeutic Riding Instructor in good standing and who has a minimum of 120 hours of teaching experience.

3

At least one (1) lesson must include practice of emergency dismounts.

!

Hours cannot be more than 2 years old on the date of application.

*Candidates who cannot supply documentation of 25 hours instructing therapeutic riding to groups as set forth above will be considered **INELIGIBLE** for certification testing, unless an accommodation has been requested and approved by the PATH Intl. Credentialing Council (PICC). Hours documented without a supervising instructor's signature will not be accepted.*



Certified Therapeutic Riding Instructor CRITERIA

PATH Intl. promotes safety and optimal outcomes in equine-assisted activities and therapies for individuals with special needs.

1

3

4

5

6

Equine Management Horsemanship Instruction Teaching Methodology Disabilities



PATH Intl. Certified Therapeutic Riding Instructor (CTRI) CRITERIA

The PATH Intl. Certified Therapeutic Riding Instructor (CTRI) is a voluntary, entry-level credential for individuals in the equine assisted activities and therapies (EAAT) profession who provide riding instruction and therapeutic value to people with disabilities. This may include mounted or unmounted work partnering with an equine. PATH Intl. CTRIs have met established criteria and standards of practice in the field. They have demonstrated their knowledge of disabilities, equines, teaching and human-animal interactions.

CTRE - EQUINE MANAGEMENT

CTRE 1.0 PATH Intl. Standards

CTRE. 1.1 Know and implement PATH Intl. Standards and their interpretation for equine care, maintenance and usage.

CTRE. 1.2 Know and implement PATH Intl. Standards and their interpretation regarding the use of safety equipment and adaptive equipment.

CTRE 2.0 Breeds/Colors/Markings/Parts of the Horse

CTRE. 2.1 Identify an equine by age, color and markings, breed characteristics, height and weight.

CTRE. 2.2 Know the basic anatomic parts of the equine.

CTRE 3.0 Horse Senses and Behavior

CTRE. 3.1 Know the characteristics of the senses of the equine and how they contribute to equine behavior.

CTRE. 3.2 Know the behavioral characteristics of a lesson-ready equine.

CTRE. 3.3 Know how the senses of the equine and equine behavior affect the safety of the riding setting.

CTRE. 3.4 Identify stable vices, including cribbing, weaving, biting, kicking and wood chewing.

CTRE. 3.5 Recognize signs and causes of negative equine behaviors (including/not limited to biting, kicking, and crowding personal space).

CTRE. 3.6 Identify appropriate types of rewards for equine positive behaviors (including/not limited to release of pressure, verbal praise or pats/rubs.)

CTRE. 3.7 Identify equine behavior or body language that could signal a dangerous situation and know appropriate actions to take to protect the safety of people and equines.

CTRE 4.0 Feeds and Feeding

CTRE. 4.1 Know feed requirements of the equine, including hay, salt and minerals, grain, feeding intervals and water.

CTRE. 4.2 Recognize signs of poor quality feed.

CTRE 5.0 Stable Management

CTRE. 5.1 Identify appropriate protection for equines, including fly masks and bonnets, shelter and fly repellents.

CTRE. 5.2 Know equine manure handling methods for sanitary conditions of stall and turn out areas.

CTRE. 5.3 Identify bedding materials.

CTRE. 5.4 Identify potential stall hazards.

CTRE. 5.5 Know how to give an equine a bath.

CTRE. 5.6 Describe techniques used to warm up an equine prior to an EAAT session.

CTRE. 5.7 Describe techniques used to cool down an equine following a work session.

CTRE 6.0 Health and Sickness

CTRE. 6.1 Know and recognize the signs of:

- 1 behavior change
- 2 metabolic disorders
- 3 good health
- 4 laminitis
- 5 rabies
- 6 ringworm
- 7 infectious diseases
- 8 thrush
- 9 colic
- 10 weight issues
- 11 heat stroke
- 12 stress
- 13 dental problems

CTRE. 6.2 Know and recognize when an equine is unsound and how it may impact equine behavior.

CTRE. 6.3 Identify normal ranges and how to take TPR (temperature, pulse, respiration).

CTRE. 6.4 Describe programs and intervals for deworming, vaccination, hoof and teeth care programs to maintain equine health.

CTRE. 6.5 Know first-aid treatment for wounds.

CTRE 7.0 Grooming

CTRE. 7.1 Identify and explain the use of grooming tools, including:

- 1 curry comb
- 2 hard brush or dandy
- 3 soft brush or body
- 4 hoof pick
- 5 mane or tail comb
- 6 shedding blade
- 7 sponges
- 8 sweat scraper

CTRE. 7.2 Know how to cool down an equine following a work session.

CTRE. 7.3 Know how to clip an equine for maintenance, including:

- 1 bridle path
- 2 fetlock
- 3 muzzle

CTRE 8.0 Tack and Tacking

CTRE. 8.1 Identify and know the purpose, use and function of:

- 1 bits: snaffle and curb
- 2 bitless bridles
- 3 bridles
- 4 saddles: english and western
- 5 saddle pads
- 6 bareback pads
- 7 adaptive equipment
- 8 breastplates and collars
- 9 safety stirrups
- 10 safety helmets
- 11 surcingsles

CTRE. 8.2 Know the parts of english and western saddles and bridles.

CTRE. 8.3 Know how to tack an equine.

CTRE. 8.4 Select and evaluate equipment needs for riders and horses, including:

- 1 type of saddle, bridle and reins
- 2 how saddle affects rider position
- 3 how bridle and saddle affect the equine
- 4 adaptive equipment

CTRE. 8.5 Identify correct fitting and adjustment of a saddle or surcingle to maintain the safety and well-being of the equine and rider.

CTRE. 8.6 Know how to educate the team, including riders and volunteers, in the use of the equipment.

CTRE. 8.7 Know and demonstrate tack cleaning, care and maintenance.

CTRE 9.0 Unsoundness and Blemishes/Form to Function

CTRE. 9.1 Recognize the difference between a blemish and an unsoundness.

CTRE. 9.2 Identify and describe the foot falls and beats of the:

- 1 walk
- 2 trot or jog
- 3 canter or lope

CTRE 10.0 Selection

CTRE. 10.1 Explain the characteristics of an EAAT equine.

CTRE. 10.2 Recognize when an equine is unwilling to accept:

- 1 leaders and sidewalkers
- 2 ambulation aids
- 3 mounting ramps and blocks
- 4 game equipment
- 5 mounting procedures

CTRE. 10.3 Recognize the need for a conditioning and maintenance program for therapeutic riding equine, including:

- 1 lungeing
- 2 schooling
- 3 record keeping

CTRH - HORSEMANSHIP

CTRH 1.0 Horsemanship Preparation and Safety

CTRH.1.1 Know and demonstrate the following:

- 1 haltering and leading
- 2 tying and safety knots
- 3 grooming and tacking
- 4 proper riding attire

CTRH.1.2 Know and demonstrate safe turnout of an equine into a stall, pen or field.

CTRH.1.3 Know and demonstrate safe leading techniques at the walk and trot or jog through turns, transitions and backing.

CTRH.1.4 Know and demonstrate safe lunging of an equine in a circle on a lunge line at the walk, trot or jog and canter or lope including but not limited to:

- 1 safe positioning of lunge in relation to horse position during lunging
- 2 safe management of the lunge line and whip during lunging at W/T/C
- 3 selection of lunging equipment
- 4 a safety check for equipment fit to equine prior to lunging
- 5 safe use of lunging equipment
- 6 halt of the equine on a lunge line
- 7 safe change of direction of an equine on a lunge line

CTRH.1.5 Know and instruct tack check procedures

CTRH 2.0 Mounting and Dismounting

CTRH.2.1 Know and instruct:

- 1 mounting and dismounting from ground or mounting block/ramp
- 2 how to assist a rider during mounting and dismounting
- 3 an equipment check prior to mounting
- 4 stirrup adjustment prior to mounting

CTRH 3.0 Position

CTRH.3.1 Know and instruct a secure seat and correct alignment at all gaits.

CTRH.3.2 Know and instruct correct position, posture and alignment at the:

- 1 walk—free walk and working walk
- 2 trot (sitting) or jog
- 3 trot—posting
- 4 canter or lope
- 5 two-point at the walk and trot or jog
- 6 walk and sitting trot or jog without stirrups
- 7 rein-back

CTRH.3.3 Know and instruct shortening and lengthening reins.

CTRH 4.0 Gaits

CTRH.4.1 Know and instruct:

- 1 walk—free walk and working walk
- 2 canter or lope on correct lead
- 3 trot sitting or jog
- 4 rein-back
- 5 rising trot—posting on correct diagonal
- 6 change of diagonals at the trot

CTRH.4.2 Know and instruct light contact for all gaits.

CTRH.4.3 Know and instruct straightness of the equine during all gaits.

CTRH.4.4 Know and instruct control of the equine at all gaits.

CTRH.4.5 Know and instruct the following transitions:

- 1 walk to trot or jog
- 2 canter or lope to walk
- 3 walk or trot or jog to canter/lope
- 4 walk to halt
- 5 trot or jog to walk

CTRH.4.6 Know how to warm up an equine prior to a work session.

CTRH 5.0 Aids

CTRH.5.1 Know and instruct the following natural aids:

- 1 hands
- 2 legs
- 3 seat
- 4 voice

CTRH.5.2 Identify and know the purpose of spurs.

CTRH.5.3 Know and instruct the appropriate use of crops as an artificial aid.

CTRH.5.4 Know and instruct the following rein aids:

- 1 leading/opening
- 2 neck rein
- 3 direct rein

CTRH.5.5 Know and instruct the following leg aids:

- 1 both legs at the same time
- 2 leg at the girth
- 3 alternating leg aids
- 4 leg behind the girth

CTRH 6.0 Movements

CTRH. 6.1 Know and instruct turn on the forehand.

CTRH. 6.2 Know and instruct bending a horse through corners and on circles.

CTRH. 6.3 Know and instruct half halt or check.

CTRH 7.0 Ring Figures

CTRH. 7.1 Know and instruct the following ring figures:

- 1 change of rein
- 2 half circles
- 3 circles
- 4 serpentine
- 5 figure eight

CTRH 8.0 Exercises and Games

CTRH. 8.1 Know and instruct mounted rider exercises at the walk and trot or jog.

CTRH. 8.2 Know and instruct riding without stirrups at the walk and sitting trot or jog.

CTRH. 8.3 Know and instruct ground poles at walk, trot or jog, and two point.

CTRH. 8.4 Know and demonstrate design and set up of obstacle course.

CTRH. 8.5 Know and demonstrate proper spacing of ground poles.

CTRH. 8.6 Know and demonstrate how to lunge an equine.

CTRI - THERAPEUTIC RIDING INSTRUCTION

CTRI 1.0 Horsemanship Preparation and Safety

CTRI. 1.1 Instruct the following:

- 1 grooming and tacking
- 2 tying and safety knot
- 3 haltering and leading
- 4 proper riding attire
- 5 proper spacing when leading or riding in a group
- 6 warming up an equine appropriately

CTRI. 1.2 Orient student to facility, stable rules and safety rules.

CTRI. 1.3 Select equine for individual riders according to:

- 1 behavior
- 2 movement quality
- 3 temperament
- 4 height
- 5 size

CTRI. 1.4 Instruct group lessons of two or more riders.

CTRI. 1.5 Know and implement PATH Intl. Standards and their interpretation regarding lesson area.

CTRI. 1.6 Know and conduct tack check procedures appropriate to the lesson setting

CTRI 2.0 Mounts and Dismounts

CTRI. 2.1 Instruct the following:

- 1 mounting and dismounting from ground or mounting block
- 2 assisting a rider during mounting and dismounting
- 3 equipment check prior to mounting
- 4 stirrup adjustment prior to mounting
- 5 independent, partially-assisted, fully-assisted mounts from the ground, mounting block and ramp

CTRI 3.0 Position

CTRI. 3.1 Instruct correct position at the:

- 1 halt
- 2 rein-back
- 3 walk—free and working walk
- 4 two-point at walk and trot
- 5 trot (sitting) or jog
- 6 trot—posting
- 7 canter or lope

CTRI. 3.2 Instruct lengthening and shortening of reins.

CTRI 4.0 Gaits

CTRI. 4.1 Instruct:

- 1 walk—free walk and working walk
- 2 trot (sitting) or jog
- 3 trot—posting on correct diagonal
- 4 canter or lope on correct lead
- 5 change of diagonals at the trot

CTRI. 4.2 Instruct light contact at all gaits.

CTRI. 4.3 Instruct straightness of the equine at all gaits.

CTRI. 4.4 Instruct bending of the equine at all gaits.

CTRI. 4.5 Instruct the following transitions:

- 1 walk to halt
- 2 trot or jog to walk
- 3 walk to trot or jog
- 4 canter or lope to walk
- 5 walk to trot or jog to canter or lope
- 6 walk to canter or lope

CTRI 5.0 Aids

CTRI. 5.1 Instruct the following natural aids

- 1 hands
- 2 legs
- 3 seat
- 4 voice

CTRI. 5.2 Instruct the appropriate use of crops as an artificial aid.

CTRI. 5.3 Instruct the following rein aids:

- 1 leading/opening
- 2 neck rein
- 3 direct rein

CTRI. 5.4 Instruct the following leg aids:

- 1 both legs at the same time
- 2 leg at the girth
- 3 alternating leg aids
- 4 leg behind the girth

CTRI 6.0 Ring Figures

CTRI. 6.1 Instruct the following ring figures:

- 1 change the rein
- 2 figure eight
- 3 circles
- 4 half circles

CTRI 7.0 Exercises and Games

CTRI. 7.1 Instruct mounted rider exercises at the walk and trot or jog.

CTRI. 7.2 Instruct riding without stirrups at the walk.

CTRI. 7.3 Instruct riding over ground poles at walk, sitting trot or jog, and two point.

CTRI. 7.4 Instruct riders through an obstacle course.

CTRI. 7.5 Utilize appropriate games in the riding setting.

CTRI 8.0 Ground and Stable Lessons

CTRI. 8.1 Instruct ground stable management lessons that are within the knowledge requirements of the CTRI level.

CTR T - TEACHING METHODOLOGY

CTR T 1.0 PATH Intl. Standards and Information

CTR T. 1.1 Know and implement PATH Intl. Standards and their interpretations regarding student forms.

CTR T. 1.2 Know PATH Intl. services available to the instructor.

CTR T. 1.3 Locate information about PATH Intl. Standards and the certification and accreditation processes.

CTR T. 1.4 Know the steps and requirements for the PATH Intl. Certified Therapeutic Riding Instructor Certification.

CTR T. 1.5 Know and practice emergency procedures, including:

- 1 know and demonstrate an emergency dismount.
- 2 know how to respond to an incident.

CTR T. 1.6 Know the location of the phone and emergency numbers/contacts.

CTR T 2.0 Record Keeping

CTR T. 2.1 Verify that the student forms are complete and updated for students the instructor teaches.

CTR T. 2.2 Interpret student forms and apply the information to the riding setting.

CTR T. 2.3 Write and maintain progress notes on riders.

CTR T. 2.4 Complete incident report as needed.

CTR T. 2.5 Comply with confidentiality requirements regarding students.

CTR T 3.0 Lessons Plans

CTR T. 3.1 Assess rider skills and determine goals and objectives for each individual rider.

CTR T. 3.2 Develop a lesson plan that includes:

- 1 a riding skill
- 2 a measurable objective related to the stated riding skill

CTR T. 3.3 Incorporate lesson activities suitable to the objective in the lesson plan.

CTR T 4.0 Teaching

CTR T. 4.1 Know and demonstrate teaching skills applicable to the CTRI level, including:

- 1 teaching a riding skill
- 2 safe and effective mounting and dismounting procedures
- 3 flexibility and adaptability in pursuit of stated teaching objectives
- 4 teaching to the level of students' emotional learning, physical and cognitive ability
- 5 being fair and consistent in applying standards of behavior
- 6 showing genuine interest in each student
- 7 progress toward independence
- 8 effective use of volunteers

9 appropriate games and exercises

10 appropriate praise

11 adapting and correcting equipment

12 providing whats, hows, whys

13 flexibility of teaching techniques

14 posture corrections

15 progression of equitation skills

16 rapport

17 teaching at individual rider's level

18 knowing the teaching environment

19 giving clear and concise instructions

20 maintaining control of class

21 ring presence

22 safe spacing and procedures

CTR T. 4.2 Possess instructor attributes, including:

1 common sense

2 professionalism

3 ethics

4 punctuality

5 organization

6 respect for riders and horses

7 patience

8 self-confidence

9 positive attitude

10 being a team player

11 knowledge of subject at instructor skill level

12 ability to self-reflect independently

CTR T. 4.3 Know the current PATH Intl. Certified Therapeutic Riding Instructor certification maintenance process.

CTR T 5.0 Methods

CTR T. 5.1 Know that riders learn in different ways.

CTR T. 5.2 Use simple behavior management techniques to maintain class control.

CTR T. 5.3 Work with instructional team (instructors, therapists, volunteers, students, families and care providers), including:

1 developing rapport

2 providing direction to leader and sidewalkers during lesson

3 assigning volunteers to riders

4 providing feedback to team members

5 rewarding team members

CTR T. 5.4 Identify dysfunctional behavior.

CTR D - DISABILITIES

CTR D 1.0 Human Anatomy

CTR D. 1.1 Identify parts of the human skeleton including:

- 1 clavicle
- 2 humerus
- 3 tibia
- 4 cranium
- 5 pelvis
- 6 ulna
- 7 femur
- 8 radius
- 9 vertebrae
- 10 fibula
- 11 scapula

CTR D. 1.2 Know the following movement terminology:

- 1 abduction
- 2 extension
- 3 rotation
- 4 adduction
- 5 flexion

CTR D 2.0 Disabilities

CTR D. 2.1 Know precautions and contraindications to therapeutic riding.

CTR D. 2.2 Know definition, causes, characteristics and teaching management for riders' disabilities the instructor teaches.

CTR D. 2.3 Locate information pertaining to all disabilities.

CTR D. 2.4 Self-evaluate instructional capabilities, facility environment, horse and personnel to determine riders who can be accepted as students.

CTR D. 2.5 Know the benefits of therapeutic riding.

CTR D. 2.6 Know the realms of therapeutic riding.

CTR D. 2.7 Know and demonstrate handling techniques for mounting, dismounting and postural alignment.

CTR D. 2.8 Know and demonstrate good body mechanics during mounting and dismounting.



The PATH Intl. Certified Therapeutic Riding Instructor (CTRI) is a voluntary, entry-level credential for individuals in the Equine Assisted Activities and Therapies (EAAT) profession who provide riding instruction and therapeutic value to people with disabilities. This may include mounted or unmounted work partnering with an equine. PATH Intl. CTRIs have met established criteria and standards of practice in the field. They have demonstrated their knowledge of disabilities, equines, teaching, and human-animal interactions.

Summary Description of the CTRI

The PATH Intl. CTRI has the maturity and knowledge to safely and effectively teach basic riding skills to riders with disabilities.

A CTRI should be able to perform the following tasks:

- Conduct an effective, safe and basic equestrian lesson to individuals with disabilities
- Instruct basic arena patterns
- Create lesson plans and notes following the lesson
- Set participant goals
- Manage volunteers
- Identify basic horse body language and communication
- Manage equine behavior within a lesson setting
- Groom and tack an equine in preferred discipline
- Properly fit equipment to horse and participant
- Manage basic behavioral issues with equines and riders
- Identify and correct basic student and equine issues during a lesson
- Respond to emergencies (e.g., emergency dismounts, basic horse first aid issues)

With what does the CTRI require assistance from other EAAT professionals?

- Matching horses and equipment to riders
- Adapting tack to meet complex needs
- Teaching intermediate equestrian lessons
- Schooling/conditioning program horses
- Identifying form and function blemishes in equines
- Mount and dismount non-ambulatory individuals with disabilities (e.g., wheelchair mount/dismount with or without a lift)
- Manage severe behavioral issues with equines and riders
- Identifying areas for improvement within lessons
- Identify and correct complex student and equine issues during a lesson

With what tools should the CTRI be familiar?

Equestrian equipment
Mobility and language assistive devices
Mounting and dismounting equipment (e.g., ramps, blocks)
Digital note taking programs
Progress tracking scales/measurement tools
Disability-related resource materials

In what environments should the CTRI be comfortable?

All equine related facilities and venues

What is the CTRI NOT expected to do/know?

Demonstrate advanced riding skills
Instruct advanced riding skills
Provide therapy (physical, emotional, educational)
Manage a therapeutic riding program or center