

REGION 6 PATH Intl.
CONFERENCE



MARCH 9-11
WAVERLY, MN

HOSTED BY
FREEDOM FARM



PATH
INTERNATIONAL

Professional Association of Therapeutic
Horsemanship International

PATH Intl.
Region 6

P.O. Box 33150
Denver, CO 80233
(800) 369-7433 (RIDE)



**Kimberly Price at
(800) 369-7433, ext. 107
or email
kprice@pathintl.org**

Session F: **F1**

☐ **PATH Intl. Standards Course (Free)**

☐ **for Instructor Certification** ☐ **for Center Accreditation**

☐ **for other reason:** _____

Full refunds are given only if a written cancellation request is received at the PATH Intl. office by February 23, 2018. A 50-percent refund is given if a written request is received at the PATH Intl. office after February 23, 2018. Individuals who do not submit a written request to PATH Intl. by March 9, 2018, will not receive a refund. There will be no refunds for cancellations due to weather unless the conference is canceled.

Region 6 PATH Intl. CONFERENCE

Conference Information

WELCOME & SPECIAL ANNOUNCEMENTS

PATH Intl. Region 6 welcomes you to an educational and fun weekend with your friends and colleagues. Dinner will be served on Friday, and lunch will be served on Saturday. These meals are included in your registration fee. The Administrative Track will be held in a different building than the Equine/Instructor Track. Please make accommodations for the 5 minute walk or drive from one location to the other (both buildings are at Freedom Farm).

CONFERENCE INFO & LOCATION

MARCH 9-11, 2018

HOSTED BY
Freedom Farm

SESSIONS
Freedom Farm
11500 Ferman Ave SW
Waverly, MN 55390-8609

LODGING

DELANO:
GrandStay® Hotel & Suites - Delano
Phone: 763.972.4303
395 13th St, Delano, MN 55328

WACONIA:
Americinn Lodge and Suites - Waconia
Phone: 952.442.8787
550 Cherry Dr, Waconia, MN 55387

HUTCHINSON:
Americinn Lodge and Suites - Hutchinson
Phone: 320.587.5515
1115 MN-7, Hutchinson, MN 55350

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QUESTIONS

KIMBERLY PRICE
(800) 369-7433, ext. 107
kprice@pathintl.org

REGISTRATION

Online registration will be available through February 23, 2018. After February 23, 2018, registration will need to be completed on-site.

Please complete and mail the registration form and payment to: PATH Intl. Region 6 Conference, Attn: Rachel Moore, P.O. Box 33150, Denver, CO 80233 or fax it to (303) 252-4610. You may register online at www.pathintl.org.

IF YOU ARE A PRESENTER OR CONFERENCE COMMITTEE DON'T FORGET TO REGISTER WITH YOUR CODE.

Registration through February 23, 2018

Full Conference	
members	non-members
\$105 (\$135 onsite)	\$155 (\$185 onsite)

Full Conference Higher Ed Student and Faculty Members
\$75 (\$105 onsite)

PATH Intl. Standards Course: FREE

EDUCATION

As we transition to new CEU requirements for instructor renewal, please note that sessions meeting the specific disabilities education requirement are marked with *DE. If you have questions about these requirements, please contact Bret Maceyak at the PATH Intl. office.

TYPE	DESCRIPTION	LIMIT	CEU Conversion
DE	Disability Education	Minimum six hours (no maximum)	60 min = 1 DE
CR	Certification Core Requirement	Minimum of two hours per certification	60 min = 1 CR
CE	General Continuing Education	No minimum or maximum requirement	60 min = 1 CE

FRIDAY, MARCH 9

11:30 a.m. to 5 p.m.
STANDARDS COURSE

6 to 8 p.m.
AWARDS DINNER

SATURDAY, MARCH 10

7:30 to 8:30 a.m.
REGISTRATION

7:30 to 8:30 a.m.
BREAKFAST SNACKS AND COFFEE

8:30 to 9:30 a.m.
SESSION A

A1 ■ FINDING & FIXING ASYMMETRY IN THE HORSE RIDING CR

Helping the horse find symmetry and balance by recognizing the inside hind and outside hind in various movements. Also focuses on subjects such as knowing the timing of a verbal cue to encourage stepping under.

Elizabeth Micheel, MS, PATH Intl. Certified Registered Instructor, has a master's degree in biology and teaches anatomy and physiology courses at MN State College Southeast. She is also finishing a capstone project for a master of equestrian education degree. She is passionate about rider and horse biomechanics with an emphasis on longevity of the horse through proper training.

A2 ■ PARTNERING WITH A UNIVERSITY COUNSELING CENTER TO OFFER EFPDE

In an effort to address the rising challenge of increasing mental health needs among students in higher education, the North Dakota State University Equine Science Program and Counseling Center partnered in the fall of 2017 to pilot an EAGALA-model equine-facilitated psychotherapy group for college-aged women presenting with anxiety and depression. The group met for one and a half hours each week for eight weeks. The Self-Compassion Scale and Depression Anxiety Stress Scales were administered to students before and after the eight-week sessions. This session will discuss weekly session goals and activities, as well as assessment results.

Erika Berg holds a PhD degree in Animal Science and is the program director of the university's PATH Intl. Premier Accredited Center and oversees the university's minor in EAAT. Carrie Hammer is program director of the university's undergraduate equine science curriculum. Amber Bock-Gorman is assistant director of the university's counseling center.

9:30 to 9:45 a.m.
BREAK

9:45 to 11:45 a.m.
SESSION B

B1 ■ EQUINE-ASSISTED LEARNING PROGRAM DEVELOPMENT DE

Are you interested in implementing equine-assisted learning (EAL) into your program but not sure what it would look like in practice? Are you currently providing EAL services but looking for new ideas and activities to incorporate in your sessions? Do you wonder how you can expand your EAL offerings to

different populations? If so, this hands-on, interactive session is for you! You will have the opportunity to observe or participate in an EAL session, discuss potential issues that may arise and develop creative solutions.

Erika Berg oversees a minor in equine-assisted activities and therapies at a land-grant institution and is program director for the community EAAT program that offers adapted therapeutic riding and hippotherapy services. Erika is a PATH Intl. Certified Advanced Instructor, Equine Specialist in Mental Health and Learning and associate riding instructor evaluator. Marsha Anderson is founder and executive director of an EAAT program that offers adapted therapeutic riding as well as equine-assisted learning and team building services. Marsha is a PATH Intl. Certified Advanced Instructor, ESMHL, lead riding instructor evaluator and lead site visitor.

B2 ■ HOW TO RUN YOUR CENTER LIKE A BUSINESS AND STILL KEEP THE HEART ^{CE}

Do you think of the service you provide as a business or is it a service fueled by passion and giving back to the community? Fortunately, these descriptions are not mutually exclusive. Most of us join this field because of our passion for equine-assisted activities and therapies. In researching the challenge of sustainability for centers, one of the top issues consistently raised was business knowledge. In order to be sustainable, it is important to not only follow the passion and mission, but approach service delivery from a business perspective. Join PATH Intl. CEO Kathy Alm as she explores the steps to running your center in a sustainable manner while remaining focused on mission delivery and the “heart” of your organization.

Kathy Alm began her service as chief executive officer of the Professional Association of Therapeutic Horsemanship International (PATH Intl.) in August 2014. For the previous 15 years she served as executive director of Little Bit Therapeutic Riding Center, a PATH Intl. PAC in Woodinville, WA. She grew the previously grassroots organization from a \$280,000 annual operating budget to a professional \$2.1 million organization. Kathy served as PATH Intl. board president in the 2010-2012 term, first joining the board of trustees in 2005. She has facilitated numerous workshops and presentations on board, staff, fundraising and strategic planning and enjoys the opportunity to share her experience as well as learn from others. Her dedication to the field of equine-assisted activities and therapies spans more than 17 years with a passion that was ignited the moment she walked through the door at her first therapeutic riding center.

11:45 a.m. to 1:15 p.m.

LUNCH/UPDATE ON THE PATH INTL. TREK TO ACCREDITATION ^{CE}

1:15 to 3:15 p.m.

SESSION C

C1 ■ TEACHING TECHNIQUES - TAKE TURNS AND LEARN ^{CR}

Marsha Anderson, Erika Berg, Susie Bjorklund

C2 ■ EQUINE ACTIVITY LIABILITY ACTS - ARE YOU BLINDLY GALLOPING ALONG? ^{CE}

Are you prepared to defend if you or your center is sued? Hear a summary of the origin and protections of the Equine Activity Liability Acts nationwide and what it means in your state. Hear about some of the cases that have tested the immunity of the EALA and gain valuable insight and understanding why compliance with PATH Intl. standards is important in the courtroom.

Deborah Manasco is a lifelong equine enthusiast. She has competed, coached, judged and taught horsemanship in various settings for more than 40 years. In 2007, she retired from practicing law and now returns to practice with the Alabama Legislature during regular session each year. Deborah teaches therapeutic horsemanship part time at Storybook Farm in Opelika, AL, a PATH Intl. member center. She is a PATH Intl. Certified Registered Instructor, mentor and site visitor.

3:15 to 3:30 p.m.

BREAK

3:30 to 4:30 p.m.

SESSION D

D1 ■ EQUINE GASTRIC ULCERS AND THE EAAT HORSE ^{CE}

A discussion of equine gastric ulcer syndrome causes, diagnosis, treatment and prevention.

Jamie Prybyl, DVM, graduated from the University of Minnesota College of Veterinary Medicine in 2004. She completed an internship at Pilchuck Equine Hospital. She joined Buffalo Equine in 2006 and became a partner in 2008. She practices general equine medicine and has special interests in sports medicine, reproduction and internal medicine. Dr. Prybyl served as a board member for Freedom Farm Therapeutic Riding Center from 2010 to 2016.

D2 ■ PROGRAM HORSES: SASSY, STIFF OR SATISFIED ^{CE}

Our horses are all individual and with each program horse come a set of challenges. Come explore some common challenges seen in EAAT horses and go home with some solutions and strategies to alleviate lesson horse burnout. Review PATH Intl. standards on

accepting and retiring a program horse and how to incorporate it smoothly into your program.

Katie Harmelink-Roth is a large animal CVT who works at the UW Large Animal Vet School in Madison, WI. She also is a PATH Intl. Certified Advanced Instructor at Three Gaits Therapeutic Horsemanship Center. Katie is involved in finding new equine partners, training for program, assessing behavior problems and retiring / rehoming the program horses at Three Gaits.

4:30 to 4:45 p.m.

BREAK

4:45 to 5:15 p.m.

STATE MEETINGS

DINNER ON YOUR OWN

SUNDAY MARCH 11TH

All sessions in arena.

9:45 to 10:45 a.m.

SESSION E

E1 ■ WHEN TO LET “DIS” GO: EXPANDING YOUR FOCUS ON ABILITY BY RECOGNIZING BARRIERS TO PERFORMANCE DE;RIDING CR

This interactive presentation will identify strategies to help your riders be successful in your riding classes. Janet will provide some overview materials about barriers to performance commonly encountered in the group lesson setting and offer some ideas for navigating these challenges. Creative thinking and problem solving as a group will be encouraged. *Janet Weisberg, MS OTR/L HPCS, is the director and founder of Hold Your Horses (HYH) in Greenfield, MN. She founded HYH*

in 2006 as a small occupational therapy practice specializing in hippotherapy, and today HYH is a nonprofit organization providing multidisciplinary therapy services for people with disabilities as well as education and wellness workshops for professionals and caregivers. Janet is a hippotherapy clinical specialist (which means that at one time she had the patience to study and then sit through a four-hour certification exam). She served on the board of the American Hippotherapy Association, Inc., and is a past editor and now frequent contributor to HIPPOThERAPY magazine. She has also served on a variety of task force projects for PATH Intl. and in her spare time enjoys spending time with her husband Luke and her favorite therapy herd member, Bentley.

E2 ■ PLANNING FOR PARTICIPANTS WITH CHRONIC PAIN AND/OR CHRONIC FATIGUE DE

Learn what to expect with participants who live with chronic pain and/or chronic fatigue and how to implement that knowledge to help your participants be more successful in your program. Discuss how to address the challenges of planning ahead for participants with chronic pain/fatigue.

Lisa Schabo is a PATH Intl Certified Instructor with a bachelors degree in Equine Science from the University of Minnesota - Crookston. She has been living fully with chronic pain and fatigue for 8 years.

11 a.m. to noon

SESSION F

F1 ■ PANEL FOR QUESTIONS CE

Join PATH Intl. Region 6 in an open discussion and question and answer session about “Anything EAAT.”

WE LOOK FORWARD TO SEEING YOU SOON IN WAVERLY, MN!



An on-demand online course to help you gain new knowledge and skills at your own pace!
PATH INTL. TRAUMA-INFORMED PRACTICES FOR YOUTH PARTICIPANTS IN EAA!

For PATH Intl. Certified Professionals serving youth who have experienced trauma, abuse and neglect, this new on-demand course aims to describe how trauma may affect EAA participants and guide instructors on how to develop a trauma-informed approach to EAA programming.

The new online course design allows you to work through content at your own pace and at times that are best for your busy schedule. Three units in the course will bring you through the biological and physiological effects of trauma, considerations for offering EAA to youth who have experienced trauma and practices to implement a trauma-informed approach to youth programming. You can expect to dedicate approximately four hours to coursework.

Member pricing for this on-demand online course is \$99 and earns PATH Intl. Certified Professionals 4 disability education credits.