

LISA DAMOUR, PH.D. - SHORT BIO

Lisa Damour, Ph.D. is a psychologist, author, teacher, speaker, and consultant who directs Laurel School's Center for Research on Girls, writes the monthly *Adolescence* column for the Well Family section of the *New York Times*, is a regular contributor at *CBS News*, and serves as a Senior Advisor to the Schubert Center for Child Studies at Case Western Reserve University. Her *New York Times* best selling book, *Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood*, was released by Random House in February 2016. Dr. Damour draws on years of clinical experience and the latest research to provide sound, practical guidance to girls as well as to their parents, teachers, and advocates.

Link to Dr. Damour's articles: www.drlisadamour.com/articles/

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