WESTLAKE BOYS BASKETBALL SHOOTING LEAGUE

When: Wednesday's, 9/8-10/6, 6-7 PM

Where: WHS Gyms

Who: All boys in grades 3-8 - League will have 3 Divisions (Grades 3-4, 5-6 and 7-8)

Cost: $40 per player (checks made out to WDAB), includes T-Shirt

Registration details/deadlines: Shooting league registrations (form on back of this page) are due by Thursday, 9/2. Please send to Westlake HS (27830 Hilliard BLVD) at attn. Jeff Huber, Boys Basketball Coach

Questions: please contact head coach Jeff Huber at huberj@wlake.org

Each team will be assigned a time slot as well as a specific basket for shooting. Shooting takes 30 min. Slots will be either 6-6:30 or 6:30-7. Players must be on time or will lose the rounds they miss

SHOOTING LEAGUE COMPETITION

A league team (composed of two shooters) will compete against another team to attain the higher team score in alternating head-to-head competition. A game for each player consists of 25 "free throws" and 25 "perimeter" shots grouped in 6 frames and recorded on a score card. See rules below. *Players are responsible for keeping their own score (it is helpful to have a parent who can assist).*

Register as a team or alone and we'll assign teams.

THE SHOOTING LEAGUE RULES:

1. Each team must have 2 players.

2. A game for each player consists of 25 "free throws" and 25 "perimeter" shots grouped into 6 "frames". A perimeter may be a 3-pointer (beyond 19' 9") or a 2-pointer (beyond 15'), shooter option anytime.

3. Frame 1 consists of ten free throw shots
Frame 2...ten perimeter shots
Frame 3...ten free throw shots
Frame 4...ten perimeter shots
Frame 5...five free throw shots
Frame 6...five perimeter shots

4. Each player must shoot all shots within the time frame shown below. Last shot only counts if it has left the shooting hand when time expires.
Frame 1 ... 90 seconds

Frame 2 ... 60 seconds
Frame 3 ... 90 seconds
Frame 4 ... 60 seconds
Frame 5 ... 45 seconds
Frame 6 ... 30 seconds

5. Perimeter shots taken in "around the world" fashion from 5 designated spots:
- corner, wing, center, opposite wing, opposite corner

6. Points for each player are awarded according to the following system:
- made free throws = 1 point
- made 2-pointer = 2 points,
- made 3-pointer = 3 points
- 5 bonus points per frame if over 50% of shots made during the frame.

7. Play begins with league director beginning first 90 second frame. Teams alternate shooting rotations until 4 shooters have completed frame 1. Only 10 seconds is allowed between shooters within frame and between frames. Play continues in this fashion with teams alternating after each frame.

8. The shooting order of teams must remain the same for the entire game.

9. All shots must be rebounded by teammate and passed back to the shooter.

10. One of the opposing team members must keep score on scorecard. It is both team's responsibilities to confirm scoring after each frame.

11. The league director will maintain the timing between frames.

Registration Form (each player must complete and submit regardless of if signing up with a partner)
Player Name_____Grade_____

Player Partner (if applicable, if not we will attempt to pair up those who sign up singly)_____
School_____Email_____
Phone_____

T-shirt size: YM YL AS AM AL AXL

Make checks payable to: WDAB and include with registration*

Medical Release: I give my son _____permission to participate in the Westlake Basketball Camp. I understand that participation in basketball, as in any athletic activity, involves a risk of injury. Therefore, Westlake Basketball Camp, the instructors, Westlake High School, and its employees will not be held liable for any accident or injury that might occur under normal playing conditions at the camp.

Parent/Guardian Signature_____ Date: _____