

Tenelle Wilson AP DOM is a licensed Florida Acupuncture Physician and the owner of Chrysalis Acupuncture & Wellness.

Tenelle has extensive training in holistic healthcare. She received a Bachelor's of Science degree in Alternative Medicine from Everglades University, Sarasota, FL, in 2012. In 2016, Tenelle earned a Masters of Acupuncture and Chinese Herbal Medicine from The Academy for Five Element Acupuncture in Gainesville, FL. During her time at Everglades University, she was introduced to the philosophy of constitutional healing. Her passion was ignite and she put intense focus on Classical Homeopathy, Nutrition, Western Herbology, and Chinese Medicine, as well as Health Sciences. With her knowledge and experience, she has the ability to take a holistic approach in planning individualized acupuncture treatments for her patients.

Tenelle has had a wide range of clinical experiences having treated people of all ages and backgrounds with diverse health and wellness needs including help with mental health, stress, anxiety, depression, ADD/ADHD, trauma, PTSD, digestive issues, asthma, allergies, pain and injuries, fatigue, motivation, productivity, personal and professional development, and overall balance, health and well-being.

Tenelle's dedication to her patients, coupled with her passion for Chinese Medicine and determination to effect change is what drives her practice. She believes that Five Element Acupuncture treats at a constitutional level and that when doing so, physical symptoms are alleviated, clarity of mind is restored, and a vibrancy of the spirit springs forth.

Additionally, she is certified in *Mei Zen* cosmetic acupuncture which offers a more natural solution to lifting and rejuvenating the face and neck and assists with healthy aging. Tenelle is also certified in Acupuncture Point Injection Therapy.

In 2016 after receiving her Master's degree, Tenelle moved to Chicago where she obtained her Acupuncture License and practiced for 3 years. Tenelle is so happy to be back home in Southwest Florida and is looking forward to joining the wellness community in Naples at Love Yoga Center.



CHRYSALIS ACUPUNCTURE & WELLNESS