



Currituck Extension Center
120 Community Way, Barco



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WOMEN IN BUSINESS CONFERENCE

- 9:00 - 9:30am Shrimp & Grits Breakfast Bar (sponsored by B&M Contractors, Inc)
- 9:30 - 10:15am Keynote Speaker: Sandra Sutton, JES Event Management Group, LLC and founder, Girl Made Worthy *Deeply Rooted: Pruned and Growing*
- 10:15 - 10:30am Break
- 10:30 - 11:30am Breakout Sessions (must mark which one will attend)
- Negotiating & Taking Risks *Courtney N. Gallop, Gallop Funeral Services, Inc./ Gallop Memorial Chapel Barco*
 - A Sports Coach's Perspective on Motivating Your Team *Mary Suman, Youth Sports Advocate, Elevance Health*
 - Generational Work Styles *Kristen Allen and Wendy Murray, H2OBX Waterpark*
- 11:30 - 12:30pm Lunch (Sponsored by Southland Restaurant & Catering)
- 12:30 - 1:30pm Breakout Sessions (must mark which one will attend)
- The Importance of Networking & Serving on Boards *Melanie Metzler, B&M Contractors, Inc.*
 - What Employers Need to Know - a Legal Perspective *Whitney Young, Whitney Young Law Firm*
 - How to Handle Negative Online Reviews *Molly Garavito, Ciniva*
- 1:30 - 1:45pm Break
- 1:45 - 2:45pm Grand Finale Panel Discussion - Mind, Body & Soul
Kaylee Bynum, Peaceful Waters Counseling & Wellness Center
Carmen Wynes, Hometown Med of Moyock | Nancy Curtis, Be Beautiful Coaching
DJ Kophazy, Currituck Family YMCA
- 2:45pm Adjourn

February 9, 2023

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CANCELLATION AND REFUND POLICY:

14 days or more prior: 100% refund
13 days prior - 7 days: 80% refund
6 days prior to 48 hours prior: 50% refund
Cancels within 48 hours: No refund

Registration
Early Bird \$50
Sept 1 - Dec 31
Regular Reg. \$65
Jan 1 - Feb 8

Vendor opportunity
\$200 per table
(includes 1 event registration)

Held at Currituck Extension Ctr.
120 Community Way in Barco, NC

Name:

Business Name:

Phone:

Email:

PLEASE FAX OR MAIL FORM.

Fax: 252.319.6010 | Upon receiving, staff will contact you to get payment info.

Or mail check & form to:
4130 Caratoke Hwy. Suites B & C,
Barco NC 27917

Payable to Fusion Office Business Centers