Rainbow Connections Sticker and Art Lab!

Calling all Monterey County K–12 students!

Do you have something to say about LGBTQ+ wellness, support, or community? We want to see it! Rainbow Connections and The Diversity Center are inviting students to create original artwork that shows what LGBTQ+ joy, mental health, community, care, hope, or belonging means to you. What message would you want another LGBTQ+ student to see when they need a reminder that they aren't alone?

Your art could celebrate:

- LGBTQ+ joy, pride, and belonging
- Friends, chosen family, and support networks
- LGBTQ+ identities and intersectionality
- Hope, healing, growth, and resilience
- Asking for help or checking in on a friend
- Mental health, self-care, and emotional wellness
- Where and who you can be yourself with
- Knowing where to find support and care

Students can create a sticker-sized design or a larger piece of artwork. Digital art, drawings, illustrations, poetry, songs, and mixed media creations are all welcome.



Need some inspiration? Here's an example!

A student created this sticker design, "Love Always Wins!" during a past Rainbow Connections art activity — sticker-sized, original, and full of heart.

This is your chance to inspire others and have your ideas turned into stickers that will be shared with students across Monterey County! Stickers and larger artwork can be displayed at the Rainbow Connection Student Wellness Expo on **Friday November 13** in Salinas.

Sticker designs due

October 9

Digital artwork, drawings, illustrations, poetry, songs and mixed media creations due
November 6

How to share your artwork with Rainbow Connections:

1. Email a photo or digital image of your artwork to: **rainbowconnectionsmonterey@gmail.com**
2. Schedule a **Rainbow Connections Sticker and Art Lab** session for the LGBTQ+ club at your school
3. Arrange a time for Rainbow Connections to pick up your artwork from school so you can submit physical paintings, posters, or other pieces for display at the **Rainbow Connections Student Wellness Expo** on **Friday, November 13** in Salinas.

The Diversity Center
LGBTQ+ Advocacy and Allyship

Rainbow Connections

Monterey County Behavioral Health

Join us for the 4th Annual

Rainbow Connections Student Wellness Expo

Friday, November 13, 2026

4:30 PM – 6:30 PM

One Main Street

1 Main St, Salinas

Connect with educators, parents and caregivers, youth, and allies to explore how we can work together to strengthen mental health and wellness supports for LGBTQ+ youth across Monterey County.

Expo Highlights

1. **Student Panel:** Hear directly from youth about their experiences and hopes for their schools.
2. **Resource Fair:** Meet local agencies and providers offering affirming care and support.
3. **Refreshments & Giveaways:** Enjoy light bites and fun giveaways throughout the event.
4. **Community Building:** Make Rainbow Connections and grow community together.

Student Art Exhibit:
Take a Gallery Walk featuring original LGBTQ+ wellness-inspired stickers and artwork created by students from across Monterey County.

RSVP

RSVP requested
https://tinyurl.com/RCSWENOV2026

Free and open to educators, families, youth, and allies

Dragonfly Forward
ADAPT • HOPE • HEAL

The Epicenter

The Diversity Center
LGBTQ+ Advocacy and Allyship

Rainbow Connections

Monterey County Behavioral Health
Avanzando Juntos
Forward Together

HARMONY AT HOME
Healing Trauma. Ending Abuse. Building Families.

Partners For Peace
Building strong families!