

# 2018 Jeff Galloway Race Weekend Schedule

## Atlanta, Georgia

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### Wednesday (December 5, 2018)

6:15pm Kickoff Fun Run at Phidippides Sandy Springs with Jeff and Barb Galloway

### Thursday (December 6, 2018)

6:30pm Kickoff Fun Run at Phidippides Ansley Mall with Jeff Galloway

### Friday (December 7, 2018)

11:00am-5:00pm "Midtown Meetup" and race number pickup at Hyatt Midtown  
Meet & Greet with Jeff and Barb

6:30-8:00pm "Feel Good and Finish Strong", Race day tips with the Galloways at  
Phidippides Ansley (light refreshments will be served)

### Saturday (December 8, 2018)

7:00am Phidippides Ansley Mall opens

8:00am Barb's 5K start time

8:30am Orpheus Brewing Sample Experience begins at Barb's Finish Line

9:00am Fit Kids Run/Walk (free, but registration required)

9:30am Hot Chocolate & Cookie Decorating at Phidippides Ansley Mall

10:00am-4:00pm "Midtown Meetup" and race number pickup at Hyatt Midtown  
Meet & Greet with Jeff and Barb

12:00pm Welcome - Jeff Galloway

1:30pm "Are you safe on the run?" - Takeaways from Colonel Wayne Mock

2:30pm-3:30pm Join our Live Podcast, "The Extra Mile", with Kevin Gwin

4:00pm "Midtown Meetup" and race number pickup closes

### Sunday (December 9, 2018)

8:00am Jeff Galloway Half Marathon start time

Finish line Celebrate! Have your photo taken with Jeff!