

Free Webinars Q3 of 2025

Eco-Psychology

07/31/2025

3:00-4:00pm

A growing body of research illustrates the beneficial effects that exposure to the natural world has on human health, stress reduction, and healing from injury. Even policymakers, employers, and healthcare providers are increasingly considering the human need for nature in how they plan and operate. Find out more about this emerging field of study and what we have learned about the healing and restorative power of nature.

Registration URL:

<https://attendee.gototraining.com/r/3929795743740493824>

Parenting Adolescents

08/26/2025

10:00-11:00am

Gen Z, Gen Alpha and Gen Beta are shaking things up and parents need all the help they can get. Join us to learn some insights and practical strategies to navigate the unique challenges and opportunities with these generations of young adults, teens and tweens.

Registration URL:

<https://attendee.gototraining.com/r/5567803086824962560>

Awe: Engaging Profoundly with Life

09/29/2025

12:00-1:00pm

Awe is the feeling we get in the presence of something vast that challenges our understanding of the world. When people feel awe, they may use other words to describe the experience, such as wonder, amazement, surprise, or transcendence. Only recently have Psychologists and Neurologists begun studying and clearly defining awe. Join us in this webinar to learn what we've discovered about awe and, hopefully, for a moment or two of experiencing awe.

Registration URL:

<https://attendee.gototraining.com/r/6925602090594132992>

Q3 2025

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