



**NB LUNG
POUMON NB**

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Cannabis Harm Reduction Resources for Health Care Professionals

Dear Partners in Health,

Currently, one in three New Brunswickers are using cannabis and smoking remains the most hazardous and popular method of consumption.

To address cannabis-related health concerns, NB Lung, in collaboration with the New Brunswick Medical Society, has created a Cannabis Harm Reduction Program. This initiative is dedicated to equipping healthcare professionals with the essential tools and knowledge needed to engage in meaningful harm reduction discussions with their patients. We aim to guide patients toward safer consumption methods, transitioning away from smoking to alternatives like edibles and oils.

Our resources include:

- a graph illustrating cannabis effects
- a drug interaction card
- a patient screening prompt
- a lung health risk table

Please feel free to visit for nblung.ca/CHR downloadable resources and information on cannabis harm reduction and to share this information with your networks and colleagues. Please note that these resources are preliminary and will be updated as new peer-reviewed information becomes available.

If you have any questions or wish to be involved in this program, please contact anne.lebans@nblung.ca.

Warm regards,

Anne Lebans
Health Program Coordinator (Cannabis)

