



# *A Letter from St. James'*

*The Newsletter of St. James' Episcopal Church  
in Mill Creek Hundred, Wilmington, Delaware*

*March 2020*

## ***A Message from the Vestry . . .***

***Carolyn Joint and Jenny Vrana have agreed to co-chair the Search Team as we progress in the process of finding a new Rector for St. James. You will be hearing more from them in the coming weeks.***

## ***A Message from the Interim Rector...***

Dear Friends,

Lent is upon us and with it our journey with Jesus to Jerusalem. I invite you to an observance of a Holy Lent by joining us for one or more of our special Lenten offerings. On Tuesday evenings from 6:00 – 7:30 pm we will explore how “*Embracing a Life of Meaning*” can support your faith journey. The Pike Creek Ministerium is also offering themed worship each Wednesday during Lent at 12 noon followed by a simple lunch. This year’s theme is “Restoration” and will be held at St. Phillip’s Lutheran on Limestone Rd.

## **Bishop Brown visits St. James' on March 22<sup>nd</sup> – One Service @ 9:30am**

As requested by our bishop, the Rt. Rev. Kevin S. Brown, we will gather for one worship service on Sunday, March 22nd, to be followed by a reception and forum. More details to follow.

## **Ministry Opportunities**

### **EMMANUEL DINING ROOM**

### **SHARING OUR GIFTS WITH OTHERS**

**AND SOME ACTIVITIES TO JOIN IN THE FUN!**

March 31st is our next lunch at Emmanuel Dining Room

Our winter menu: meatball subs, chips, bananas, and cookies, and of course our signature item for each guest to take away--a peanut butter and jelly sandwich or two.

- Join us for a fun fellowship activity of making peanut butter and jelly sandwiches on Monday, March 30th from 9-11 a.m. in the parish Hall kitchen.

- And, if you'd like to join us in serving the meal on Tuesday, March 31st, we'll leave the church parking lot at 10:15 to drive into Wilmington and get ready for serving this wonderful meal from noon to 1 p.m.
- If you enjoy baking at home, please make some homemade cookies, cupcakes, or cakes and bring them to the parish hall. Baked items can be brought and put in the parish hall freezer by Sunday, March 29th. Please label your items EDR.

If you have any questions or want to join us on Monday or Tuesday, please call Pat Minor (302)738-3753 or Cindy Fauerbach (302)239-8336.

Thank you to all who are so generous with your time and dedication in supporting the Emmanuel Dining Room ministry 

## Bazaar News (from the ladies in the basement)

**The 2020 Bazaar will be held:**

**Friday, November 6<sup>th</sup> and Saturday, November 7<sup>th</sup>**

The Bazaar Ladies are back. They have started quilting, knitting, crocheting, painting, creating jewelry, holiday decorations, and designing floral decorations.

If you have any free time on Tuesday mornings, please join the ladies from

9:00 AM – 11:45 AM for a morning of fellowship and preparing for our annual bazaar. You don't have to be crafty to join. We can always find something for you to do.

### **Coupons**

If you are not going to use the weekly coupons for **Joanne's or Michael's**, the Bazaar Ladies would appreciate them. Please leave them in the container marked "**Coupons**" in the Parish House closet or give them to one of the Bazaar Ladies.

### **Zingo's Receipts**

Remember to save your Zingo's receipts. There is a container in the Parish House closet marked "Zingo's Receipts".

**Thank you,**

***The St. James Bazaar Ladies***

## **Family Promise of Northern New Castle County**

prevents and ends homelessness for families by engaging faith-based congregations, volunteers and donors. Family Promise keeps families together, serving moms, dads, and children of all ages, and families of all sizes. Its mission is that in which every family has a home, a livelihood, and the resources for lasting independence. With your help, Family Promise served over 130 families last year!

Volunteers are the foundation of Family Promise! Please consider volunteering during our host weeks this year.

## **2020 Host Weeks:**

April 12<sup>st</sup>

June 21<sup>st</sup>

August 23<sup>th</sup>

Sign-up sheets for our April 12<sup>th</sup> host week will be out in the Parish Hall in March. We are in need of volunteers for:

- Set-up April 11<sup>th</sup> at 12 noon after the Easter Egg Hunt
- Dinner Hosts
- Overnight Hosts
- Bringing in donations for breakfasts and lunches
- Take-down Sunday April 19th at 8 am

If you are interested in learning more, please speak to one of our Coordinators, Dave Perry, Eileen Marvel, Nancy Prettyman, or Val Brunson.

## **Upcoming Family Promise Events**

- Thursday, March 5th at 6:00pm – Friday, March 6th at 6:00pm – Do More 24 is a 24hr day of giving. Every dollar donated will be matched up to \$10,500, dollar for dollar by the Family Promise board!
- Tuesday, March 10th at 6:00pm: Annual Celebration – Open to any of our volunteers, donors, and supporters! Tour our new Hospitality Center and hear updates about our work. Go to the website to RSVP.
- Saturday, June 13: Highmark Walk for a Healthy Community – This free 5K walk around the Wilmington Riverfront is a great opportunity to start a team and raise funds for Family Promise NNCC!

## **Other Needs**

Family Promise is always in need of cleaning supplies and toiletries. Their wish list can be found on their website <https://www.familypromisede.org/>.

Thanks for your time, talent, and treasure that you so generously give every year to support this ministry. Your amazing support has made our support of Family Promise possible.

## **Volunteer Sunday Morning Nursery Attendants**

We are in need of help in our Sunday morning nursery. If you are interested in volunteering to support your church family in this vital way, please contact **Carolyn Joynt** at 302-438-3224.

## **Prayer Team**

**On Sunday, March 1st**, members of the prayer team will hold a short prayer service in the church at 11:30 am (focusing on the prayer requests left in the basket in the entrance to the church and other concerns of the parish, community, and world.) Then throughout the month, we will continue collecting prayers at the end of the 2nd service and lifting them up during the week. **All are welcome to participate in this monthly service-usually held on the first Sunday of the month.**

**For those who are not able to come to church or have an immediate prayer need, we invite you to email Sister BJ Brown at: [sisterbjbrown@gmail.com](mailto:sisterbjbrown@gmail.com)**

### **Tuesdays in Lent at St. James**

Video and Discussion

Kathleen Norris – Embracing a Life of Meaning

Mar 3 – Belief Matters

Mar 10 – The Bible Matters

Mar 17 – Community Matters

Mar 24 – Place Matters

Mar 31 – We Matter

Please sign up with Fr. Kim

6:00 – 6:30 P.M. Supper

6:30 – 7:30 P.M. Video and discussion

## **Mill Creek Ministerium—Wednesday Lenten Program**

### **Lenten worship & luncheon**

March 4 – April 1 at 12 noon

St. Phillip's Lutheran Church

5320 Limestone Rd., Wilmington, DE

March 4 Restoration of Creation (Rev. John C. Nelson, St. Philip's Lutheran)

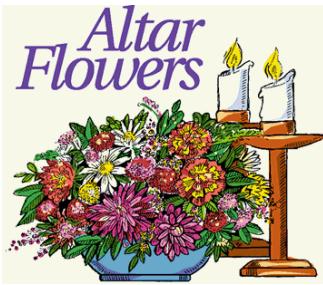
March 11 Restoration of Peace (Rev. David Beresford, St. Barnabas Episcopal)

March 18 Restoration of Justice (Rev. Jackie Ford, Marshallton United Methodist)

March 25 Restoration of Family (Rev. Joseph Piekarski, St. John the Beloved Catholic)

April 1 Restoration of Relationship (Rev. Kim Capwell, St. James Episcopal)

(April 1 is the Wednesday that St. James is responsible for the luncheon)



## Still Time to Reserve your dates for 2020

We do not carry over dates for memorials from year to year. Placing flowers on the altar and or supplying the sanctuary candle for the week are wonderful ways of remembering our loved ones who have passed or celebrating important events in our lives.

Call the office and let us know the dates you would like to reserve in 2020!

The cost of Altar Flowers for a week is \$46. During Lent we use dried arrangements and the cost is \$23. The cost of the Sanctuary Candle is \$10 for the week.

## 24 Great Things You Can Do for Lent

### *Besides giving up chocolate*

(ADAPTED BY SISTER BJ FROM AN ARTICLE BY RENÉE LAREAU FEBRUARY 12, 2020)

Ash Wednesday marks the beginning of Lent, the 40 days of preparation for the Easter season when Christians are called to deepen their spiritual lives through the practices of fasting, prayer, and almsgiving. The belief is that our consistent participation in these practices — like exercise we do for our physical health — improves our spiritual well-being by stripping away all that is unnecessary and becoming more mindful of how God is working in our lives. Challenge yourself this year, and go beyond the usual practice of “giving up” something. Now is a great time to take stock of your spiritual life and to grow in it. Not sure where to start? Check out these 25 ideas:

1. Make a commitment to read the Sunday Scripture readings

<https://www.lectionarypage.net/CalndrsIndexes/Calendar2020.html> before you go to Sunday Services.

Familiarizing yourself with the readings ahead of time will help you experience them in a deeper way on Sunday.

2. Use Busted Halo's <https://bustedhalo.com/> Lent Calendar, filled with Lenten-themed Daily Jolts and MicroChallenges to find new ways to practice the disciplines of fasting, prayer, and almsgiving. Each day of Lent, we'll offer an inspirational quote paired with a practical, challenging task that you can do that day to help keep your spiritual life on point.

3. Try a new spiritual practice. Try an hour of Intercessory Prayer.

4. Think about what you usually spend your money on. Do you buy too many clothes? Spend too much on dinner out? Pick one type of expenditure that you'll “fast” from during Lent, and then give the money you would usually spend to a local charity.

5. Take something on — 40 days of letter writing, 40 acts of kindness, 40 phone calls to the important people in your life.

6. When you first sit down in front of your computer at work, or at the very end of your workday, try a 10-minute guided prayer from Sacred Space <https://www.sacredspace.ie/> based on the spiritual exercises of St. Ignatius.

7. Go to a weekday Church Service one day during the week. Several parishes offer extra services during Lent... check around and see who is offering something.

8. If you don't have a cross in your apartment or house, buy a simple one and put it in your bedroom.

9. Be intentional about looking for God in your surroundings. Take a photo of what you see or write a poem or prayer about it.

10. Instead of turning on a streaming service for your next binge-watching session, read the entire Gospel of Mark in one sitting. As the shortest Gospel, it is the most concise story of Jesus' life, and the cross, a central Lenten symbol, plays an even more prominent role than in the other Gospels.
11. Attend the Stations of the Cross somewhere. Many parishes offer these during Lent and often on Fridays. Or check out Busted Halo's Virtual Stations of the Cross.
12. Get some friends together and attend a Friday fish fry at a local parish. It's not the healthiest thing in the world, but a fun tradition to help you abstain from eating meat on Fridays during Lent.
13. Unplug from your iPhone or turn off your car radio on your commute. The silence may be jarring at first, but you may find that you are able to concentrate better and will be more observant of your surroundings.
14. Buy a book of daily reflections and keep it by your bed. Use Forward Day by Day or ask Sister BJ to suggest something for you.
15. Think about a habit that has kept you from being whom God is calling you to be. Consciously give up that habit for Lent.
16. Spend at least one weekend or evening volunteering during Lent. Serve a meal at your local soup kitchen. Visit the elderly. Stock shelves at a food pantry. Clean out your closet of clothing that you no longer wear and take them to the Clothing Bank.
17. Make a commitment to fast from insensitive, cruel comments about others.
18. Participate in a spiritual book club or small community of faith. Check out what's already going on at your parish.
19. As a part of your Lenten almsgiving, make a point to learn more about a particular social issue (immigration, human trafficking, racism, the environment, public education, child poverty). Give money to an organization related to your chosen issue that supports the dignity of the human person.
20. Tap into your creative side and try using coloring as a way to pray and meditate during Lent. Buy a coloring book or download a Lent calendar coloring page.
21. Use the The Way of Love <https://episcopalchurch.org/way-of-love> , an intentional commitment to a set of practices encouraged by our Presiding Bishop, The Most Rev. Michael Curry. (It is all the rage throughout the Church).
22. Pray for somebody. As you're walking the streets, driving the highways, or sitting in your cubicle at work, pick out a person who appears to be in need and pray for that person.
23. Get to know your neighbors. Introduce yourself, plan a dinner, or bring food to an older person on your block.
24. Read the Works of Mercy as Jesus describes them in Matthew 25:31-46. Then put this teaching into practice and choose an act of service you can perform throughout Lent.

## **It's Time for Another Fun Filled Bingo Night**

**You and your friends are invited to  
The Twelfth Annual Claudia White Memorial Bingo  
Monday, April 20, 2020, 7:00 p.m.**

St. James Episcopal Church Parish Hall  
2106 St. James Church Road, Wilmington, DE 19808  
A \$10.00 donation is requested to go toward the  
Claudia White Memorial Fund  
Winner Prizes-Door Prizes-50/50 Drawing-Refreshments  
R.S.V.P. Nancy Patterson. 239-7649 by Monday, April 13<sup>th</sup>

In addition to the \$10 donation, we request that you bring nonperishable food items.  
These will be donated to a local Food Bank.



### March Anniversaries

5 <sup>th</sup>	Nancy & Dick Prettyman
17 <sup>th</sup>	Sister Julian and Sister BJ
22 <sup>nd</sup>	Cindy & John Fauerbach
28 <sup>th</sup>	Sherry & David Cernos

**March Birthdays** *If we have missed your birthday or anniversary, please let us know. You are an important part of our church family.*

1 <sup>st</sup>	Jillian Fauerbach	10 <sup>th</sup>	Kayleigh Aichele	17 <sup>th</sup>	Sam White
2 <sup>nd</sup>	John Gillespie III	11 <sup>th</sup>	Val Hall	20 <sup>th</sup>	Sue Strecker
	Karen Selvage		James McCracken	21 <sup>st</sup>	James White
3 <sup>rd</sup>	Trevor Philip	12 <sup>th</sup>	Arnold Green	23 <sup>rd</sup>	Carly Bond
4 <sup>th</sup>	Barbara Bowser		Wes Loveland	24 <sup>th</sup>	Britta Bimbi Cordrey
	Justin Dunford	13 <sup>th</sup>	Kathryn Gannett		Georgine Sukeena
6 <sup>th</sup>	Laura Vrana Howard	15 <sup>th</sup>	Frank Hickam	25 <sup>th</sup>	Christine Haywood
7 <sup>th</sup>	Rowyn Kingsley		Kristin Liersch	27 <sup>th</sup>	Alex DelleDonne
9 <sup>th</sup>	John Fauerbach		Fran Mayhew	29 <sup>th</sup>	Brad Beebe
	Natalie Popham		Lisa McGee		Randy Dill, Jr.
	Doris Stampone	16 <sup>th</sup>	Ann Merrill		
	Jenny Vrana	17 <sup>th</sup>	Alexander Dunford		



Daylight Savings Time begins 2:00

On March 8<sup>th</sup> (don't be late to Church!)