

Lunch Menu

Middle and High School

October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Lasagna with Meat Sauce Lasagna, Vegetarian Turkey & Cheese Sand w/chips Chicken Caesar Salad	Chicken Alfredo w/Penne Pasta Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Chicken Chow Mein w/Egg Roll Ham & Cheese Sand. w/chips Asian Chicken Salad	Crispy Chicken Sand. w/chip Sandwich & Chips Meal
10	11	12	13	14
Teacher Development Day Students - NO SCHOOL	Hamburger or Cheeseburger w/chips Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Spaghetti and Meatballs Ham & Cheese Sand. w/chips Asian Chicken Salad	Taquitos with Spanish Rice & Black Beans Grilled Cheese Sandwich & Chips
17	18	19	20	21
Teacher Conference Day Students - NO SCHOOL	Teacher Conference Day Students - NO SCHOOL	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	BBQ Pork Fried Rice w/Egg Roll Ham & Cheese Sand. w/chips Asian Chicken Salad	Crispy Chicken Sand. w/chip Sandwich & Chips Meal
24	25	26	27	28
Chicken Strips & Fries Turkey & Cheese Sand w/chips Chicken Caesar Salad	Hamburger or Cheeseburger w/chips Salami & Cheese Sand. w/chips Crispy Chicken Garden Salad	Slice of Cheese Pizza w/fruit or salad & Water Slice of Pepperoni w/fruit or salad & Water	Pasta Marina with Garlic Bread Ham & Cheese Sand. w/chips Asian Chicken Salad	Taquitos with Spanish Rice & Black Beans Grilled Cheese Sandwich & Chips
31				
Chicken Strips & Fries Turkey & Cheese Sand w/chips Chicken Caesar Salad				

**VALLEY
CHRISTIAN
SCHOOLS**

Lunch
Coordinator

John Bautista
925-560-6285



FUNDING YOUR STUDENTS' LUNCH ACCOUNT:

Go to www.myschoolaccount.com and set up an account and add your student(s). You will need your student's ID number. Once the account is set up, you can fund the account through a transfer from your checking account. *Be sure to set up a low balance alert to inform you when additional funds are needed. Student's account must have funds to purchase lunch.