

# HOME EMERGENCY SUPPLIES

Below are the recommended items for a basic home emergency kit. Remember to plan water and food for each member of your family (including pets and others who you know will arrive in times of crisis). Most items you will have in your home already. Place these supplies in the designated preparedness area of your home. Start with the essentials and build from there.

**WATER**

**Minimum three days supply of water per person**

- 1 gallon per day for drinking
- 1 gallon per day for sanitation
- Water purification tablets
- Water filter

**FOOD**

**Minimum three days supply of food per person (2,000-3,000 calories per day)**

- Non-perishable food that requires no heating (Freeze-dried, canned, air tight packaging)
- Items like chili, soup, peanut butter, dried fruit
- Can opener
- Eating utensils

**ENERGY**

- Flashlights/headlamp
- Extra batteries
- Candles, 100 hour candles
- Matches (waterproof) and lighters
- Solar-powered lights
- In Winter: Plan heat source – firewood, tools to manage fire
- In Summer: Battery-powered fans if no generator or solar power
- Gas grill and extra propane bottles for cooking
- Generator (if you choose)
- Fire extinguisher – Remeber to keep close and ready

**MEDICAL**

- High-quality first aid kit suitable for your family's needs and size
- Take first aid and CPR training

**COMMUNICATION**

- Hand crank or battery-powered weather or emergency radio
- Emergency contact information
- Phone, chargers, extra batteries, solar charger

**TOOLS**

- Wrench
- Pliers
- Socket set
- Black garbage bags
- Duct tape
- Basic hand tools
- Crow bar
- Shovel
- Hammer
- Scissors
- Plastic sheeting

**SPECIFIC NEEDS/PERSONAL HYGIENE**

- Feminine hygiene products
- Toilet paper, paper towels, soap, towels, etc.
- Toothbrush, toothpaste
- Hand sanitizer
- Medications

**PERSONAL**

- Set of clothes
- Umbrella/poncho
- Blankets

**CHILDREN**

- Entertainment items: activities, coloring books, games
- Diapers
- Formula
- Medicine

**PETS**

- Cage for transport
- Food
- Water
- Medication and special needs

My Additional Items

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