

AMY'S EXCLUSIVE CHECKLIST

My Fav Postpartum Must Haves

For maternity, postpartum and beyond.



Fall is coming which means that a light jacket is definitely in order. I'm obsessed with this [Seraphine jacket](#). It is fantastic for maternity, postpartum, non-maternity, basically everyone and anyone!



I get it, you never want to wear jeans with a button again after having found extreme love for your maternity pants. So don't. Try out these [stretch waist jeans](#) that actually look cool. Problem solved.



Breastfeeding problems are real. It takes a lot of effort to do it 5 times a day, don't add more problems to your life with difficult clothing. This [button down jumper](#) will be your new breastfeeding best friend.



A [cute sweatshirt](#) that allows you to get out the girls easily when it's time to feed your baby? Yes, please. Plus the quick access design is an awesome zipper. Fashion and function joyfully coexisting, hallelujah.



Trying to look cute while juggling a new baby should not be your biggest problem. This [one and done floral dress](#) is the perfect piece to throw on for instant style. It not only looks cute, but it allows for quick breastfeeding access and looks good for both maternity and postpartum!