



RURAL RESPITE PROGRAM

Through funding from the Alzheimer's Association Center for Dementia Respite Innovation, AIHS is launching a group respite program designed for individuals living with memory loss, facilitated by dementia-trained staff who emphasize person-centered care. This program offers caregivers valuable time to focus on their own well-being and to discuss information and resources with an AIHS Care Navigator.

WHEN:

Group respite sessions occur one day per week at each location.
More information to come.

WHERE:

Steuben County Council on Aging
1905 Wohler Street
Angola, IN 46703

Whitley County Council on Aging
710 Opportunity Drive
Columbia City, IN 46725

ELIGIBILITY:

This program is available to individuals who:

- Are living with memory loss
- Are able to benefit from a group setting
- Do not need assistance with activities of daily living
- Reside in Adams, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells or Whitley County
- Are able to provide their own transportation

Please contact Denise



260-600-0844

Hughes with questions:



DHughes@agingihs.org

To receive updates about the program, visit the link below or scan the QR code:

<http://bit.ly/3GVdOuk>



1-800-552-3662 | 1-260-745-1200 | www.agingihs.org

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