



# RURAL RESPITE PROGRAM

## FOR THOSE LIVING WITH MEMORY LOSS

### CAREGIVERS RECEIVE:

- 3.5 hours of respite time
- Monthly meeting with a Care Navigator

### CARE RECIPIENTS RECEIVE:

- 3.5 hours of activities in a group setting
- Person centered program by dementia-certified staff

**This is a weekly program. Sessions begin week of September 8 at two locations:**

**WEDNESDAY** (12:00 - 3:30 p.m.)

**Whitley County Council on Aging**  
710 Opportunity Drive, Columbia City

**THURSDAY** (12:00 - 3:30 p.m.)

**Steuben County Council on Aging**  
1905 Wohlert Street, Angola

### ELIGIBILITY:

This program is available to individuals who:

- Are living with memory loss
- Are able to benefit from a group setting
- Do not need assistance with activities of daily living
- Reside in Adams, DeKalb, Huntington, LaGrange, Noble, Steuben, Wells or Whitley County
- Are able to provide their own transportation

***Interested individuals must complete the enrollment process to attend weekly sessions. Contact Denise Hughes, RN, BSN to check your eligibility and begin the enrollment process:***



**260-600-0844**



**DHughes@agingihs.org**



Special thanks to the Alzheimer's Association Center for Dementia Respite Innovation (CDRI) for making this program possible.

**1-800-552-3662 | 1-260-745-1200 | [www.agingihs.org](http://www.agingihs.org)**

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