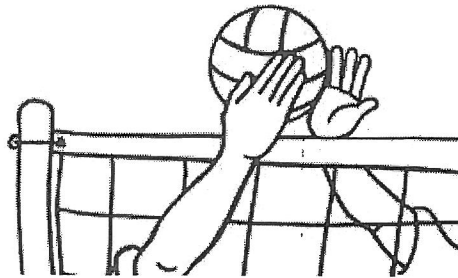


# ACS Fall Volleyball Clinic

Tuesday, Nov 7 & 14 from 6:30-8:00

Open to girls who are in 4<sup>th</sup>-6<sup>th</sup> grade here at ACS.



Girls please bring your Mom, Aunt or older sister along with you to this clinic. If you don't have anyone available please let me know when registering and we'll have someone there for you!

Plan to work on fundamental volleyball skills, learn new drills and compete in games.

Please wear comfortable gym clothing and tennis shoes. You may want to bring a water bottle. (Knee pads are optional)

Please register by emailing [rjo5959@gmail.com](mailto:rjo5959@gmail.com) by Nov 1. Include the participants name and grade as well as the name of the person attending with her.

For more information or questions please contact Deb Lamer or Jodi Oosterheert.

