



**Virtual
La Mariposa
Summer Camp'20**

July 6 – July 31
10:00am to 12:00pm

Girls Enrollment Day
July 6, 2020 @ 4:30pm

 **3305 W. 25th Street**
Cleveland, OH 44109

 **(216) 459-1222**

 miperez@hispanicumadaop.org


 [@lamariposahispanicumadaop](https://www.instagram.com/lamariposahispanicumadaop)


ADAMHS
BOARD OF CUYAHOGA COUNTY
ALCOHOL, DRUG ADDICTION & MENTAL HEALTH SERVICES


Ohio
MENTAL HEALTH &
ADDICTION SERVICES
STARTING POINT



FREE!

SUMMER PROGRAMMING @

ST. PAUL'S
COMMUNITY
CHURCH

OPEN TO STUDENTS IN GRADE 7-12!

CENTER
FOR
arts-
inspired
learning

Affiliated with the national Young Audiences
Arts for Learning network



ST. PAUL'S SUMMER SCHEDULE

The Summer Programming is a mix of virtual and in-person sessions and are listed below.

BASKETBALL COACHING + MENTORSHIP: TAUGHT BY COACH BOGARD

» Virtual Workshops via Zoom: Tuesdays + Thursdays, July 7 - August 13 from 3 - 4pm

BASKETBALL MURAL DESIGN + CREATION: TAUGHT BY AUGUSTO BORDELOIS

» Virtual Design Session via Zoom: Monday, July 6 (2 - 3pm)

» In-Person Workshops*: Mondays + Wednesdays, July 8 - July 20 from 2 - 4pm

PALLET MURAL DESIGN + CREATION: TAUGHT BY AUGUSTO BORDELOIS

» Virtual Design Session via Zoom: Monday, July 27 from 2 - 3pm

» In-Person Workshops*: Mondays + Wednesdays, July 29 - August 10 from 2 - 4pm

» In-Person Live Public Mural Unveiling*: Friday, August 14 (Time TBD)

HIP HOP POETRY: TAUGHT BY SIAARA FREEMAN

» Virtual Workshops via Zoom: Tuesdays + Thursdays, July 7 - August 11 from 2 - 3pm

» In-Person Dress Rehearsal*: Thursday, August 13 (Time TBD)

» In-Person Live Public Performance*: Friday, August 14 (Time TBD)

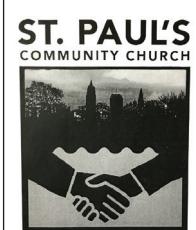
LOCATION St. Paul's Community Church, 4427 Franklin Blvd, Cleveland, OH 44113

COST FREE! to students in Grade 7-12

REGISTER arts-inspiredlearning.org/stpaulscleveland or call: 216.235.5156

*Masks must be worn and social distancing adhered to for all in-person programming.

THIS SUMMER
PROGRAMMING
IS PRESENTED
IN PARTNERSHIP
WITH:





KIDS SUMMER LUNCH PROGRAM

Monday - Friday • 11:00 am - 12:00 pm

UH Ahuja Medical Center

3999 Richmond Road, Beachwood, OH 44122
May 26 - August 18, 2020

UH Bedford Medical Center

44 Blaine Avenue, Bedford, OH 44146
June 3 - August 21, 2020

UH Rainbow Babies & Children's Hospital

2101 Adelbert Rd, Cleveland, OH 44106
May 26 - August 14, 2020

UH Elyria Medical Center

630 East River Street, Elyria, OH 44035
June 4 - September 4, 2020

UH Parma Medical Center

7007 Powers Blvd, Parma, OH 44129
June 4 - August 21, 2020

UH Portage Medical Center

6847 N. Chestnut Street, Ravenna, OH 44266
June 1 - August 18, 2020

UH Rainbow Center for Women & Children

5805 Euclid Avenue Cleveland, OH 44103
May 26 - August 14, 2020

UH Richmond Medical Center

27100 Chardon Road, Richmond Heights, OH 44143
June 1 - August 14, 2020

This summer, children ages 1-18 are eligible to receive a free, healthy bag lunch. Registration is not required. Each meal will include a sandwich, vegetable, fruit and milk. This summer, for the health and safety of families the meals will be grab and go and eating on site is not required.



This site is an equal opportunity provider.



YOUTH MENTAL HEALTH FIRST AID

Training Now Available Throughout Ohio!

1 in 5

Youth lives with a mental health condition

Half of all mental illnesses begin before age

14

Suicide is now the

2nd

leading cause of death for adolescents

64%

of youth with major depression do not receive any mental health treatment

Half of all substance use disorders begin before age

20

Youth Mental Health First Aid teaches you how to **identify, understand, and respond** to signs of mental illnesses and substance use disorders. This 6 ½ hour training gives adults the skills they need to reach out and provide initial support to adolescents and transition aged youth (ages 12 - 25) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

An evidence-based program, adopted in over 20 countries, Youth Mental Health First Aid teaches the five-step **ALGEE** action plan:

- Assess for risk of suicide or harm**
- Listen nonjudgmentally**
- Give reassurance and information**
- Encourage appropriate professional help**
- Encourage self-help and other support strategies**

OVER 2 MILLION TRAINED IN THE U.S., INCLUDING:

- Educators, school administrators, and school support staff
- Social workers
- Counselors
- Non-profit agency staff
- Youth group leaders
- Parents
- Nursing, medical, and education students
- Faith-based groups

WHAT IT COVERS:

- Common signs and symptoms of mental illnesses in this age group, including:
 - Anxiety
 - Depression
 - Eating disorders
 - Attention deficit hyperactivity disorder (ADHD)
- Common signs and symptoms of substance use
- How to interact with an adolescent in crisis
- How to connect the adolescent with help

For more Information, please contact: Kathleen Oberlin - oberlink2@gmail.com Mental Health

Connecting Mental Health First Aid to Benefit All Ohioans



Funded by the Ohio Department of Mental Health and Addiction Services



YOUTH MENTAL HEALTH FIRST AID

FAQs

Q: **Is there any fee for Youth Mental Health First Aid?**

A: No, training and class materials are paid for through an Ohio Department of Mental Health and Addiction Services grant.

Q: **How long is the training?**

A: A typical class lasts 6 ½ hours.

Q: **What is a typical class size?**

A: Classes range in size is 20 to 35 students.

Q: **Is online training available?**

A: Yes, online training consists of 2 hours of self-paced study, and 4 hours of online instructor led training.

Q: **Is in-person training available?**

A: Not at this time, but in-person instruction will resume when it is safe to do so.

Q: **Who should take Youth Mental Health First Aid?**

A: Any adult that works with adolescents or transition age youth should consider attending a training. Groups that have been trained include teachers, administrators, and school support staff; parents; faith-based groups; counselors; social workers; college students; police, and first responders.

Q: **Do you offer professional CEUs for this training?**

A: No, at this time we are not able to offer CEUs.

Q: **Can teachers receive contact hours for this training?**

A: Yes, teachers receive a certificate of attendance for 6.5 hours of training.

Q: **Is this training available in Spanish?**

A: We are actively recruiting Spanish speaking instructors, please contact us for more information.

Q: **Does this training provide certification?**

A: Yes, after successfully completing the training you will be certified, for 3 years, as a Youth Mental Health First Aider. Certification can be renewed after 3 years.

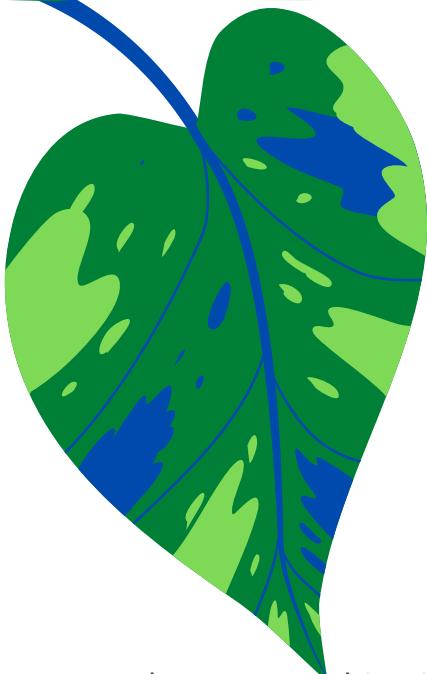
Q: **How do I schedule a training for my group or organization?**

A: Please contact Kathleen Oberlin, oberlink2@gmail.com, or visit <https://mhaohio.org/get-help/MHFA>

Connecting Mental Health First Aid to Benefit All Ohioans



Funded by the Ohio Department of Mental Health and Addiction Services



Old Brooklyn Kids and Families:
Join us for a week of

Wild at HeART

Nature and Art Camp

July 13, 14, 15, 16

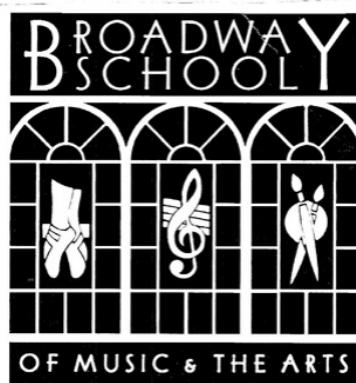
Art and nature combine in this four day virtual camp! Experiment with traditional and unconventional materials to create mixed media artwork with a teaching artist who is also an environmental educator! Your child will examine natural objects, use their imagination, learn new techniques, and think like an artist while celebrating summer. In addition to live, interactive classes, each child will receive thoughtful project ideas to do at home (or in a park) with family. There will also be an optional community exhibition opportunity!

Zoom online classes for Grades 1-3 every day from 12:30-1:30

Zoom online classes for Grades 4-6 every day from 2:00-3:00
No cost.

**For more information or to register, email Emily Hoag at
emily@broadwayschool.org or call 216.641.0630.**
Registration deadline June 30.

*This camp is funded through the support of Old Brooklyn Community Development and MYCOM. Preference will be given to youth in the Old Brooklyn neighborhood. Limited space will be available for youth from other communities.



**A project of Broadway School of Music & the Arts
with support from**





Kids' Free Summer Mobile Meals!

Summer's here, and that means many children won't be receiving daily meals from their schools. If you know a child in need of free summer meals, come to one of our mobile Summer Meal sites listed below. Parents, Food Bank staff is available at each site to help you apply for SNAP and other critical benefits!

Cleveland Metropolitan Housing Authority:

Bellaire: 12502 Bellaire Road: Mondays 10:30 am - 12:00 pm

Riverside Park Community Center: 17800 Parkmount Avenue: Mondays 12:30 pm - 2:00 pm

Springbrook Apartments: 1675 Ansel Road: Mondays 10:30 am - 12:00 pm

Willson Family: 1919 East 55th Street: Mondays 12:30 pm - 2:00 pm

Cleveland Public Library:

Fleet: 7224 Broadway Avenue: Thursdays 10:30 am - 12:00 pm

Fulton: 3545 Fulton Road: Thursdays 12:30 pm - 2:00 pm

Sterling: 2200 East 30th Street: Thursdays 12:30 pm - 2:00 pm

Walz: 7910 Detroit Avenue: Thursdays 10:30 am - 12:00 pm

Dudley Triangle Park:

West 73rd Street & Elton Avenue: Fridays 12:30 pm - 2:00 pm **No food trucks/meals on July 3**

First Draft Barber Shop:

11337 Superior Avenue: Fridays 12:30 pm - 2:00 pm **No food trucks/meals on July 3**

Garfield Heights Middle School:

12000 Maple Leaf Drive: Wednesdays 10:30 am - 12 pm and 12:30 pm - 2 pm

Garfield Middle School (Lakewood):

13114 Detroit Avenue: Fridays 10:30 am - 12:00 pm **No food trucks/meals on July 3**

MetroHealth Buckeye Health Center:

2816 E 116th Street: Tuesdays 12:30 pm - 2:00 pm

Shore Cultural Centre:

291 222nd Street: Tuesdays 10:30 am - 12:00 pm and 12:30 pm - 2:00 pm

St. Clair Superior Development Corporation:

6321 St. Clair Avenue: Fridays 10:30 am - 12:00 pm **No food trucks/meals on July 3**

St. Martin de Porres Family Center:

1264 E. 123rd Street: Tuesdays 10:30 am - 12:00 pm



**Greater Cleveland
Food Bank**

This institution is an equal opportunity provider.

Your Life MATTERS!

Inviting All Youth & Young Adults To Join Us!

Friday Night LIVE! *Online!*

Friday, July 3, 2020 6:30 -7:30pm (Q & A) 7:30-8:00

Go to: www.ministryofreconciliationinc.com
and click on the YLM-FNL Zoom Link

Topic: STV - STOP THE VIOLENCE CAMPAIGN!

We Can Help & You Can Too!

Why Am I So Angry?

Domestic Violence!
Unjust Violence!

Controlling Anger
Before It Controls
You!



...Love Your Neighbor As Yourself...

BLACK LIVES MATTER! Raising up an Army of Young Voices Against Violence!

**Mediator
Peacemaker or
Instigator?**

Resolving Conflict!

Gun Violence!

STV Essay, Poem & Poster Contest
"Why & How To Stop The Violence"
Entry Deadline: July 7th

Contact us for sites to drop off Poster ENTRY

Email your Essay & Poem ENTRY, with your contact information to:

ministryofreconciliationinc@gmail.com 216-464-1900

Winners will be awarded on the YLM-FNL Online Broadcast July 10th

Stop The Violence Contest PRIZES!

Best Entries In Each Category

\$50 Ages 13-14

\$75 Ages 15-18

\$100 Ages 19-23

CAMP YOUTH 360

CAMP YOUTH 360 is a free virtual camp for students in grades 6-12. Each session will be filled with age-appropriate lessons that are fun, engaging and transformative.

**VIRTUAL SUMMER CAMP
FOR MIDDLE AND HIGH
SCHOOL STUDENTS**

MIDDLE SCHOOL GRADES 6-8

Session I: June 29 - July 2

11:00 a.m. - 12:30 p.m.

June 29: Meet & Greet (SV 101)
June 30: Bystander Intervention
July 1: Healthy Relationships
July 2: Affirmative Consent

HIGH SCHOOL GRADES 9-12

Session I: June 29 - July 2

1:30 - 3:00 p.m.

June 29: Meet & Greet (SV 101)
June 30: Bystander Intervention
July 1: Healthy Relationships
July 2: Media Literacy

COST: Free!

Registration is required at clevelandrapecrisis.org/campyouth360

Location: On Zoom. Links will be provided upon registration.

Each session will be run by at least two Cleveland Rape Crisis Center staff persons. Upon completion of the program, students will receive certification. High school students will have an opportunity to apply for our school year program, Youth 360.