



Parshat Beshalach – Shabbat Shirah 5783
February 4, 2023 – י"ג שבט תשפ"ג



Friday, February 3

Candle Lighting: 4:58 pm

Mincha & Kabbalat Shabbat: 5:10 pm

(Sanctuary)

Shabbat, February 4

Hashkama Minyan: 7:30 am (Beit Midrash)

Followed by Rabbi Weinstock's shiur on "*Rabbeinu Tam Time*" and Kiddush.

Sof Z'man Kriyat Shema: 9:36 am.

Main Minyan: 9:15 am (Sanctuary)

Rabbi Weinstock's Sermon

"*I Sing; You Sing; We all Sing Az Yashir*"

Shabbat Morning Soul: 10:15 am (Beit Midrash)

A one-hour shmooze about Torah and spirituality with Rick Magder.

Mincha: 4:55 pm (Sanctuary)

Followed by Seudah Shlishit

Hersh Wolf will give a Dvar Torah for a Refuah

Shleimah for Tzvi Michael Ha-Kohein ben Tzipora.

Maariv: 5:50 pm

Havdallah: 5:59 pm

Daily Services 2/5 – 2/10

Shacharit (Sunday): 8:30 am

Shacharit (Mon-Fri): 7:30 pm

Mincha/Maariv: 5:15 pm

Mishnah Berurah Laws of Prayer Class

taught by Rabbi Weinstock

Wednesday morning after Shacharit

Start the day with some Torah study and a deep textual dive into Hilkhos Tefillah.

Support the JCAB Daily Minyan!

During the winter months, the need to reinforce our daily minyan grows. We thank our regulars and call upon EVERYONE to come when you can.

Kiddush in the Social Hall at approximately 11:30 am

Tu B'Shevat Seder fruit sponsored by Julie Yusupov in honor of the New Year for Trees.

JCAB Youth Corner

Ages 3+ in the Youth Room: 10:00–11:30 am.

Ripped from the Headlines with Rabbi Weinstock

Tuesday, February 7, 9:00 am

An exploration of contemporary topics through a Jewish lens. This week: "*Taxing Plasticware and Sugary Drinks: Good Idea, Halakhah, or Culture War?*" Zoom ID: 844 3281 8529.

JCAB Get Together in NYC

Wednesday, February 8, 7:30 – 9:30 pm

It's been too long! JCAB chevra from around the NYC area are invited for an evening of cocktails, conversation, and sushi hosted by Charlene Khagan and featuring your favorite rabbis. RSVP at: <https://tinyurl.com/yc5rastu>.

UJA Presents Ambassador David Friedman

Tuesday, February 14, 11:30 am

In this virtual event, hear the inside story of the Abraham Accords and the changing landscape of the Middle East as well as an update on UJA's work confronting escalating antisemitism. Register at: <https://tinyurl.com/4sj8dw4u>.

Community Melave Malka

Saturday night, February 18, 7:30 pm

All are invited for a family-friendly evening as we start the new week with friendship and spirit. Featuring a pizza dinner, Havdalah workshop for kids with take-home kits, and musical Havdalah with Rabbi Haimoff and Chazzan Muhlbaier. RSVP: <https://tinyurl.com/9ryxes4r>. Sponsors welcome. Contact Rabbi Haimoff for details.

Gan JCAB 2023: Registration is open!

Summer Program for ages 2 & 3 – Join the fun!

We are pleased to welcome back Nancy Goldschmidt as Director. Special rates for JCAB members. Early bird discount until May 15. Register at www.jcabshul.org today. Space is limited.

YAHREZEITS



Saturday

Deborah Cooper (Mother, Carole Friedman, z"l)
Richard Hirsch (Sister, Carole Friedman, z"l)
Elly Hammerman (Sister, Ethel Blatt, z"l)
Andrew Rechtschaffen
(Father, Manfred Rechtschaffen, z"l)

Sunday

Phyllis Jonas (Father-in-Law, Wolf Benjamin Cohen, z"l)

Monday

Joseph Packin (Mother, Alexandra Packin, z"l)
Lawrence Palmer (Son-in-Law, Ralph Weiss, z"l)

Tuesday

Miriam Bernstein (Brother, Martin Yellin, z"l)
Jayne Luger (Aunt, Mildred Cooper, z"l)

Wednesday

Andrew Feinman (Father, Sheldon Feinman, z"l)
Ellen Haimoff (Father, Arthur Kirschner, z"l)
Renata Kadoe (Father, Alexander Gregory Muzis, z"l)

Thursday

Deborah Goldschmidt (Father, Meyer Newfield, z"l)
Michelle Hershman (Father, Meyer Newfield, z"l)

Friday

Lili Goldberg (Brother, Shimon Gordon, z"l)
Ira Riklis (Father, Meshulam Riklis, z"l)
Margery Rubin (Mother, Annette Finkel, z"l)
Beth Yudin (Mother, Janice Perles Adelson, z"l)

HAPPY BIRTHDAY

Michelle Bloom	Jonah Hornblass
Tehila Cohen	Charles Kaplan
Adi Cooper	Gabriel Kestenbaum
Mark Cooper	Rosalie Kleinhaus
Erica Elias Dahan	Jody Levine
Cailey Erber	Nathan Moche
Alison Esses	Renee Palmer
Sam Farber	Elliot Rose
Joan Felder	Gaelyn Rosenberg
Morrie Fridman	Carla Schein
Jonathan Heller	Terry Steinberg



ANNIVERSARIES

Rachel & Barry Cooper

Refuah Shleimah

Please include the following individuals in your prayers:

Mimi Bernstein, Miriam bat Luba
Ann Frenkel, Chana Chaya bat Golda Malka
Miles Garnett, Menashe ben Menachem
Steve Hammerman, Shimon Yehuda ben Chana Feiga
Nechi Klimnick, Chaya Necha bat Riva Leah
David Liberman, David Nachum ben Chana
Renee Palmer, Rachel bat Chava
Larry Palmer, Eliezer ben Mina
Joe Packin, Yosef ben Alexandra
Aliyah bat Aisha
Aliza bat Rachel
Batya Malka bat Peril Chaya
Berel Yisrael Ha-Kohein ben Chaya Teiby
Bleemah Penina bat Leah
Chana Rochel bat Aviva Rochel
Itga Fega bat Raizel
Miriam Gittel bat Sarah
Mordechai Yehoshua ben Rivka Leah
Mottel ben Feiga
Reindel Miriam bat Breindel
Mordechai Yehudah ben Bella Rivka
Maliah Rachel bat Yocheved

JCAB Weekly Classes: **See JCABshul.org for details**

MONDAY

"Navigating with Joy" with Ricky Magder, 7:30 pm.

TUESDAY

"Ripped from the Headlines" with Rabbi Weinstock, 9:00 am.

WEDNESDAY

Mishnah Berurah Laws of Prayer with Rabbi Weinstock after Shacharit.

"The Siddur Shiur" with Rabbi Willig via WhatsApp.

Women's Yoga Class, 9:15-10:15 am.

Thursday

"Ramer Family Shiur" with Rabbi Lefkowitz, 8:00 pm.

See JCABshul.org for Rabbi Weinstock's shiurim online.