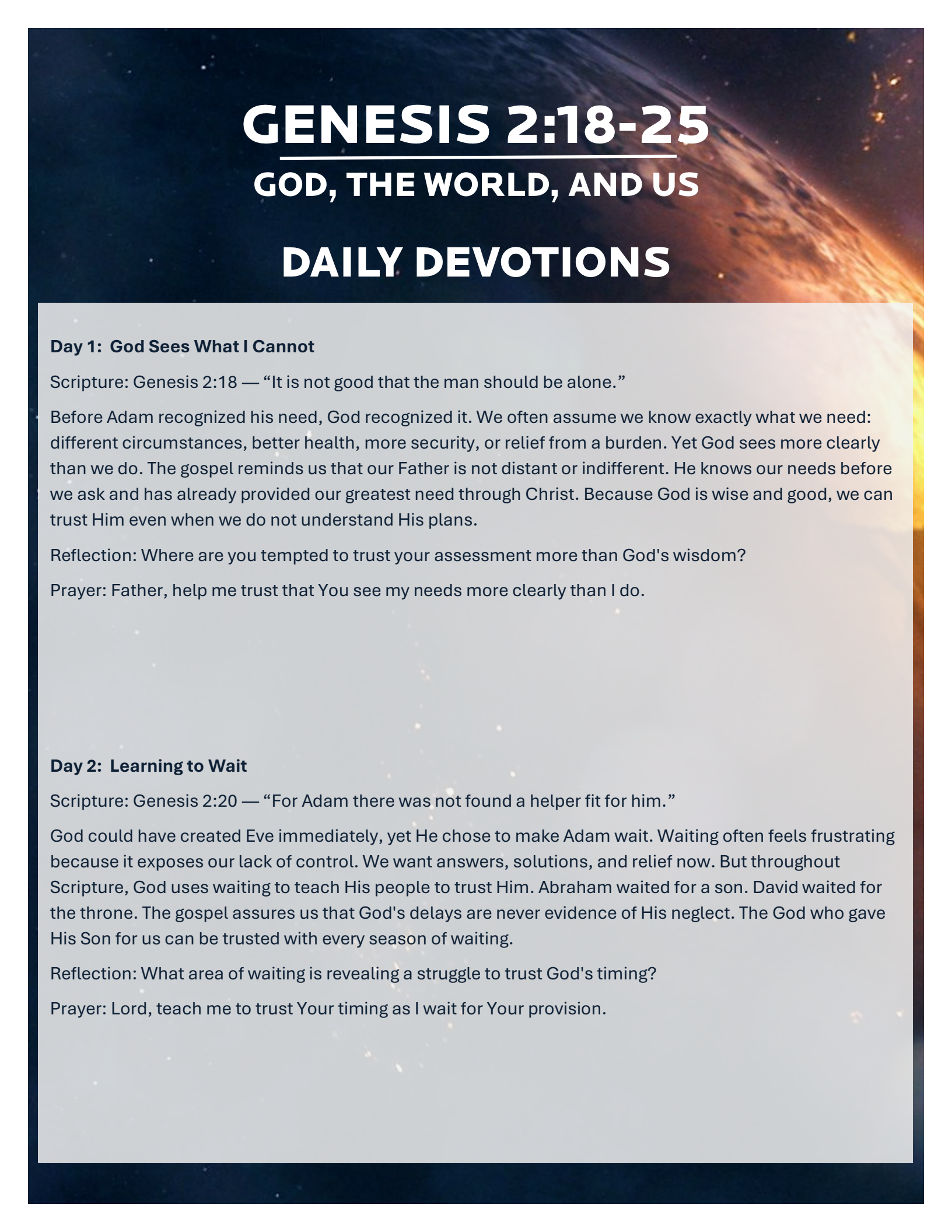




GENESIS 2:18-25

GOD, THE WORLD, AND US

DAILY DEVOTIONS

Day 1: God Sees What I Cannot

Scripture: Genesis 2:18 — “It is not good that the man should be alone.”

Before Adam recognized his need, God recognized it. We often assume we know exactly what we need: different circumstances, better health, more security, or relief from a burden. Yet God sees more clearly than we do. The gospel reminds us that our Father is not distant or indifferent. He knows our needs before we ask and has already provided our greatest need through Christ. Because God is wise and good, we can trust Him even when we do not understand His plans.

Reflection: Where are you tempted to trust your assessment more than God's wisdom?

Prayer: Father, help me trust that You see my needs more clearly than I do.

Day 2: Learning to Wait

Scripture: Genesis 2:20 — “For Adam there was not found a helper fit for him.”

God could have created Eve immediately, yet He chose to make Adam wait. Waiting often feels frustrating because it exposes our lack of control. We want answers, solutions, and relief now. But throughout Scripture, God uses waiting to teach His people to trust Him. Abraham waited for a son. David waited for the throne. The gospel assures us that God's delays are never evidence of His neglect. The God who gave His Son for us can be trusted with every season of waiting.

Reflection: What area of waiting is revealing a struggle to trust God's timing?

Prayer: Lord, teach me to trust Your timing as I wait for Your provision.

Day 3: Created to Depend

Scripture: Genesis 2:18 — “I will make him a helper fit for him.”

Genesis reminds us that needing help is not a weakness; it is part of being human. God created Adam with needs and provided what was lacking. Our culture celebrates self-sufficiency, but Scripture teaches dependence. We are creatures, not creators. The gospel frees us from pretending we have everything together. Christ came for people who need help, not people who think they can save themselves. When we acknowledge our need, we discover the kindness of a God who delights to provide for His children.

Reflection: What need are you tempted to hide rather than bring honestly to God?

Prayer: Father, give me humility to depend on You and receive Your help.

Day 4: More Than a Role

Scripture: Genesis 1:27; 2:7, 22

Before Adam was a husband, he belonged to God. Before Eve was a wife, she belonged to God. The same is true for us. We often define ourselves by our roles: parent, spouse, employee, student, retiree, leader. Those callings are gifts, but they cannot bear the weight of our identity. Through Christ, God restores us to Himself and calls us His children. Because our identity rests in Him, we are free to serve faithfully without making our roles our savior. The gift must never replace the Giver.

Reflection: Which role in your life is most tempting to turn into your identity?

Prayer: Lord Jesus, help me find my deepest identity in belonging to You.

Day 5: The True and Better Helper

Scripture: Psalm 121:1–2 — “My help comes from the LORD.”

Every human helper has limits. Friends fail. Families disappoint. Leaders fall short. Even the best relationships cannot forgive sin, change hearts, or reconcile us to God. That is why Christ came. He entered our weakness, carried our burden, and accomplished what we never could. The deepest problem in our lives is not merely loneliness but helplessness. The good news of the gospel is that God has provided the help we need most in Jesus Christ. We are free to receive every other gift without asking it to be our savior.

Reflection: Where are you looking to someone or something to do what only Christ can do?

Prayer: Jesus, thank You for being the Helper and Savior I need most.