

FREE

Breakfast & Lunch Meals

During The Summer

June 3-27
&
July 22-25
Monday - Thursday



FREE Breakfast & Lunch Meals for ALL children 18 and younger

This is open to any child in the community!

You don't have to be a Northwest ISD student to take advantage of the FREE Meals.

Location: Seven Hills Elementary School, 654 FM 3433, Newark, TX 76071

**Seven Hills ES is the only school that meets USDA guidelines for summer feeding.*

Dates: Monday – Thursday, June 3rd - 27th
Monday – Thursday, July 22nd - 25th

Times: 7:30- 8:00 AM for breakfast, 11 AM - 1 PM for lunch

- » The meal has to be eaten at Seven Hills ES, no food is allowed outside the cafeteria.
- » Adults must have valid ID to enter Seven Hills Elementary School.
- » Adults must check in at the front office.
- » Adults can not eat off the child's tray.
- » Adults may purchase meals: \$2.00 for breakfast & \$3.75 for lunch.
- » We accept cash, check or online payments.

More information is available at
www.nisdtx.org/foodservice and click on
"Free Summer Meals."



ACE DAY THURSDAYS!

On Thursdays, we will give away Ace prizes to every child who eats a Breakfast Combo Meal. *While supplies last.*



NISD Food Service

1800 Highway 114 | Justin, Texas 76247 | 817-215-0007

 facebook.com/AramarkNISD

 www.instagram.com/northwest_aremark

 www.nisdtx.org/foodservice

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 800-795-3272 (voice) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.

3 **BREAKFAST**
 1. Tony's Breakfast Pizza
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hamburger or Cheeseburger
 2. SunButter & Jelly Sand.

4 **BREAKFAST**
 1. Pancake on a Stick
 2. Cereal & Toast

LUNCH
 1. Crispy Chicken Sand.
 2. Turkey & Cheese Sand.

5 **BREAKFAST**
 1. Vanilla Glazed Donut
 2. Cereal & Toast

LUNCH
 1. Pizza Sticks
 2. SunButter & Jelly Sand.

6 **BREAKFAST**
 1. Sausage Biscuit Sand.
 2. Cereal & Toast

LUNCH
 1. Chicken Corn Dog
 2. Ham & Cheese Sand.

10 **BREAKFAST**
 1. Pancakes
 2. Cereal & Toast

LUNCH
 1. Boneless Chicken Wings
 2. SunButter & Jelly Sand.

11 **BREAKFAST**
 1. Chicken Biscuit
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hot Dog
 2. Turkey & Cheese Sand.

12 **BREAKFAST**
 1. Cinnamon & Sugar Donut
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hamburger or Cheeseburger
 2. SunButter & Jelly Sand.

13 **BREAKFAST**
 1. Waffles
 2. Cereal & Toast

LUNCH
 1. Grilled Cheese
 2. Ham & Cheese Sand.

17 **BREAKFAST**
 1. Tony's Breakfast Pizza
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hamburger or Cheeseburger
 2. SunButter & Jelly Sand.

18 **BREAKFAST**
 1. Pancake on a Stick
 2. Cereal & Toast

LUNCH
 1. Crispy Chicken Sand.
 2. Turkey & Cheese Sand.

19 **BREAKFAST**
 1. Vanilla Glazed Donut
 2. Cereal & Toast

LUNCH
 1. Pizza Sticks
 2. SunButter & Jelly Sand.

20 **BREAKFAST**
 1. Sausage Biscuit Sand.
 2. Cereal & Toast

LUNCH
 1. Chicken Corn Dog
 2. Ham & Cheese Sand.

24 **BREAKFAST**
 1. Pancakes
 2. Cereal & Toast

LUNCH
 1. Boneless Chicken Wings
 2. SunButter & Jelly Sand.

25 **BREAKFAST**
 1. Chicken Biscuit
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hot Dog
 2. Turkey & Cheese Sand.

26 **BREAKFAST**
 1. Cinnamon & Sugar Donut
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hamburger or Cheeseburger
 2. SunButter & Jelly Sand.

27 **BREAKFAST**
 1. Waffles
 2. Cereal & Toast

LUNCH
 1. Grilled Cheese
 2. Ham & Cheese Sand.

22 **BREAKFAST**
 1. Tony's Breakfast Pizza
 2. Cereal & Toast

LUNCH
 1. 100% Beef Hamburger or Cheeseburger
 2. SunButter & Jelly Sand.

23 **BREAKFAST**
 1. Pancake on a Stick
 2. Cereal & Toast

LUNCH
 1. Crispy Chicken Sand.
 2. Turkey & Cheese Sand.

24 **BREAKFAST**
 1. Vanilla Glazed Donut
 2. Cereal & Toast

LUNCH
 1. Pizza Sticks
 2. SunButter & Jelly Sand.

25 **BREAKFAST**
 1. Sausage Biscuit Sand.
 2. Cereal & Toast

LUNCH
 1. Chicken Corn Dog
 2. Ham & Cheese Sand.

Summer Breakfast Combo Meal: MUST take 3 items & 1
 MUST be a fruit or fruit juice. May choose 1 entree, 1 juice, 1 milk
 & 1 of each fruit. All children get 1 free breakfast per day, but
 may purchase additional meals for the adult price.

Children 18 & under: \$0, Adult Meal: \$2.00

Summer Lunch Combo Meal: Must choose 3 of the 5 food components (food components: fruit, veggie, grain, meat/meat alternative & daily/milk). A fruit, juice or veggie must be taken. May only choose 1 entree. May choose up to 6 different items. All children get 1 free lunch per day, but may purchase additional meals for the adult price.

Children 18 & under: \$0, Adult Meal: \$3.75