

Food For Thought



Your newsletter from Aramark Student Nutrition

October 2025

Students: We Want Your Feedback!

NISD students, your feedback is valuable and will help us improve the food service program at your school. By participating in our survey, you'll help us build a dining program that meets the needs of all students and is enjoyable for everyone.

Parents, you can support your younger students by encouraging them to complete the survey and helping them if needed. Your involvement ensures that every student's voice is heard!

**STUDENT
viewPOINT**



[Northwest ISD Student ViewPOINT Survey](#)

No more guessing what's for lunch!

See your school's menu in seconds.
Download the Nutrislice app today or
visit nisdtx.nutrislice.com.



PepsiCo K-12 Snacks Now Dye-Free

By Fall 2025, all PepsiCo Foodservice K-12 products will be free of synthetic dyes.

Look for the "No Colors from Artificial Sources" label on packaging - an easy way to know your child's snacks are made with healthier ingredients.

We're excited to continue offering students the same products they know and love, now with a healthier formula that parents can feel good about.





October's Limited-Time Offer!

October is here, and so is our hearty, fall-inspired Limited Time Offer—Smoked Sausage & Cheesy Potato Soup! This warm and savory dish blends smoky sausage and creamy cheese into a comforting bowl that's full of cozy, autumn flavors. Inspired by the tastes of Oktoberfest, it's a delicious way to celebrate the season.

Available for a limited time:

- Middle & High Schools: **October 20-24**
- Elementary Schools: **October 23**

Try it before it's gone!

National School Lunch Week — October 13-17th

Next week, we're celebrating National School Lunch Week at our elementary schools!

This year's theme, "Taste the World," takes students on a fun journey exploring flavors from different countries—celebrating culture, trying new foods, and enjoying the nutritious meals that fuel them every day.



NEW! Breakfast, But Bigger

Middle school students, get ready for a breakfast upgrade! Our cereal cups are getting larger – now a full 2 ounces with two grain servings, giving you more to start your day.

More cereal, more energy, more deliciousness! Perfect for on-the-go breakfast.

Note: These larger cereal cups will not be offered as a "Pick 2" item but will be available as a breakfast entrée. One cereal cup, a milk or juice, and a side of fruit will be a complete breakfast meal.