



# Transition Into Adolescence...

You are invited to a Practical Parent Workshop!

Come chat with us about what our children experience as they transition to being a teenager.

WHEN: 7:00PM on Thursday, August 22, 2019

Leo Adams Middle School (in the cafeteria)

WHO: Anyone in NISD may attend

Objectives ◈ Understand the normal developmental changes of adolescence ◈ Adapt parenting approaches to meet the changing needs of adolescents ◈ Promote the adolescent's ability to develop his/her own identity and age appropriate independence ◈ Distinguish normal, healthy adolescent "separation" from dangerous, unhealthy behaviors

Brought to you by the NISD Family Involvement Program! We look forward to seeing you there!

