



# REST Train-the-Trainer Class

LSS OLDER ADULT SERVICES

REST (Respite Education and Support Tools) is a nationally-recognized, interactive, two-day Train-the Trainer course that prepares those who will train respite care workers in their own communities.

This class is taught by REST-certified trainers, and upon completion you will receive a certificate.

**Participants will:**

- Be prepared to train people in how to provide quality, trustworthy, and meaningful respite for caregivers.
- Be prepared to facilitate a REST volunteer course.
- Learn how to best support adult learning styles.

**The cost to attend the class is \$695 per person** and includes the training kit, materials, certificate, light breakfast, lunch and snacks.

**THE NEXT CLASS WILL BE OFFERED:**

**DATE:**

**TIME:**

**PLACE:**

**Registration is required.**

**Register by:**

**To register, please contact:**

Name:

Phone:

Email: