




2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	Read a Book Day 6	7
All activities are subject to change with little or no notice	Closed for Labor Day	9:00 Tricks w/ Wesson News Flash Wake Up & Move! Java Music Club White Board Bonanza Caregiver Support Group	Chair Chi DayBreak Ringers Game O' Golf 2:00 Michael & Lincoln Yahtzee! Pause and Pamper	News of the Day Sittercise Pictionary 1:30 Gateway Visit Merry Melodies Pattern Tiles	9:30 Cathy & Brandi 10:30 Ralph & His Banjo Farmer's Market 3:00 M&M Visit Reading Hour	AM - Snack Noon - Lunch PM - Snack
8	9	10	11	12	Chocolate Day 13	14
	Current Events Backyard Charades Movin' & Groovin' 11:00 Piano Tunes & Lunch @ Teen Center Balloon Bop	Jazzercise 11:00 Backyard Games & BBQ w/ the Rohmans 1:30 Ruth & Sig Memories in the Making Music Bingo	9:15 Melissa & 1E Java Music Club White Board Magic 2:00 Lovin' on Lincoln Crafter's Corner Card Games	What's in the News? Move It or Lose It Ping Pong Ball Toss 1:00 Hairdos w/ Bo 1:30 Gateway Visit Relaxation	Morning Cup O' Java 9:30 Brandi's Hour 10:30 Banjo Jamboree Chocolate Extravaganza Afternoon Exercises Enjoy the Backyard	
15	Guacamole Day 16	17	Cheeseburger Day 18	Talk Like a Pirate Day 19	20	21
	Poi - Card Game Chair Aerobics 11:00 Piano Tunes & Lunch @ Teen Center Yahtzee! Ring Toss	What's Happening? 9:30 Movie Outing - "African Queen" Music and Movement 1:30 Java Music Club @ LQH	Chair Chi DayBreak Ringers Breaking News 11:30 Backyard BBQ - Cheeseburger Feast 2:00 Michael & Lincoln	Trivia & News Morning Stretches Penny Ante 1:30 Gateway Visit Pirate Movies & Tall Tales	Current Events Wake Up & Move! 9:30 Tricks w/ Brandi 10:30 Banjo Serenade 3:00 Marsha & Maggie Pause and Pamper	
22	23	24	Nat'l Comic Book Day 25	Johnny Appleseed Day 26	Ancestor Appreciation Day 27	28
	DayBreak Derby Sittercise 11:00 Piano Tunes & Lunch @ Teen Center Celebrate the Equinox Beach Ball Toss	9:00 Hairdos w/ Bo Morning Cup O' Java Chair Exercise 11:00 Backyard Games & Pizza w/ the Rohmans Memories in the Making	Chair Chi Java Music Club 11:30 Jennie From the Block 2:00 Lovin' on Lincoln Rootbeer & Bowling	Coffee Clatch Sit & Be Fit 10:00 Swimming @ WAC Scategories 1:30 Gateway Visit Merry Melodies	Read the Paper 9:30 Cathy & Brandi 10:30 Yoga @ The Aspen Bulletin Board Craft 3:00 M&M Visit Name That Tune	
29	STAFF MEETING 30					
	Current Events Bowling w/ Buddies Table Topics 11:00 Piano Tunes & Lunch @ Teen Center 1:00 Cripple Creek Heritage Museum	<p>DayBreak - An Adult Day Program</p> <p>404 N. State Highway 67 Woodland Park, CO 80863 (719) 687-3000 www.daybreakadp.com</p>				