

# How loneliness and social isolation increase dementia risk



Having infrequent interactions with others can produce the emotional pain of feeling lonely. Some people even feel lonely when they are around other people. While everyone enjoys solitude from time to time, feeling chronically lonely can be a risk factor for dementia. Join us with Dr. Susan McFadden for a webinar to review recent research on how loneliness and social isolation are experienced by older people and to describe creative ways local communities are responding to help older adults connect meaningfully and joyfully with others.



Susan H. McFadden PhD, former Professor of Psychology at UW Oshkosh, co-founder of Fox Valley Memory Project (FVMP)

**May 19, 2026**  
**1-2pm CST**

**FREE WEBINAR**

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