



Are you a helping professional or family caregiver providing direct care for an older adult?

Join our CARE U workshop to increase your skills!

Interactive presentations and hands-on activities will cover key topics in older adult care, including:

- Person-Centered Care
- Dementia Care
- Vision
- Maintaining Mobility
- Nutrition
- Pain
- Emergency Preparedness

This one-day training is FREE!

Contact Paula Bizot with Questions

Email: pbizot@wisc.edu

Call: 608-263-5268



Tuesday, 12/9/25



8:30 am - 5:00 pm



Madison College, Truax Campus
Health Education Building

LEARN MORE
& REGISTER

care.nursing.wisc.edu/care-u-for-direct-care-staff





Expand educational opportunities for direct care staff who support older adults by learning to lead local CARE U workshops.

Apply to become a CARE U Trainer!

This train-the-trainer, led by UW-Madison School of Nursing faculty, will prepare you to lead interactive presentations and hands-on activities covering key topics in older adult care:

- Person-Centered Care
- Dementia Care
- Vision
- Maintaining Mobility
- Nutrition
- Pain
- Emergency Preparedness

This two-day training is FREE!

Contact Paula Bizot with Questions

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Call: 608-263-5268



Tuesday, Dec 2 and 9, 2025



8:30 am - 5:00 pm



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The Center for Aging
Research and Education
SCHOOL OF NURSING
UNIVERSITY OF WISCONSIN-MADISON



SOUTH CENTRAL
Wisconsin Area Health Education Center



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