



## **WELCOME TO THE MONTH OF JANUARY**

### **THE HEALTH AWARENESS MONTH**

**IN THE MONTH OF JANUARY CONWAY CLIENTS WILL REJUVENATE AND PARTICIPATE IN WELLNESS AND HEALTH ACTIVITIES THAT SOOTHES THE SOUL AND BRING JOY TO YOUR HEART.**

**IN THE MONTH OF JANUARY CONWAY CLIENTS WILL CELEBRATE DR. MARTIN LUTHER KING BIRTHDAY WITH MUSIC AND SPOKEN WORDS.**

**WE WILL ENGAGE IN PARTNERSHIP WITH FLORIDA ARTS IN THEIR MUSICAL AND ARTISTIC WEEKLY PRESENTAION OF MUSIC , DRAMA, POETRY AND THE ARTS.**

**WE WILL REMINISCE AND ENJOY THE SOUNDS OF THE 40'S THROUGH THE 90'S FROM FRANK SINATRA TO MOTOWN.**

**WE WILL DELIGHT IN NATURE WITH THE TRAVELING MUSEUM, ENJOY THERAPEUTIC MASSAGE W/ THERESA AND TLC WITH PEACE THE DOG.**

**WE WILL ALSO ENJOY SPIRITUAL ENRICHMENT WITH PASTOR TORRES , PASTOR KEVIN AND MS NANCY.**

**THROUGHOUT THE COURSE OF THE MONTH WE AT CONWAY WILL ENJOY ALL FORMS OF MUSIC GENRES, MIND BOOSTER GAMES, DOMINOES, NAME THAT TUNE, BALLOON VOLLEY BALL, SPORTS TALK, SENSORY BOX SCRABBLE, KARAOKE, AND MUSICAL RHYME.**

**WE WILL CELEBRATE MONTHLY BIRTHDAYS AND GIVE THANKS FOR A LIFE WELL LIVED.**

**THAT'S CONWAY AT A GLANCE FOR JANUARY 2020**

## Share the Care Conway

# JANUARY

### Calendar of Special Events

Hymns w/Nancy	Fridays	10 am	1/3, 1/10, 1/17, 1/24, 1/31
CFCA Arts/Music/Drama	Mondays	10 am & 1:30 pm	1/6, 1/13, 1/27
Nature w/Paul/Museum	Tuesday	1 pm	1/7
Foundry Church/ Pastor Kevin Friday		10 am	1/10
Piano w/Mary	Friday	1:00 pm	1/10
Massage Therapy w/Teresa	Tuesday	10 am	1/14
Music Therapy w/Cheryl	Wednesday	10 am	1/15
Spirituality w/Pastor Torres	Wednesdays	1:30 pm	1/15, 1/22, 1/29
Peace Therapy Dog	Tuesday	10 am	1/21



**A**s a 501(3) tax exempt (not-for-profit) organization, generous people often ask if Share the Care would benefit from cash or non-cash donations of any kind. The answer is, "Absolutely!" We depend on the kindness and generosity of individual and corporate donors to help us continue to offer the high-quality services and programs we offer to caregivers and their loved ones month after month and year after year.

In response to these inquiries about donations, each month our Adult Day Care Center Directors compile a "wish list" for their respective center. Here is the Conway list JANUARY 2020

**"WISH LIST"**

**CONSTRUCTION PAPER**

**NAIL POLISH**

**DOMINO SETS**

IF you or someone you know can meet any of the needs above by donating goods or services or by making a cash donation, we could be extraordinarily grateful! Every gift counts no matter what the size and don't forget, your gifts are all tax deductible.

**F**or cash donations, please make your check payable to Share the Care, Inc. You may also donate through our website at: <http://www.helpforcaregivers.org/donate.htm> by clicking on the "PayPal Donate" button. *Thank you in advance for your generous donation!*