

Share the Care-Conway

MARCH 2020 • www.helpforcaregivers.org • (407) 894-4669
1655 Peel Avenue, Orlando, FL 32806

STC Caregiver Support Group



2nd Friday each month
1:30 - 3:00 pm
1524 Formosa Ave.
Winter Park

Complimentary respite
is available at our
College Park Adult Day
Center during the
meeting. RSVP to 407-
423-5311 to attend.



*is a 501(3) not-
for-profit
organization. We
are thankful for
your generous
donations. Please
find below the
center wish list.*

Wish List

- Adult-style coloring books
- Silk Flowers
- Construction Paper
- Vinyl Lunch Placemats

Springing Forward

Welcome to the month of March!

As Spring approaches, our clients have been busy with virtual Flower Pot Planting, a sensory activity that involves textures, works fine motor skills, creates a sense of accomplishment and all without any dirty hands or clean up.

This month clients will enjoy several springtime arts & crafts projects including making yarn pom poms, painting, making colorful stress balls and stenciling. We will celebrate St. Patrick's Day, spring our clocks forward and enjoy a visit from Peace, the Therapy Dog.



Paul the Traveling Museum joins us this month to discuss Famous People. Every Wednesday we will enjoy singing and a bilingual inspirational message by Pastor Torres. Central Florida Arts will visit each Monday for interactive art, drama, story and music programs.

WHAT'S HAPPENING THIS MONTH

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| • Massage with Teresa | 3/10 | 10 am |
| • Early St. Patrick's Day Fun With Sorority Sisters | 3/11 | 11 am |
| • Piano with Mary | 3/13 | 1 pm |
| • Music Therapy with Cheryl | 3/18 | 10:30 am |
| • Peace the Therapy Dog | 3/24 | 1 pm |
| • Paul the Traveling Museum | 3/26 | 1 pm |
| • Central Florida Arts | Monday s | 10 am & 1:30 pm |
| • Pastor Torres | Wednesdays | 1:30 pm |

Please make sure to check out the full calendar available on our website

www.helpforcaregivers.org

Center Director: Yvonne Miller, MSW and Assistant Director: Sabrina Case, RN