



**VIRTUE=STRENGTH.**  
SPORTSLEADER



# JUSTICE

The virtue of Justice is the strength that consists in the constant and firm will to give God and neighbor their due.



**OPENING PRAYER**

**PRAYER TO ST. JOSEPH**

O Saint Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires.

O Saint Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord, So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most Loving of Fathers.

O Saint Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while He reposes near your heart. Press Him in my name and kiss his fine head for me and ask him to return the Kiss when I draw my dying breath.

Saint Joseph, Patron of departed souls – pray for us.







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**JUSTICE**

## BENEFITS

### **Justice enables us to:**

Always put God first in everything we think, say and do.

Treat others with respect knowing they are children of God.

Obey those with lawful authority.



A detailed stained glass artwork depicting St. Joseph and the Christ Child. St. Joseph, with a long brown beard and hair, is shown in profile, looking towards the right. He wears a blue robe with a white collar. The Christ Child, with curly brown hair and a halo, is seated in front of him, wearing a pink robe with a gold cross on the chest. The background features a colorful stained glass pattern with blue, red, and yellow sections. A white lily is visible on the left side.

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## MONTHLY NOVENA

MARCH 10-18

The Church dedicates the month of March to St. Joseph

**Monthly Intention: Let us pray that we may grow in the virtue of justice, always giving God and our neighbor their rightful due.**

### PRAYER TO ST. JOSEPH

Saint Joseph, you are the faithful protector and intercessor of all who love and venerate you. You know that I have confidence in you and that, after Jesus and Mary, I come to you as an example for holiness, for you are especially close with God. Therefore, I humbly commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death.

Glorious Saint Joseph, spouse of the Immaculate Virgin, pray for me to have a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore: (Mention your request)

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. St. Joseph Most Just, Pray for us!  
Amen.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.



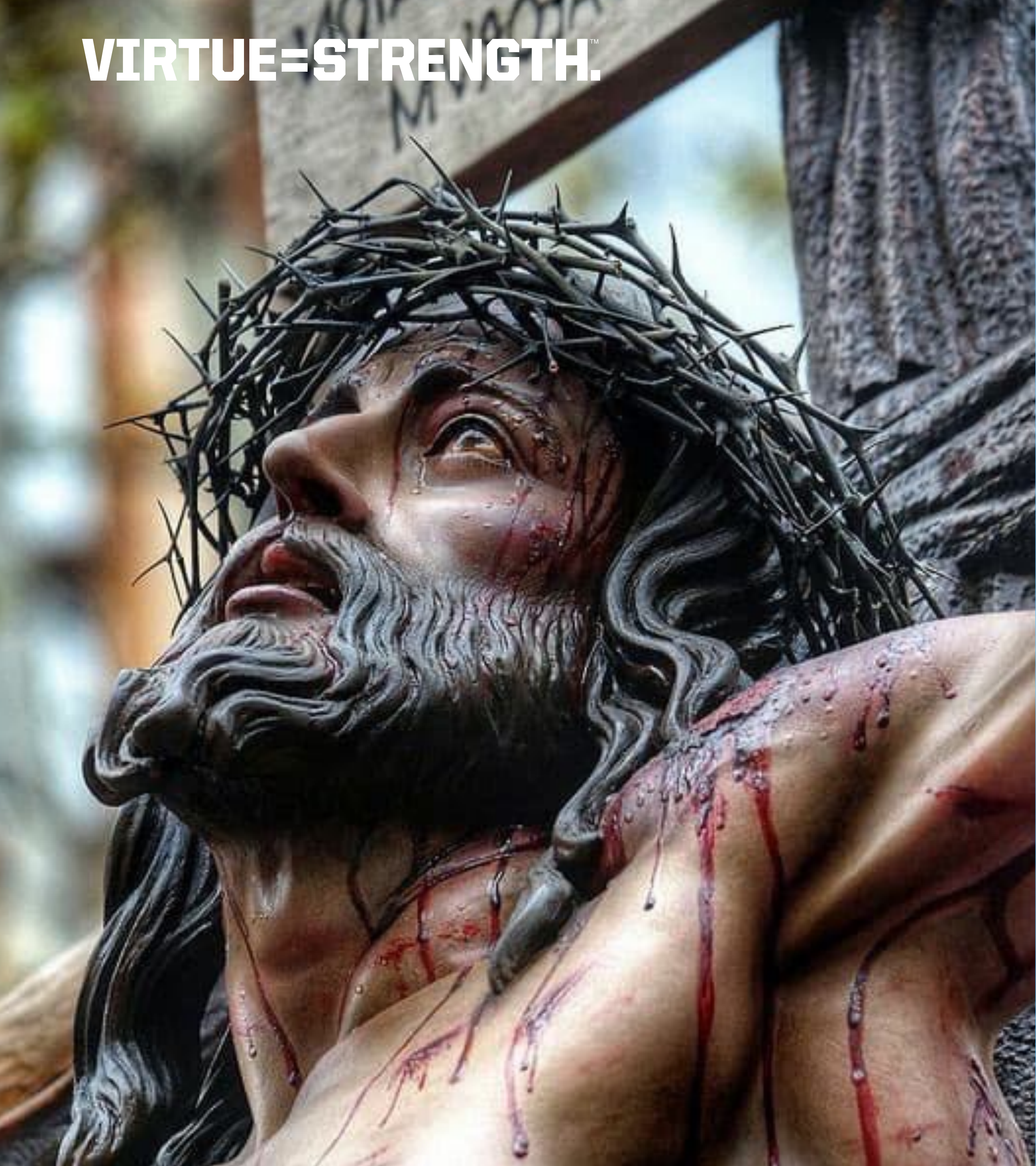
**CLICK HERE FOR THE STATIONS  
OF THE CROSS WORKOUT**

**This ceremony is to help the students learn the virtue of  
JUSTICE and understand  
how much our Lord physically suffered for us  
in his Passion and Death.**

**It is JUST for us to give God his due and the more we  
understand and experience what He did for us, the more we  
can live the virtue of JUSTICE.**

**During a Physical Education class or a special moment set  
aside for this, go through the workout, having different  
students read the reflections and uniting  
their fatigue and effort to Jesus.**

**If doing the Stations of the Cross Workout is not possible,  
praying the traditional Stations of the Cross is an excellent  
ceremony as well.**





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JUSTICE

# CHALLENGE

Let's put our **JUSTICE** into action!





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## CHALLENGE

Visit a Catholic church, maybe your parish, with your family and pray the Stations of the Cross.

[Click here for the prayers.](#)

As early as the 4th century, Christian pilgrims to the Holy Land would walk the route that Our Lord walked as He made His way to Golgotha for our salvation.

Christians would later replicate the sites back home in Europe, and there developed the "Stations of the Cross" devotion (also known as "Way of the Cross," "Via Dolorosa," or "Via Crucis").

The devotion consists of meditating on 14 events – that number being fixed in 1731 by Pope Clement XII – which took place during Christ's Passion, from His being condemned to His burial.

Franciscans popularized the devotion, which was originally made outside, often along roads to shrines or churches. The Way of the Cross can still be made outside, of course – a perfect idea for a Mary Garden – but is usually made inside nowadays, especially during the Season of Lent and most especially on Good Friday.

If you enter a Catholic Church and look along the walls of the nave (where the parishioners sit), you should see 14 representations on the walls which depict 14 events of Christ's Passion that have been singled out for contemplation.



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## RESOLUTION

Make a special effort this LENT to FAST from something that you really like. And remember not to eat meat on Fridays.

## FAMILY RESOLUTION

Visit a Catholic church, maybe your parish, as a family and pray the Stations of the Cross.

JUSTICE





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## SOFTBALL SPORTSMANSHIP & JUSTICE VIDEO

After hitting the game winning home run, Sara Tucholsky's knee gave out rendering her unable to round the bases.

The opposing team stepped up and did something amazing.





Josephine Nobisso  
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# THE WEIGHT OF A MASS

A Tale of Faith

Illustrated by  
Katalin Szegedi

Gingerbread House  
Westhampton Beach, New York



JUSTICE

READ ALOUD BOOK VIDEO

## THE WEIGHT OF A MASS

By Josephine Nobisso

When a poor devout widow begs for a scrap of bread from a rich faithless baker, she promises to participate in the king's wedding mass as payment for the baker's generosity.

The baker writes "One Mass" on a scrap of paper and places it on his scale to determine how much bread it is worth. To his and the entire town's surprise, nothing in the shop, not even the gigantic wedding cakes made for the king, outweighs the simple piece of paper representing the true worth of a mass.





## SACRED MUSIC VIDEO

Judas, Mercator Pessimus

One of Tomás Luis de Victoria's haunting Tenebrae responsories,  
sung by members of the Schola of Wyoming Catholic College.

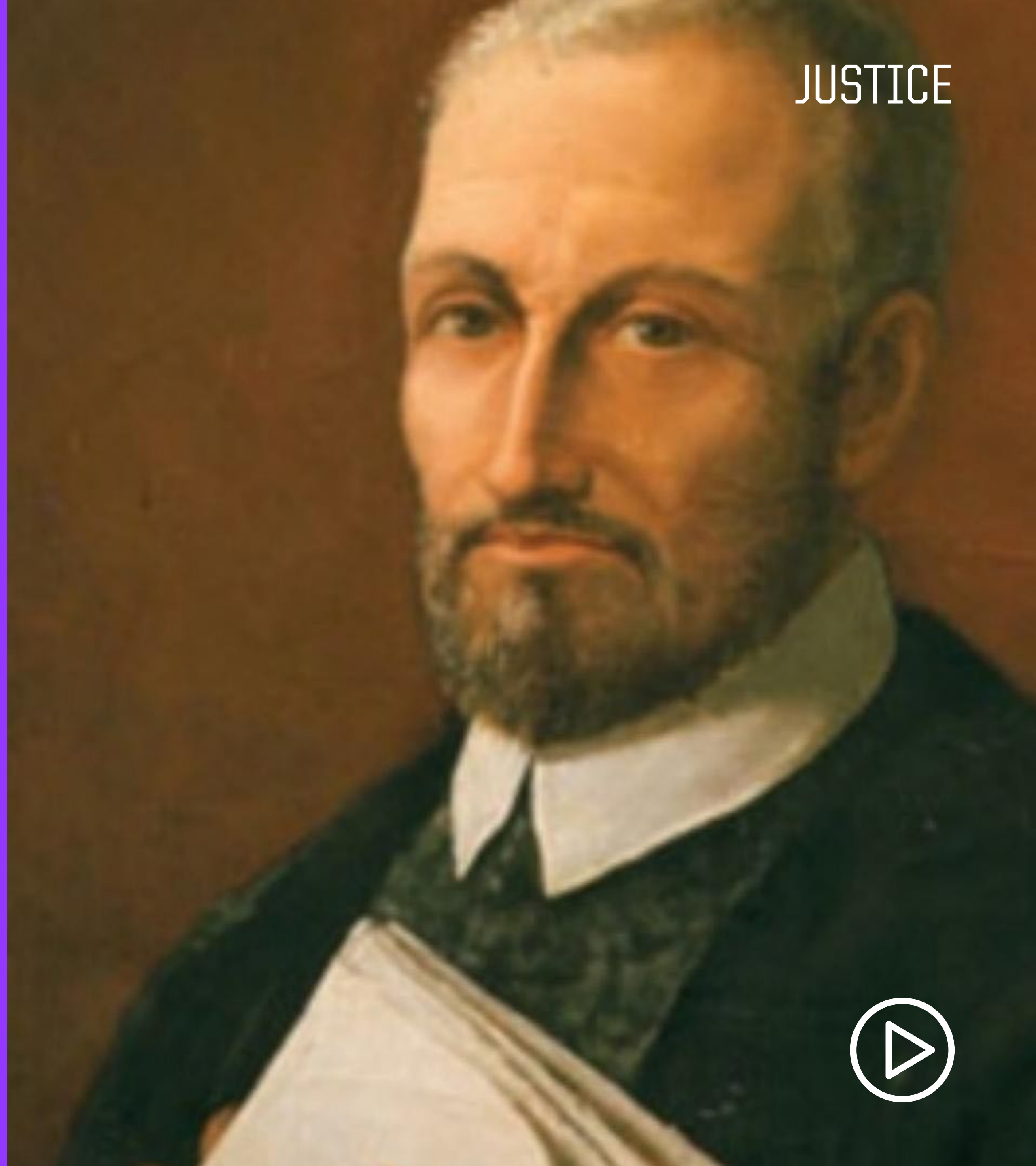
A song about the greatest injustice of all time:  
The betrayal of Judas Iscariot.

### TEXT

Judas, mercator pessimus, osculo petiit Dominum.  
Ille, ut agnus innocens, non negavit Judae osculum.  
Denariorum numero Christum Judaeis tradidit.  
Melius illi erat, si natus non fuisset.

### TRANSLATION

Judas, the most wicked merchant, asked to kiss the Lord.  
And He, like an innocent lamb, did not reject the kiss of Judas.  
For a number of coins he delivered Christ to the Jews.  
It would have been better for him had he never been born.





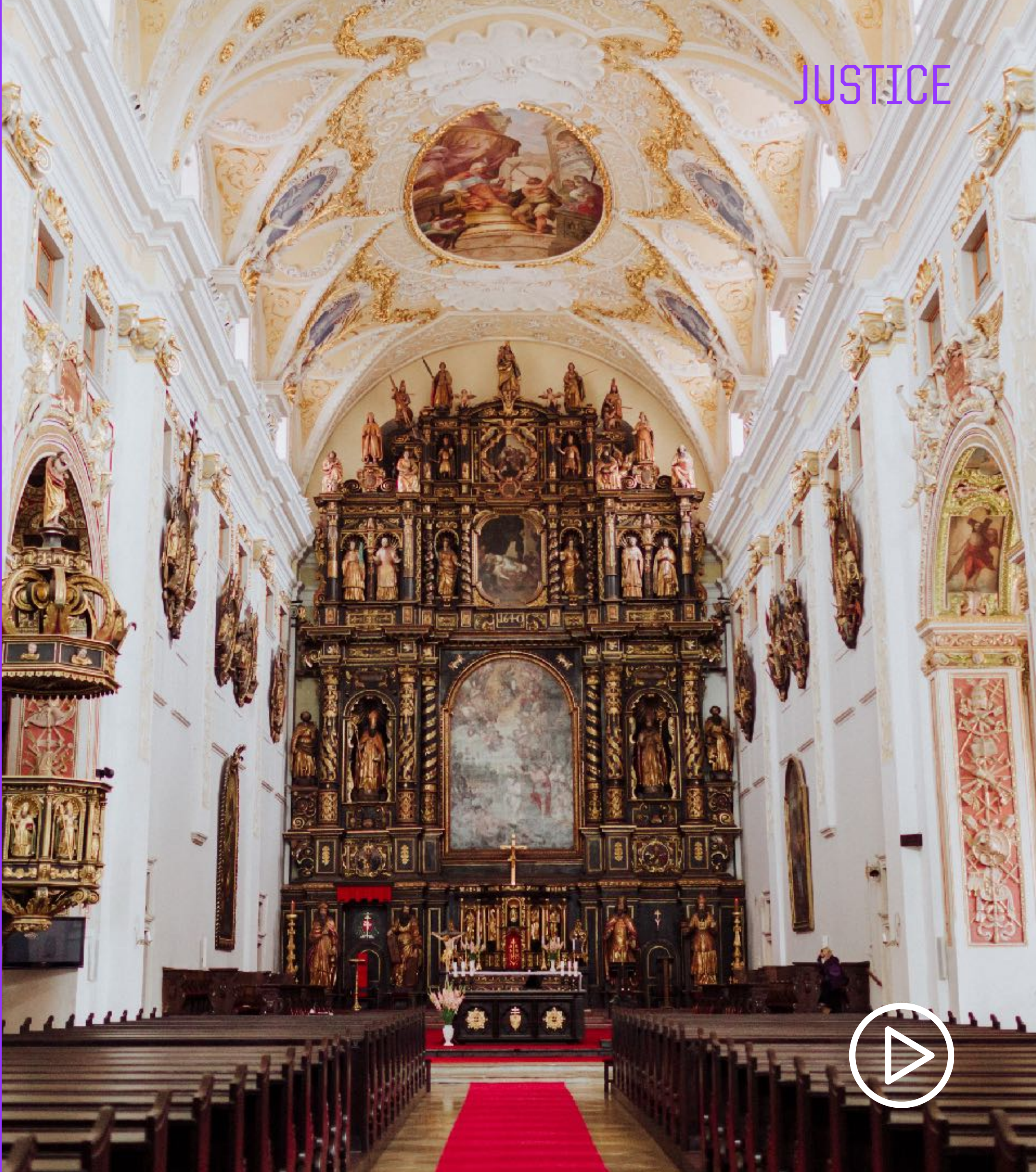
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VIRTUE SONG VIDEO

Benedictus Deus By Mark McKenzie & Libera

Benedictus Deus!	Blessed be God!
Benedictum Nomen Sanctum eius!	Blessed be His Holy Name!
Benedictus Iesus Christus, verus Deus et verus homo!	Blessed be Jesus Christ, true God and true man!
Nomen Sanctum eius!	His holy name!
Benedictus Deus!	Blessed be God!
Benedictus Deus!	Blessed be God!
Benedictum Nomen Iesus!	Blessed be the name of Jesus!
Benedictus Sanctus Iesus!	Blessed be the Holy Jesus!
Benedictus Deus!	Blessed be God!
Benedictum Nomen Sanctum!	Blessed be the Holy Name!
Benedictus Iesus Christus!	Blessed be Jesus Christ!
Benedictum Cor eius sacratissimum!	Blessed be his most sacred heart!
Gloria, Gloria, Gloria in excelsis Deo!	Glory, Glory, Glory to God in the highest!
Amen!	Amen!

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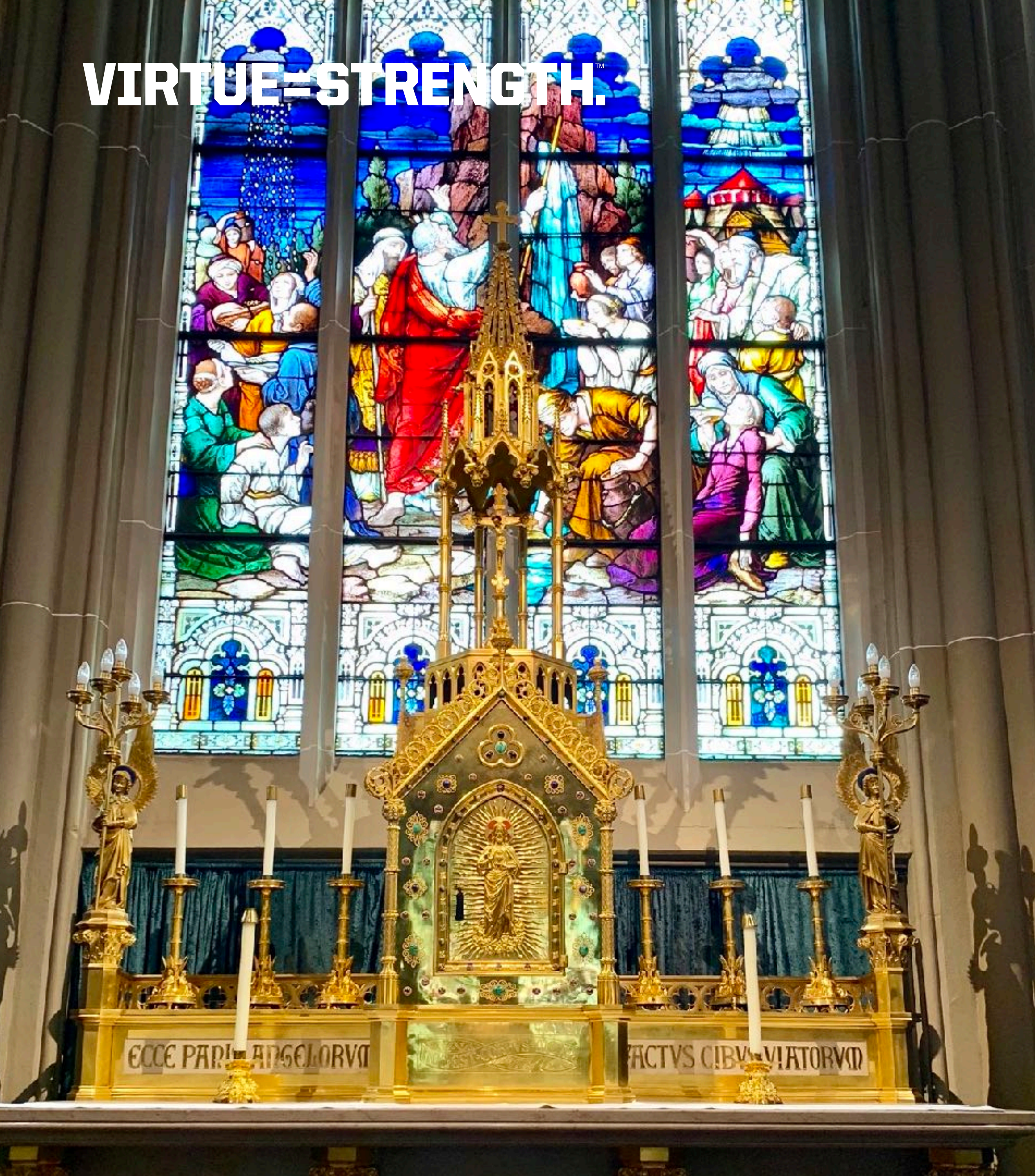
**JUSTICE**

*“He loves, He hopes, He waits.*

*If He came down on our altars on certain days  
only, some sinner, on being moved to repentance,  
might have to look for Him, and not finding Him,  
might have to wait.*

*Our Lord prefers to wait Himself for the sinner for  
years rather than keep him waiting one instant.”*

*- St. Julian Peter Eymard*





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*“Give something, however small,  
to the one in need.*

*For it is not small to one who has nothing.*

*Neither is it small to God,  
if we have given what we could.”*

*- St. Gregory Nazianzen*



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VICE

# INJUSTICE

THE WEAKNESS TO NOT GIVE GOD AND NEIGHBOR THEIR DUE.



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## EXAMPLES OF NOT GIVING GOD HIS DUE

Making something so important to you that it becomes an idol.

Taking our Lord's name in vain.

Not going to Mass on Sunday.

Failing to thank God for His many gifts and blessings.

Not genuflecting before the Most Blessed Sacrament when we enter a church.

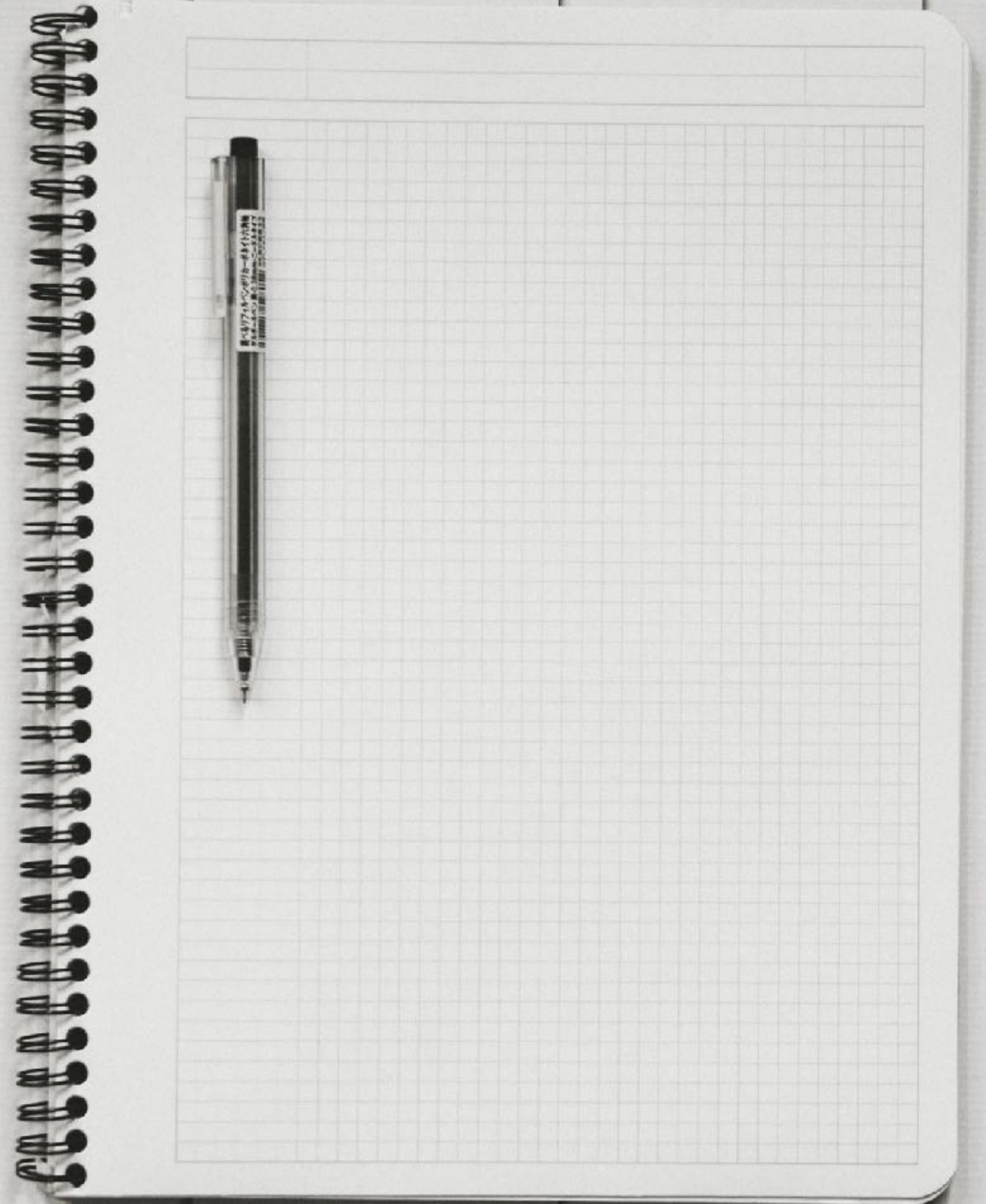




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## WEEKLY STRENGTHS

- ✓ DEVOTION
- ✓ DILIGENCE
- ✓ GENEROSITY







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1974 - A Douglass Blvd. Louisville, KY 40205

[info@SportsLeader.org](mailto:info@SportsLeader.org)