



## OUR ACCOMPLICE GUIDE

At **For the Breast of Us**, we exist to build community among and elevate the narratives of women of color affected by breast cancer, but no community can thrive without accomplices. While an ally is someone who stands by your side, an accomplice actively participates in the fight. We invite those who do not identify as women of color to be a #BreastCancerBaddie accomplice in our fight against the barriers to quality treatment for women of color and the health disparities they create.

### FOLLOW

- We encourage you to attend events, meetings and other activities where, women of color are leading discussions that impact communities of color and our society at large. Listen and ask questions.
- If you are looking to create a conversation about an issue or issues that have an impact on communities of color, we encourage you to bring women of color to the table and invite them to take lead in those conversations.

### PARTICIPATE

- We encourage you to engage in our community so you can support our mission and collectively work together to break down barriers to quality treatment for women of color.
- We encourage you to take what you learn and share with your own friends, family and community members. Invite them to engage with our community as well.
- We encourage you to volunteer and lend your services and expertise to further the work of organizations and businesses supporting WOC affected by breast cancer.

### AMPLIFY

- We encourage you to take the voices of women of color in our group into consideration, particularly when organizing your own activities in your respective groups and communities. We would love to attend and participate in your community discussions to add another perspective so we can learn from one another.
- We encourage you to support and promote the businesses and organizations created by and/or for women of color affected by breast cancer. Often women of color don't have access to the same resources as our counterparts.

### EMPOWER

- We encourage you to inform women of color of available leadership, advocacy and volunteer positions in the cancer community.
- We encourage you to connect your networks to the work women of color are advancing in the breast cancer community and vice-versa.

\*A special thank you to Women of Color for Progress for providing the framework for this guide.

### THE DO'S

- Do stand up for a woman of color who is being discriminated against.
- Do call someone out for telling a sexist and/or racially insensitive joke.
- Do examine your own prejudices.
- Do continue to listen and learn.

### THE DON'TS

- Don't be afraid of the word "privilege."
- Don't wait for people/communities/organizations to reach out to you out of the blue.
- Don't retreat into your privilege and abandon the work if you feel uncomfortable.
- Don't walk away if you make a mistake.
- Don't think that you know everything about another community or issue or talk more than the women you are standing in solidarity with.

Founded in 2019 by Jasmine Souers and Marissa Thomas, For the Breast of Us is the first website dedicated to sharing stories of all women of color affected by breast cancer and their co-survivors. Our mission is to uplift women of color affected by breast cancer by sharing stories that educate, inspire and connect. To help close the health disparity gap, For the Breast of Us offers resources, tools and support through storytelling to help women of color overcome the barriers to quality treatment and long-term survivorship.

To learn more about For the Breast of Us, visit [breastofus.com](http://breastofus.com).