

# SAVE A LIFE



## Mission

To teach and train EVERYONE the basic life support skills to help **SAVE A LIFE**

## Hands-on Training

### What You Will Learn

- Adult Chain of Survival
- Basic Life Support for Adults
- Pediatric Chain of Survival
- Basic Life Support for Children and Infants
- Automated External Defibrillator (AED) Usage

Scheduling now open for convenient onsite training. Text book, equipment, supplies, and CPR card included.

**Tougaloo College**

**Discounted Rate: \$50/person**

## On-site Registration

RSVP to Dr. Dana West

601-977-6179

dwest@tougaloo.edu



## BASIC LIFE SUPPORT (BLS) AND ACUTE CARE LIFE SUPPORT (ACLS) TRAINING CERTIFICATION

**Thursday, November 7 3:00 p.m.—5:30 p.m.**

**Friday, November 8 3:00 p.m.—5:30 p.m.**

**Woodworth Chapel Conference Room**

The American Heart Association suggests that failure to act in a cardiac emergency can lead to unnecessary deaths. Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival but only 32% of cardiac arrest victims get CPR from a bystander.

Instructor, Dr. Javis Knott, is a member of the American Heart Association and a certified instructor for Acute Care Life Support (ACLS) and Basic Life Support (BLS). Dr. Knott received a B.S. degree in Biology from Jackson State University, a B.S. in Cardiopulmonary Science from Florida A&M University, an M.A. in Health Education, and Doctorate in Executive Higher Education from Jackson State University. He is also a licensed Registered Respiratory Therapist with over 20 years experience.

Teaching everyone the life-saving skills of cardiopulmonary resuscitation (CPR) achieves our mission to increase the survival rates for those in and around the community who may suffer a cardiac arrest event.

**The life you save with CPR  
is most likely to be that of a loved one.**

### Who can you save?

- Four out of five cardiac arrests happen at home
- Statistically speaking, if called on to administer CPR in an emergency, the life you save is likely to be someone at home: a child, a spouse, a parent or a friend
- African-Americans are almost twice as likely as Caucasians to experience cardiac arrest at home, work or in another public location, and their survival rates are twice as poor as for Caucasians

### Why take action?

- Failure to act in a cardiac emergency can lead to unnecessary deaths
- Effective bystander CPR provided immediately after sudden cardiac arrest can double or triple a victim's chance of survival, but only 32% of cardiac arrest victims get CPR from a bystander
- Sadly, less than 8% percent of people who suffer cardiac arrest outside the hospital survive
- When you're trained in CPR, you're equipped with the skills needed to perform bystander CPR and help save a life

Certified Licensed Instructor for BLS and ACLS: Dr. Javis Knott