



St. Patrick Behavioral Health Interfaith Conference

Thursday, May 11, 2017
Register by May 1

Connecting Our Community: Increasing Awareness and Sharing Behavioral Health Resources

8:15 a.m.—8:45 a.m. Registration, Resource Fair and Continental Breakfast
8:45 a.m.—3:30 p.m. Conference Program, lunch included

CONFERENCE DESCRIPTION:

Join together with individuals from faith, healthcare and behavioral health communities, including the community-at-large who have an interest in how to help those with behavioral health needs. The conference will raise awareness of behavioral health issues; provide behavioral health knowledge and resources while building relationships among other conference attendees.

- ◆ **3 Breakout Sessions** with Behavioral Health Professionals and Interfaith Community Leaders (15 presenters)
- ◆ **Keynote Speakers:**
Chip Coffey, Director of Behavioral Health Integration at Quail Run in Phoenix, AZ and **Michael Shafer**, founding director of the Center for Applied Behavioral Health Policy at ASU.
- ◆ In lieu of a **registration fee**, we request donations of non-perishable canned goods, toiletries and hygiene supplies as well as backpacks and 1" or 2" binders for the City of Scottsdale Back to School Drive and Food Bank.

REGISTER at goo.gl/CLgMmV

***St. Patrick Catholic Community,
10815 N.84th Street, Scottsdale, AZ 85260
Fenlon Hospitality Center 480-998-3843***

Email: BHI@stpatcc.org

Agenda & Speakers

8: 15—8:45 a.m. Registration, Continental breakfast, Resource Fair

8:45 Opening remarks and prayer

9:00 **Keynote: Chip Coffey**, Director of Behavioral Health Integration at Quail Run, Phoenix, AZ. ***The State of Mental Healthcare in Arizona and Available Resources*** - Will discuss the current state of mental health care in the state, potential changes that will impact availability of services, barriers that impede access to services and resources available for treatment.

10:00 Session 1 workshops

A. **Fr. Bill Faiella, C.S.C. , Psy. D.** St. Andre Inner Healing Ministry

Speaking Holistically to Our Challenges in Life - We will consider attitudes and behaviors that contribute to healthy and happy living in body, mind and spirit.

B. **Michael Hanafin, MAOC, M Ed. LAC and Michele C. Gringnon, MC, LPC**

Crisis Intervention: Collaboration Between Law Enforcement and Crisis Counselors - Law enforcement offices are often first in responding to the needs of persons experiencing a mental health or substance use crisis. In the state of Arizona, collaboration between law enforcement agencies and the mental health system occurs through policy, statute and individual effort. This presentation will discuss that collaboration and provide detail on what this collaboration looks like in our local community of Scottsdale.

C. **Dennette Janus, MA, LPC** Health Services Advisory Group, and **Jenna Burke, BS, Certified Health Education Specialist**

Utilizing Online Community Resource Guides for Better Outcomes - Participants will be able to find detailed and verified no-cost/low-cost community resources for everyday needs, crises and behavioral health services. Participants will have increased confidence in referring others to resources fitting their individualized circumstances.

D. **Kelli Donley Wiliams, MPH**, Project Manager, State Suicide Prevention Coordinator

Suicide Prevention: It Takes A Community - Through her work throughout Arizona, it has become apparent that the most successful suicide prevention programs are those led by a passionate groups of volunteers who are willing to reach out to their neighbors and friends to have tough conversations about suicide and end of life issues. More of these conversations should be taking place. We all have a role in preventing suicide.

E. **Rev. Sanghoon Yoo, MSW, M.Div.**, The Faithful City Ministry at Arizona State University and the surrounding communities, ***Trauma Informed Community Building*** - The presentation will discuss how to facilitate a resilient community where trauma victims and survivors can be helped in their recovery with sensitive and informed care. Presenters will introduce the ACEs (Adverse Childhood Experiences) study and its national movement based on brain science, a scientific foundation for trauma-informed counseling (TiC) building. Theological implications and justifications of TiC will be explained and opened for further discussion.

11:00 Break, Resource Fair

11:20 Session 2 workshops

F. **Patricia Bonivel**, Human Resources Recruiter and Trainer, and a NAMI Family-to-Family Teacher
Is anyone there, I'm on a new journey and I don't know how to handle it - This presentation will look at life's various journeys with an emphasis on mental illness. The focus of the presentation is to work more with caregivers in helping them to live healthy and productive lives without burnout. This presenter will assist the audience to know who caregivers are, tools for management of life and the real definition of successful living.

G. **Thomas Corrigan, MSW, CMC** Mosaic Care Resources, LLC
Managing Grief & Loss Throughout The Life Cycle—This presentation will provide a brief tutorial on grief and loss and how it impacts our daily lives. We will explore cultural differences and commonalities in how we process our grief. We will learn how unresolved grief impacts our overall mental and physical well being. We will also discuss specific ways to identify our individual coping styles through use of the loss line, storytelling and life experiences. Finally we will explore ways to improve our mental health by managing our grief throughout our lives.

H. **Ron Friesen, MC, M. Div.** Therapist III - St. Luke's Behavioral Health Center; Pastor at *Oasis for the Nations* **Faith and Mental Health: Can they Co-exist?** - Since the beginning of the modern psychology movement there has been a great deal of hostility between modern psychology and Christian faith. Psychology has alluded to faith as the cause of mental illness; Christian faith has rejected psychology as humanism that is antithetical to faith. Yet, faith and psychology can be partners in bringing healing to those who suffer from mental health issues.

I. **Jennifer Mathis, Ph.D. Candidate, LPC**, Creator of the In-Lightened L.I.F.E. program™, Director of Trauma, Intern and Outpatient Services at Calvary Healing Center in Phoenix Arizona
Integrating the SAMHSA Trauma Informed Approach in Substance Abuse and Co-Occurring Disorders -Exposure to adverse experiences particularly in childhood (ACEs) can have far reaching impacts in the treatment of clients who struggle with substance use and co-occurring disorders. This workshop will discuss the importance of Trauma Informed Approach, how to integrate Substance Abuse and Mental Health Services Administration's Trauma Informed Approach and explain the difference between Trauma Informed Care and Trauma Informed Approach.

J. **Jordano Montano**, Director, notMykid **SuicideTALK** - This presentation invites all participants, regardless of prior training or experience, to become more aware of suicide prevention opportunities in their community. Dealing openly with the stigma around suicide, this exploration focuses upon the questions, "Should we talk about suicide?"

12:20 Lunch

1:00 p.m. **Keynote: Michael Shafer**, Center for Applied Behavioral Health Policy at ASU.
A Social Justice Perspective to the Behavioral Health System: Implications for People of Faith— It is widely recognized that the vast majority of people experiencing mental illness or substance use disorders never receive any treatment, that the treatment they receive is often inadequate, ineffective, or too late, leading to premature death and criminalization. It is the premise of this talk that our societal approach to addressing the needs of these individuals and their families in our communities is unjust and counter to the values of faith communities and the values that define the social compact of this country. In this session, we will apply a social justice lens to the behavioral health care system of our community and country to draw important implications for individuals, communities, and systems as we support those impacted by under-diagnosed and under-treated behavioral health conditions.

K. Angie Geren, CHt, BHT, Executive Director of Addiction Haven

Our role in youth recovery and prevention - Youth substance use prevention and recovery is vital to the health of our community. This presentation focuses on how we as professionals and community members need to take a different approach to prevention and provide appropriate and innovative recovery services for youth. Youth recovery looks different than adult recovery. By creating a community with enthusiastic sobriety and schools where youth in recovery can come together, we will effectively change the landscape of youth substance use. The presentation will focus on alternative peer groups, recovery high schools, and how faith leaders can help transform the recovery experience in order to create an atmosphere where youth enjoy recovery and not use drugs or alcohol.

L. Judith McHale, MA, LPC Franciscan Renewal Center Counseling Director

The Power of Kindness - St. Francis of Assisi preached and lived the gospel of kindness, one of the values that earned him sainthood. This presentation explores how this simple but profound concept can lead to individual happiness and the happiness of those around us, and also how the power of kindness can transform a world that has become cold, anxious, difficult and frightening.

M. Jill McMahon, LPC Spring Returns Counseling Services

Grief After Suicide - How it's Different, and How You Can Help - This presentation will bring real life examples to educate participants on the complications of overcoming a loss to suicide. Using her experience with the hundreds of families who have walked this journey, the speaker will summarize what she has learned from them about grief recovery from suicide, what is helpful to them, and what is not.

N. Karen Pitco, LCSW Mental Health Association - AZ board member

The ABC's of Thinking- How to apply cognitive behavioral therapy in everyday living— This presentation will offer the ABC's of thinking through a cognitive behavioral therapy venue. Our thoughts can be positive or negative or "stinky thinking". It will explore how we develop thinking processes and offer ways we can change our thinking to become a more productive, caring, loving, and kind person.

O. Michael S. Shafer, Ph.D. Founding director, Center for Applied Behavioral Health Policy at ASU

Introduction to evidence based approaches and resources for prevention and treatment of mental illness - In this presentation, participants will be provided with an overview of the research agenda and opportunities available through NIMH. It will also provide an overview of the definition and standards for determining that a treatment approach is evidence-based, and an orientation to both online and print resources for learning more about research on mental health treatment and evidence based treatment.



St. Patrick Behavioral Health Interfaith Conference

Thursday, May 11th, 2017

Thank you to our *sponsors* who are helping to create a community of care around behavioral health.

AFFIRMATION SPONSOR

Comerica Bank

®

Comerica's success is dependent upon helping people succeed. This vision shapes our approach to community investment and guides the framework of our charitable support and community partnerships. We support community investment that impacts issues important to the company and our communities.

EMPOWER SPONSOR

Griswold HOME CARE
Delivered with heart.™

Griswold Home Care is here to help you with all of your senior care needs. We specialize in long-term care with consistent caregivers, including live-in care, at some of the most affordable rates in **the Valley**. Professional caregivers can offer comfort and support that allows families to spend quality time together. We will work diligently to exceed your expectations and help you and your loved ones stay safely and comfortably at home.

WELLNESS SPONSORS:



ST. PATRICK
CATHOLIC COMMUNITY
CHRISTIAN DISCIPLES IN MISSION



CALVARY
HEALING CENTER

St. Patrick Behavioral Health Interfaith Partnership is an interest group that keeps behavioral health issues a priority in the faith-based communities and the community-at-large.

Calvary Healing Center has specialized in treating addiction for 53 years. Our services include an 18-bed full medical detox, 50-bed 30-day residential program, partial hospitalization, and intensive out patient services for men and women 18 and up. We help provide an avenue for the patient to connect with God and enter into a new journey of recovery. Our 24 hr nursing and masters level clinicians give our patients a safe and secure place during a very scary time

AWARENESS SPONSORS:

QUAIL RUN
Behavioral Health

Quail Run Behavioral Health is a 102- bed behavioral health hospital. with inpatient programs for adolescents through adults, with a specialty program for 55+ as well. Quail Run Behavioral Health has the capability to treat clients with concurrent medical complexities, including dementia. We offer Partial Hospitalization and Intensive Outpatient Programs for adults and older adults.

valley presbyterian
CHURCH

Valley Presbyterian Church's Mental Health Ministry strives to educate the congregation and community at large about mental illness, reduce shame and stigma surrounding mental illness, and support those afflicted, as well as the families and friends who love them. For more information, please contact Pastor David Turner or Tammy Milne [480-991-6424](tel:480-991-6424)

Stronger Together.