



Are you looking  
for Volunteer  
Opportunities?

**Join Mental Health America of Arizona's Volunteer team** and help support our mission to promote the mental health and well-being of all Arizonans through education, advocacy and the shaping of public policy! We are hosting a **Volunteer Orientation** which will further your understanding of MHA AZ's role in Arizona and allow you to determine ways in which you'd like to get involved. *The orientation is FREE, and food will be provided!*

**Monday, June 25<sup>th</sup>, 2018**

5:30pm – 7:30pm

Maricopa County, exact location TBD

**REGISTER NOW!**

<https://mhavolunteer.eventbrite.com>

We are seeking volunteers to help with the following:

<b>Tabling and Community Outreach</b>	Host MHA AZ informational tables at local health fairs, community events and trainings to increase awareness of issues related to mental health and mission/goals of MHA AZ.
<b>Social Media</b>	Research and posts articles and resources to increase social media presence and educate our networks and provide assistance with email communications and newsletter.
<b>Advocacy</b>	Email and write your legislators. Share action alerts you're your network. Testify on relevant legislation or policy issues, as directed by the Executive Director.
<b>Seeds Conference in May 2019</b>	Help with planning process, presenter information details, creation and distribution of conference material, program, handouts, and availability for conference set up, operations, and tear-down.
<b>Speakers Bureau Member</b>	Provide community presentation about mental health recovery and stigma reduction to a wide array of audiences includes agencies, schools, churches and community groups.

*\*You are not required to volunteer after completing the orientation.*