

7:30-8:15a	Registration, Coffee, Networking		
8:15-8:30a	Welcoming Remarks: <i>Erin Callinan, MSW, Associate Director &amp; Kristina Sabetta, LMSW, Executive Director, Mental Health America of Arizona</i>		
8:30-9:15a	<b>Morning Keynote: iGen: Turning Distress To Success How To Reach, Teach, and Support Our Youth</b> <i>Katey McPherson, M. Ed., Associate, Hazard, Young, Attea &amp; Associates</i>		
9:15-9:30a	Break		
9:30-10:30a	<b>Workshop Session #1 201 202, 203, 206, 207, 208</b>		
	<u>RM 201: Cleaning our Trauma Colored Glasses: Healing Ourselves Before Helping Others</u> <i>Angie Geren, Addiction Haven</i>	<u>RM 202: Eating Disorders 101</u> <i>Sherri Hicks, Rosewood Ranch Center for Eating Disorders</i>	<u>RM 203: More than Crisis: Shattering Stereotypes &amp; Pioneering Inventive Partnerships in Southern AZ</u> <i>Det. Shawn Degan, Det. John Aitchison, &amp; Deputy Leo, Pima County Sheriffs Department</i>
	<u>RM 206: Understanding and Navigating the Crisis System in Arizona</u> <i>Matthew Moody, Crisis Response Network</i>	<u>RM 207: Seeds for a Positive Future: Bringing Universal Prevention and Protection from Childhood Psychiatric &amp; Behavioral Disorders</u> - Dr. Dennis Embry, PAXIS Institute	<u>RM 208: We Are All in This Together: Peoria Unified School District's Approach to Mental Health and the Role of Schools</u> <i>Dr. Marshall Walters &amp; Kathleen Leonard, Peoria Unified School District</i>
10:30-10:45a	Break		
10:45-11:45a	<b>Workshop Session #2</b>		
	<u>RM 201: A Practical Discussion About Cannabis</u> <i>Michelle Davis &amp; Cara English, Cummings Graduate Institute for Behavioral Health Studies, Dr. Fred N. Davis, HealthWise Consultants</i>	<u>RM 202: Identifying Suicidal Behavior in the Classroom and How to Respond</u> <i>Kelli Donley Williams, AHCCCS, Rebecca Astorga &amp; Yesmina Luchsinger, AZ Department of Education</i>	<u>RM 203: In Our Own Voice: Telling Our Story</u> - Terry McDermott & Ariel Biscoe, NAMI Valley of the Sun
	<u>RM 206: From Wilting to Blooming: Teen-Centered Dating Violence/Sexual Violence Prevention</u> <i>Donna Bartos, BLOOM365</i>	<u>RM 207: Insurance Parity 101: What is it and why you should know about it</u> <i>Ben &amp; Denise Denslow, JEM Foundation, Rep. Mitzi Epstein, AZ House of Representatives</i>	<u>RM 208: Can the Police Help? Interaction between law enforcement and the ASD/DD community</u> <i>Det. Amanda Stamps, Mesa Police Department</i>
11:45-1:00p	Lunch (on your own)		
1:00-1:45p	<b>Town Hall Listening Session/Panel Discussion: Innovative Approaches for Addressing Mental Health and Wellness in High Schools</b> <i>Basketball Coach Chad Williams, M.Ed, Estrella Foothills High School; Anna Luna, MSW, Mesquite High School; Grace Martinez, Westview High School</i>		
1:45-2:30p	<b>Afternoon Keynote: How Creativity and Culture Build Resilience in an Age of Accelerated Change</b> <i>Dr. Steven Tepper, Dean of the Herberger Institute for Design and the Arts, Arizona State University</i>		
2:30-2:45p	Break		
2:45-3:45p	<b>Workshop Session #3</b>		
	<u>RM 201: Suicide Prevention through Strengths Building: A Tri-level Approach for the LGBTQ Community</u> <i>Isaac Akapnitis &amp; Ann Maxwell, Terros Health</i>	<u>RM 202: Office of Individual and Family Affairs: How We Help!</u> Dawn McReynolds, Josh Sprunger, Veronica Welch, Tony Smith, & Ernie Pinder, Office of Individual and Family Affairs	<u>RM 203: An Empowerment Focused Concept to Reduce High Risk Behavior and Divert Substance Misuse</u> <i>Ted Huntington, RpM Healthy Concepts LLC, Josh Azevedo, The Pathways Program</i>
	<u>RM 206: A Prescription for Hope: Recovering From The Impact of Opioids in Rural and Suburban Communities</u> <i>Mariah Hile, Aurora Behavioral Health, Jason Hutchings, Awakening Recovery Center</i>	<u>RM 207: Civic Engagement and Legislative Advocacy</u> <i>Shannon Schell, Protecting Arizona Families Coalition, Catherine Broski, March for Our Lives AZ</i>	<u>RM 208: Re-evaluating Employment for Job-Seekers with Disabilities: Disclosure, communication, and workable options</u> - Susan Davis-Morales, Tucker-Davis Management Strategies, Timothy Stump, AZDES
3:45-5:00p	Networking Event/Reception – Student Union		

# REGISTER NOW!

MAY 22ND, 2019 - MAY 23RD, 2019

GLENDALE COMMUNITY COLLEGE



## 2019 SEEDS CONFERENCE

#NextGen:B4STAGE4



Mental Health America of Arizona (MHA AZ) is pleased to announce its upcoming **25th Annual SEEDS conference** to take place on May 22nd, during National Mental Health Awareness Month. This year's conference theme, **#NextGen:B4STAGE4** will build collaborative partnerships that promote the mental health, resilience and self-determination of young adults. We hope to provide parents, caregivers, professionals and young adults with advocacy strategies to navigate the criminal justice and behavioral health system; highlighting the importance of mental health screenings for early identification and intervention. Through stigma reduction, community collaboration and peer involvement, **#NextGen:B4STAGE4** seeks to normalize help seeking behaviors of young adults and promote constructive conversation.



May 22<sup>nd</sup>: SEEDS Conference

Price: \$49 w/o CEU, \$69 w/ CEU

May 23<sup>rd</sup>: Mental Health First Aid

OR Youth Mental Health First Aid

Training - optional

Price: Free for all SEEDS Conference registrants

Location: GCC, 6000 W Olive Ave,  
Glendale, AZ 85302

**REGISTER AT:**

**[www.mhaarizona.org/2019-seeds-conference.html](http://www.mhaarizona.org/2019-seeds-conference.html)**

Questions? Contact Erin Callinan  
[erin@pommconsulting.com](mailto:erin@pommconsulting.com)



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