

DINNER WITH THE DOCTORS

The Anderson Seventh-Day Adventist Church located on Balls Ferry Road cordially invites you to dine with Dr. Earendil M. Spindelilus of Tree of Life Holistic Wellness Center in Redding on Sunday, January 20, 2019. Dr. Spindelilus has titled his lecture **"Case Histories"** and will describe in small detail some of which he has personally witnessed ranging from simple cuts and wounds to serious auto-immune disorders such as Multiple Sclerosis and Type 1 Diabetes along with successful treatments for Cancer.

Dr. Earendil M. Spindelilus D.N.M., M.H., C.R., has always had a deep and abiding interest in the Plant Kingdom which led him to further education and achievements - Traditional Naturopath, Holistic Practitioner, Clinical Master Herbalist, Certified Nutritionist, Certified Reflexology, Member of Plant Savers of America, Member of American Botanical Council, and he holds a Doctorate degree in Natural Medicine. He has also been a lecturer since 1999, a Board Certified Diplomat of Natural Medicine, and is a Member of the American Council of Holistic Medicine.

Working side by side with his lovely wife Peggy during his 19+ years of practice, they opened their first center shortly after he graduated with a Master Herbalist in 1999. He has always found great joy meeting with their clients and believes that we are all meant to live a happy, healthy life and teaches how to allow our body to perform its innate ability to heal itself. Nature supplies us with all we need. He is also a member of United Plant Savers and the American Botanical Council and a past board member of the Reflexology Association of California. As a published author/writer of numerous holistic books and articles, he has also been a past host of a holistic radio show. They enjoy a raw vegan vegetarian diet.

Vital health information as well as dinner recipe discussion will begin at 4 p.m. to instruct participants how to strengthen their immune system, lower cholesterol levels and reduce the risk of many diseases.

At 5 p.m., a delicious assortment of raw vegan vegetarian foods will be served for your enjoyment as Dr. Spindelilus gives his **"Case Histories"** lecture, explaining how the **8 Laws of Health** can work to promote healing.

Seats are limited, so RSVP your spot at the table by call/text
530-515-0624 or e-mail andhealthylifestylecenter7@gmail.com.

Program is free, donations appreciated.

"Health is not everything, but without it, everything is nothing!"
Dr. Hans Diehl

2019 Health Awareness

January 20, 2019

Recipe Demo starts at 4:00 pm

Health talk & Dinner at 5:00 pm



Anderson Seventh-Day Adventist Church

2769 Balls Ferry Road

Anderson, CA 96007

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Please RSVP your spot at the Table

andsdachurch@gmail.com