

# THE CONNECTION

THE PALO CEDRO SEVENTH-DAY ADVENTIST NEWSLETTER  
FOR FAMILY AND FRIENDS

## PALO CEDRO BOOSTS YOUTH AND YOUNG ADULT MINISTRIES

Even with no senior pastor, Palo Cedro is bringing new programs and activities to church family of all ages. Associate Pastor Catrina Lesure has been making things happen since arriving this past March.

Early this summer Palo Cedro introduced its own Pathfinders Club with Pastor Catrina, Kaitlin Williams, and Brandon Schlotthauer taking the lead. Kaitlin Williams and new Palo Cedro Prospector Ronna Gonzalez traveled to the Oshkosh International Pathfinder Camporee in August. Every five years this event brings 50,000 Pathfinders to Wisconsin from 100 countries to play, share, learn, and worship together.

During the Camporee Kaitlin Williams was invested as a Pathfinders Master Guide, the highest award granted to a leader in the Pathfinder ministry. Her investiture was the culmination of a two-year program focused on leadership development, spiritual discipleship, the organization of



***Kaitlin Williams with Pastor Catrina  
at Pathfinders Oshkosh Camporee***

service projects, and strengthening her commitment to leading kids to Jesus.

Some of the activities that the Palo Cedro Prospectors will enjoy this Fall are camping, rafting, and tie dying their own uniform shirts.

“We are excited to have our own club at Palo Cedro,” says Pastor Catrina who believes his is important. “When we outsource stuff for our kids, we give them no reason to stay.”

Palo Cedro is also focusing on reaching out to other kids in the area. On Sabbath, October 19, Palo Cedro will host its first Kids Community Health Fair in the parking area at Redding Adventist Academy. The fair will feature stations based on the eight NEWSTART principles proven to help

### ***What's Inside:***

- **Bread of Life Distributes Large Load of Food (photo)**
- **Pastoral Selection Update**
- **Four Huge Palo Cedro Praises!**
- **Gonzalez Sisters are Baptized**
- **Summer Fun: Praise in the Park (photos)**

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individuals achieve optimum health: Nutrition, Exercise, Water, Sunlight, Temperance, Air, Rest and Trust. NEWSTART is a physician monitored, scientifically researched lifestyle-change program that is actively promoted in Seventh-day Adventist television and internet programming.

Jodel Heier and Melissa Gheen will present the Revelation Wellness fitness classes at the event to highlight the importance of exercise.

The Kids Community Health Fair will be the first in a monthly series of activities designed to reach out to the community. "This type of event will give us a chance to connect with families," says Pastor Catrina. "If you get the kid, you get the family."



***Redding Rangers at Oshkosh***

The Adventist church is advocating these monthly activities to reach out to the community. "The church is calling it 'Compassion Sabbath,'" says Pastor Catrina. "I'm calling it 'Selfless Sabbath.' I like this term better because it is more relatable - '#Selfless Sabbath.'" (or 'Hashtag Selfless Sabbath')

[For those, like this writer, who are unfamiliar with the hashtag or "#" before a word, the "#" means that the following word connotes a trend. That's it. Nothing more. You do not need to go somewhere to find the hashtag. It is part of today's urban vernacular. In this case, the hashtag or "#" simply means that "Compassion Sabbath" or 'Selfless Sabbath' is a new trend.]

**PATHFINDERS is for kids 10-16.**

**Enroll now!**

**Pathfinders will enlarge  
your child's window on the world  
and help them build a relationship with God.**

Palo Cedro's young adults are coming together in new ways as well. Once a month nine or ten of them get together at Pastor Catrina's for a Friday evening vespers and potluck. Brandon Schlotthauer is also leading a new Sabbath School class for young adults.

Pastor Catrina wants to continue bringing church family together for vespers-type activities like the showing of the film *War Room* at the end of August. She is also planning a church-wide Ministry Fair this Fall. "We want to help connect people with a ministry that works for them, where they will feel a personal investment in the ministry," she says. "It's kind of like trying to set up the perfect first date. We want all the components of a good match to be there."

Pastor Catrina has not limited herself to youth and young adults. She is stepping out beyond her appointed bounds. "Sometimes it happens," she says.



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***Bread of Life Volunteers Prepare to Distribute a Large Delivery of Food***

## PASTORAL SEARCH UPDATE:

Palo Cedro's Pastoral Search Committee

will review five resumes at the upcoming Board Meeting

Monday, September 9, 7:15

Three resumes will be selected.

The Conference will then determine which pastor will be interviewed first.

All are welcome to attend.

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## PALO CEDRO PRAISES!



**Gloria Frost**

*After suffering for three and a half years  
with chronic back pain,  
Gloria had a successful surgery  
and is now pain free and  
standing tall!*

*It was nothing less than a miracle  
when Karen returned home to exchange  
a car with no air conditioning for  
another and found that  
Dan was having a heart attack.  
Quick treatment saved his life,  
and he has no damage to his heart!*



**Dan Gruber with Wife Karen**



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***Rachel Dunbar (r.) with Sister Alex***

*Handsome little Ryker Douglas  
has joined the Palo Cedro church family!  
He is the son of Danielle Douglas.  
Grandmother Gina Douglas says,  
“He brings our home so much joy.”*



***Ryker Douglas***

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## THE GONZALEZ SISTERS ARE BAPTIZED



*Ronna is baptized at Oshkosh*



*Ronna and Ky-lei Gonzalez*



*Ky-lei is baptized at Palo Cedro*



SEPTEMBER 2019

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## PRAISE IN THE PARK



*Alex Dunbar and Praise Team in the Gazebo*





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## HAPPY SEPTEMBER BIRTHDAYS!

02 Spencer Dunbar	13 Kathy Driver	20 Bailey Williams
02 Melissa Gheen	14 Shaylee Dunbar	21 Rick Penington
03 Dave Redlich	14 Annamarie Groen	23 Barbara Bautista
04 Rich Barnett	15 Andreyia Boehm	23 Eric Joretteg
05 Penny Coley	15 Rustie Jennings	23 Lisa Newsome
05 Tiffany Keeney	16 Logan Gheen	24 Adalee Gheen
05 Patsy Lanin	16 Sheryl Senter	25 Bryan Nix
06 David Davis	16 George Williams, Jr.	26 Gary Bovee
07 Debbie Alido	16 Tyler Wilson	26 Ky-lei Gonzalez
08 Dakota Gordon	17 Katelynn Christensen	26 Sam Heier
08 Harold Rednour	17 Sharla Coy	26 Meridel Vicente
08 Mike Young	17 Laura Enriquez	27 Tammi Cariker
09 Katie Dunbar	18 Jonathan Golles	27 Cheryl Carpenter
09 Cory Gottfried	18 Dee Hornbacher Jr	27 Kathy Schlatter
09 Jenece Hanks	19 Beth Fritz	27 Harry Young
09 Stacie Martin	19 Morgan King	28 Noah Gruber
10 Trena Benda	19 Breanna Ledford	28 Jennifer Kage
11 Mike Hanley	19 Kenadie Mercill	29 Jennifer Kasson
11 Rylan Heier	20 Ethan Hammerstaedt	28 Helena Whitley
11 Dean Nix	20 Cole Jennings	29 Linda Martin
12 Orville Huff	20 Kaeli Ondricek	30 Jackie Reynolds
12 Dayna Loucks	20 Taffy Stockton	30 Olivia Torrquato
13 Vincent Dederer		



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## HAPPY OCTOBER BIRTHDAYS!

01 Luke Brown	11 Aliyah Mercill	19 Kaitlin Williams
01 Don Hunter	12 Chase Ham	20 Anthony Carter
01 Marilyn Kitt	12 Micha Manuel	20 Jim Finch
02 Norma (Noni) Hallmark	13 Lindsay Gammenthaler	20 Hayley Vukelic
02 Conor Russell	13 Bailee Keeney	21 Ashley Graham
02 David VanOrden	14 Douglas Cady	22 Charlotte Johnson
03 Tamara Fowler	15 Presley Boughn	22 Kathy Krick
04 Parker Beatty	15 Cariann Gheen	24 Sandra Cassina-Kea
04 Lisa Stocks	15 Gordon Koenig	25 Alia Koenig
05 Bernie Griff	16 Eric Ashworth	25 Shannon Quigley
05 Mercedes Patee	18 Beverly Dyer	27 Jesse Vukelic
05 Jennifer Richards	18 Liz Gruber	28 Richard Dederer
05 Shanie White	18 Thomas Gruber	28 Gary Hofmann
06 Logan Pruitt	18 Alan Keeney	28 Jerry Williams
08 Emma Gheen	18 Mark Rincon	29 Gail Mitchell
09 Gideon Doll	18 Jeanie Sutter	29 Ginny Yost
09 Matthew Gheen	18 Kylee Wilson	31 Alexandria Smith
10 Abigail Ballard	19 Cole Wolff	

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Our Vision: Wholly Human for the Common Good  
(The Way of Jesus)

The Palo Cedro Seventh-day Adventist Church

(530) 547-4777 [www.pcadventist.org](http://www.pcadventist.org)

Interim Pastor: Dave Osborne (arrives 4/1) Church Secretary: Elizabeth Pruitt  
Catrina Lesure, Youth/Assistant Pastor

Sabbath School 10:00

Family Service 11:05

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Videos of all Palo Cedro  
sermons are posted

on the church website

[www.pcadventist.org](http://www.pcadventist.org)

Click on "Online Sermons" at the top