

# MENTAL HEALTH **MATTERS**

**A Poudre School District Parent and  
Community Education Event for Middle and  
High School Educators and Families**

**APRIL 13, 2017  
6-9 PM AT POUDRE HS  
201 S. IMPALA DRIVE, FORT COLLINS, CO**

Open to the Northern Colorado community, breakouts on Mental Health topics will be presented every hour allowing participants to attend up to three sessions. Focused on Secondary Students, topics will include: Anxiety, Depression, Self-Harm, Social Media, Grief, Substance Abuse and more. New speakers and presentations by students will offer great insight for all attendees. Event schedule will be available on the Poudre School District website beginning April 1st.

**QUESTIONS: [WWW.PSDSCHOOLS.ORG](http://WWW.PSDSCHOOLS.ORG)**