

JULY 2025



DOWNERS GROVE TOWNSHIP SENIOR PROGRAMS

DOWNERS GROVE TOWNSHIP CENTER

4341 Saratoga Avenue
Downers Grove, IL 60515

(630) 719-6670

www.dgtownship.com/senior-services/#senior-news

Email: humanservices@dgtownship.com

**Registration for July programs opens on Tuesday, June 24 at 9:00am
DO NOT LEAVE A VOICEMAIL**

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon

Downers Grove Township Center
4341 Saratoga
Downers Grove, IL 60515

Senior Programs July 2025

Register at 630-719-6670 or
www.myactivecenter.com



Monday	Tuesday	Wednesday	Thursday	Friday
30 12:00 Independence Day Ice Cream Social	1 9:30 Games & Crafts 11:00 Community Dining 1:00 Tai Chi 2:30 Games	2 9:30 Chair Yoga 11:00 Community Dining 12:30 Patriotic Trivia with Terry & Kai 3:00 Chair Yoga	3 11:30 Relaxation Class 12:00 SSS: Summer Picnic	4 Closed in Observance of Independence Day
7 9:30 Bingocize	8 9:30 Games & Crafts 10:30 Blood Pressure Clinic 11:00 Community Dining 1:00 Tai Chi 2:30 Games	9 9:30 Chair Yoga 11:00 Alan & Jimmy at Community Dining 12:30 Bingo 3:00 Chair Yoga	10 9:30 Spreading Sunshine 11:00 Using Your Voice 1:00 Bingo 2:30 Games	11 1:30 Musical Jam 1:30 B's at the Birches: Bingo
14 9:30 Bingocize 1:00 Card Making*	15 9:30 Games & Crafts 11:00 Humana Birthday Truck 11:00 Community Dining 1:00 Tai Chi 2:30 Games	16 9:30 Chair Yoga 11:00 Community Dining 12:30 Sing A Long 1:30 Book Club 3:00 Chair Yoga	17 9:30 Breakfast at Cordia 9:30 Men's Coffee & Convo 12:00 SSS: Inheritance Strategies 2:30 Games	18 11:30 Bunco 2:00 Popcorn Matinee
21 9:30 Bingocize 10:00 AARP Smart Driver** 11:30 Turning 65 (repeat)	22 9:30 Games & Crafts 11:00 Community Dining 1:00 Tai Chi 2:30 Games	23 9:30 Chair Yoga 10:00 AARP Smart Driver** 11:00 Community Dining 12:30 I Had No Idea 3:00 Chair Yoga	24 9:00 Just Us Seniors 10:30 Spreading Sunshine 1:00 Bingocize 2:30 Games	25 12:30 Brain Bootcamp
28 9:30 Bingocize 1:00 Crafternoon: Spreading Sunshine Crafts	29 9:30 Games & Crafts 11:00 Community Dining 2:30 Games	30 9:30 Chair Yoga 11:00 Community Dining 12:30 Getting to Know You 3:00 Chair Yoga	31 10:00 Tie Dye T's (Bring Your Own) 11:30 Salad Bar Potluck 1:00 Bingocize 2:30 Games	1 1:30 Repurposing Seminar

* \$5 cost to participate
** additional cost to participate

Registration for July programs opens Tuesday, June 24 at 9:00am

To learn more visit: www.dgtownship.com/senior-services/



COME ENJOY LUNCH WHILE SOCIALIZING
WITH OTHERS IN OUR COMMUNITY

Community Dining

DuPage Senior Citizens Council will serve
hot, nutritional meals to senior citizens 60+
on Tuesdays and Wednesdays
from 11:00 am - 12:00 pm.

Downers Grove Township Center
4341 Saratoga Avenue
Downers Grove, IL 60515

Meals are a suggested donation of \$5

**REGISTER BY 10AM THE WEDNESDAY PRIOR
AT 630-642-8517**



DuPage Senior Citizens Council
Providing Meals and More...

COMMUNITY DINING MENU

Downers Grove Township
JULY 2025

(630) 642-8517

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Downers Grove Township Center 4341 Saratoga Ave Downers Grove, IL	Beef French Dip w/Mushrooms & Onions Oven Fries Corn Wheat French Roll Whole Apple	Lasagna w / Meat Sauce Squash Medley Italian Green Beans Whole Wheat Bread Chilled Pears		ALL LOCATIONS CLOSED IN OBSERVANCE OF INDEPENDENCE DAY
	Hamburger Bean Casserole Mixed Veggies Wheat Bun Fruit Jello(*)	COLD MEAL BLT Chicken Salad Mixed Salad Greens/Tomato Tri Bean Salad Corn Bread Mandarin Oranges		
	Eggs / Biscuit & Gravy (Turkey Sausage) Diced Hash Browns Apple Cobbler Juice Banana	Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Multi Grain Dinner Roll Mixed Fruit		
	Italian Sausage / Marinara Scalloped Potatoes Brussels Sprouts Wheat Sausage Bun Fresh Melon	BBQ Pulled Chicken Cheddar Mashed Potatoes Broccoli Wheat Sandwich Bun Chilled Pears		
	COLD MEAL Chicken Pasta Salad w/Creamy Parmesan Mixed Salad Greens Herbed Tomato Wedges Multi Grain Bread Pineapple Tidbits	Eggs Lorraine (Bacon) Potato O'Brien Blueberry Muffin Bread Fruit Cup Fresh Orange		All Meals Include a Beverage (*) Substitutions for Diabetic

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGTS

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit www.myactivecenter.com or call 630-719-6670.



**REGISTRATION FOR JULY PROGRAMS
OPENS TUESDAY, JUNE 24TH AT 9:00AM
*DO NOT LEAVE A VOICEMAIL.***

Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

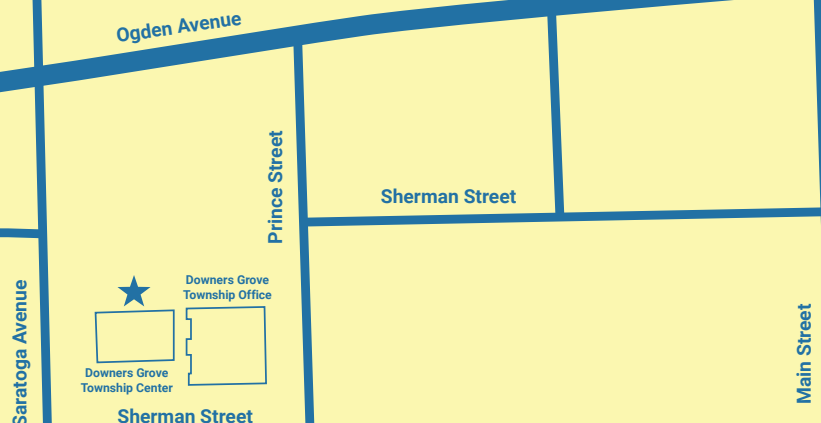
JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.



When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. **Parking is limited!**

**Downers Grove Township Center
4341 Saratoga Avenue, Downers Grove, IL 60515**





INDEPENDENCE DAY ICE CREAM SOCIAL

Celebrate Independence Day with sweet treats and good company at our Fourth of July Ice Cream Social! Join us for a red, white, and blue celebration featuring a build-your-own sundae bar, patriotic music, and festive decorations. Whether you prefer classic vanilla with sprinkles or want to pile on the toppings, there's something for everyone to enjoy. Wear your best patriotic attire and come ready to enjoy a cool treat and warm conversation with friends. Let's celebrate the spirit of summer and the Fourth of July—senior center style! Also, huge thank you to our sponsors **Home Helpers Comecare** in Downers Grove!

Monday, June 30, 2025
12:00PM - 2:00PM



GAMES, CARDS, PING PONG, AND MORE!

Join us for a fun time filled with games, puzzles, and playing cards, or challenge a friend to a friendly game of ping pong! Connect with other seniors, enjoy a cup of coffee, and socialize in a warm, welcoming atmosphere. Feel free to bring a friend along for the fun!

***No games July 3**

Tuesdays, July 1, 8, 15, 22, 29, 2025
9:30AM - 11:00AM and 2:30PM - 3:30PM
Thursdays: July 10, 17, 24, 31, 2025
2:30PM - 3:30PM

OPEN CRAFTING

Bring along a craft project you've been working on at home, or use our spare supplies, and enjoy a creative morning with others who share your passions. Whether you love crafting, knitting, crocheting, scrapbooking, stamping, quilting, or painting, there's a spot at our table just for you. Join us for coffee, conversation, and a delightful crafting experience!

Tuesdays, July 1, 8, 15, 22, 29, 2025
9:30AM - 11:00AM



CHAIR YOGA (MORNING)

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga
Sponsored by White Crane Wellness

Wednesdays, July 2, 9, 16, 23, 30, 2025
9:30AM - 10:30AM



Register at www.myactivecenter.com or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



PATRIOTIC TRIVIA TIME WITH TERRY AND KAI

Trivia is going red, white, and blue for July! Join us for a fun-filled afternoon of USA-themed trivia hosted by the Senior Center's dynamic duo: **Terry and Kai**! Test your knowledge, enjoy delicious snacks, and connect with friends old and new. It's the perfect chance to challenge yourself, have a few laughs, and maybe even help win bragging rights for your team. Don't miss out on this exciting and social event!

**Wednesday, July 2, 2025
12:30PM - 2:00PM**



RELAXATION CLASS

Feeling stressed? Come relax with us! Allow your cares to melt away as you practice calming breathing exercises, guided visualization, and other mindful techniques designed to reduce stress and improve overall well-being.

**In partnership with Metropolitan Family Services
Presented by Nate Underhile**

**1st Thursday of the Month, July 3, 2025
11:30AM - 12:00PM**

**Downers Grove Township Board Room
4340 Prince Street, Downers Grove, IL 60515**

BINGOCIZE

Bingocize is a 10 week program (2xs per week) that combines health education, light exercise and Bingo! Exercises can easily be modified so people of any fitness level are able to participate. Prizes will be awarded often. ***Please note that this program is a series of 2 classes per week for 10 weeks. When you sign up for this class, you are committing to all 20 classes. Must call to register.***

Presented by Metropolitan Family Services

**Classes run from July 7-September 11th
Mondays, 9:30AM - 10:30AM
Thursdays, 1:00PM - 2:00PM**

****No class July 17, August 21, September 1st
Make up days will be***

***Monday, September 15, 9:30am - 10:30am,
Monday, September 22 9:30am-10:30am,
and Thursday, September 25, 1:00pm - 2:00pm***

CHAIR YOGA (AFTERNOON)

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

**Sponsored by Friends For Downers Grove
Township Seniors
Presented by MKH Yoga**

**Wednesdays, July 2, 9, 16, 23, 30. 2025
3:00PM - 4:00PM**



Register at www.myactivecenter.com or call 630-719-6670



BLOOD PRESSURE CLINIC

Northwestern Medicine, in collaboration with Downers Grove Township, is offering a free blood pressure screening clinic along with valuable stroke awareness education for local residents. These services are available on the first Tuesday of every month, providing a vital opportunity for community members to monitor their health.

**2nd Tuesday of the Month, July 8, 2025
10:30AM - 11:30AM**

ALAN AND JIMMY AT COMMUNITY DINING

During Community Dining, enjoy music from a time when we were young and the music was great. Alan and Jimmy played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

***To register for Community Dining,
please call 630-642-8517.***

**Wednesday, July 9, 2025
11:00AM - 12:00PM**



BINGO

Join us at the Township Center for an exciting afternoon of Bingo! This popular event fills up quickly, so be sure to sign up early! Enjoy the chance to win prizes while indulging in delicious dessert. Plus, we'll take a moment to celebrate all the special monthly birthdays. Don't miss out on the fun—come and be part of the festivities!

**Sponsored by Clemens Enterprises
Presented by Alyssa Clemens**

**Wednesday, July 9, 2025
12:30PM - 2:00PM**

SPREADING SUNSHINE

Do you wish you could volunteer, but have limited time to commit? Then Spreading Sunshine is for you! Twice per month we have a variety of volunteer projects that can be easily completed at the Senior Center, and then are delivered to the non-profit that it benefits. Some examples of the projects we work on are: making no-sew blankets for older adults in need, packing snack bags for children served by DuPage PADS, and peeling and sorting crayons for SCARCE that can be melted down and re-shaped into adaptive crayons for persons with dexterity challenges. Big thank you to our volunteer project coordinator and Spreading Sunshine leader, **Laurie Tsukuno**, who dreamed up this fun idea and coordinates all of the projects that are available!!

**Session 1: Thursday, July 10, 2025
9:30AM - 10:30AM**

**Session 2: Thursday, July 24, 2025
10:30AM - 11:30AM**



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



CIVIC ENGAGEMENT 101: USING YOUR VOICE

Hilary Denk and Carol Jeanne Davis from the League of Women Voters of Downers Grove / Woodridge / Lisle will speak to us about Civic Engagement. Come and learn how to use your voice and get involved in making change in our community and in our government; locally, state-wide, and nation-wide. Learn ways, big and small, to contribute, and let your voice be heard and counted!

**Thursday, July 10, 2025
11:00AM - 12:00PM**

MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, July 11, 2025
1:30PM - 3:30PM**



CARD MAKING

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, guided by **instructor Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may just want to keep for yourself! This class fills up fast and does not disappoint.

**Monday, July 14, 2025
1:00PM - 3:00PM
Cost: \$5**



B'S AT THE BIRCHES: BINGO

Bingo, Bunco, and Brain Games, Oh My! Come play The Bs at the Birches every month on this rotating schedule! In July, the Township is taking it's tried and true classic, Bingo, on the road! Come socialize with friends and perhaps win a prize at the Birches!

**Friday, July 11, 2025
1:30PM - 2:30PM**

Off Site Program:

**Birches Assisted Living & Memory Care
215 55th Street, Clarendon Hills, IL 60514**

Register at www.myactivecenter.com or call 630-719-6670



HUMANA BIRTHDAY TRUCK

The Birthday Truck is coming to town! If your birthday is in the month of July, stop by and see [Kily](#) for a free birthday cupcake to celebrate your big day! The Humana Birthday Truck will be parked in the Senior Center Parking lot from 11:00 a.m.-12:00 p.m. on Tuesday, July 15th. No registration necessary.

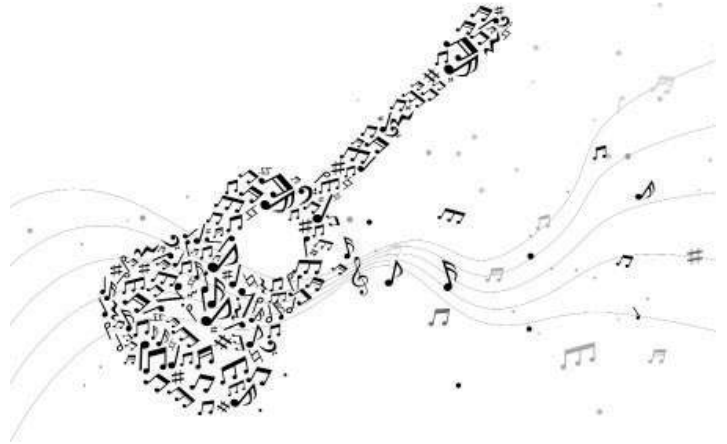
Tuesday, July 15, 2025
11:00AM - 12:00PM

DGT Senior Center parking lot

SING A LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and led by [Bob Jerosky](#). Song requests are always welcome.

Wednesday, July 16, 2025
12:30PM - 1:30PM



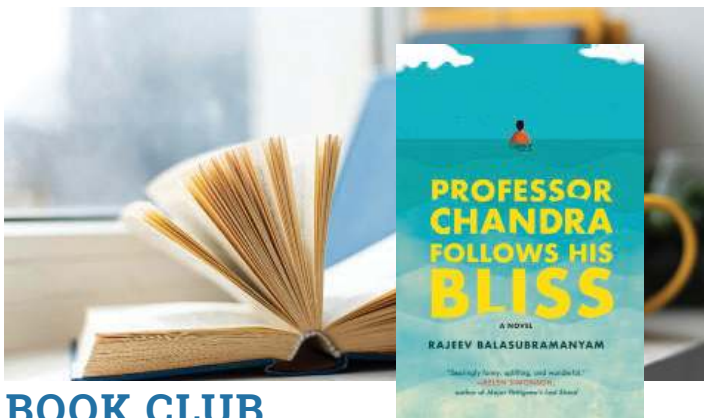
BREAKFAST & TOUR AT CORDIA SENIOR RESIDENCE

Skip the cooking and go straight to eating when you join us for breakfast and a tour at [Cordia Senior Residence](#) in Westmont! [Shelly Lindsay](#) (who you may recognize from our Baseball social) will tell us everything you have wanted to know about Cordia while showcasing their new "pub". We'll also get a tour, so bring your walking shoes!

Thursday, July 17, 2025
9:30AM - 11:30AM

Off Site Program:

Cordia Senior Residence
865 N. Cass Ave. Westmont, IL 60559



BOOK CLUB

Join us for our book club meeting and dive into engaging literary discussions! Contact the Township office to pick up your copy of this month's book when you register. We look forward to sharing insights and connecting over great reads! July's book is *Professor Chandra Follows His Bliss* by Rajeev Balasubramanyam.

Wednesday, July 16, 2025
1:30PM - 2:30PM

Downers Grove Township
4340 Prince Street, Downers Grove, IL 60515

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



MEN'S COFFEE AND CONVERSATION

Come be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

Thursday, July 17, 2025
9:30AM - 10:30AM



BUNCO

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. The icing on the cake is the awesome selection of **prizes provided by Allison Green from Assisted Living Locators!** Come see what all the excitement is about!

Friday, July 18, 2025
11:30AM - 1:00PM

SSS: SIMPLE INHERITANCE STRATEGIES

Bank Financial's presentation on Simple Inheritance Strategies will help you make the most of your legacy inheritance plan by teaching you how to: maximize what you pass to your beneficiaries, decrease the taxes you pay on funds you leave to loved ones or charities, use your earmarked funds in the event of illness or other life emergencies, and estimate how long your money will last. Lunch will be provided.

Sponsored by Friends For Downers Grove Township Seniors

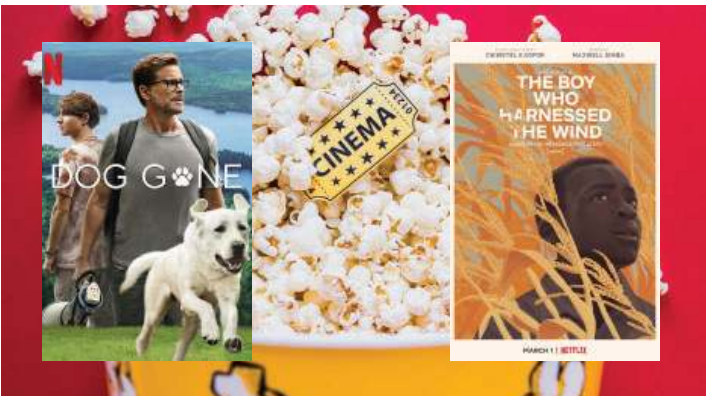
Thursday, July 17, 2025
12:00PM - 2:00PM



POPCORN MATINEE

Come join us for our Popcorn Matinee where it's cool inside and the movie theatre popcorn is fresh! As the weather warms up, it's the perfect time to be inspired by these feel-good films! We'll begin by showing trailers for two heartwarming movies—*Dog Gone* (2023) starring Rob Lowe and *The Boy Who Harnessed the Wind* (2019) starring Chiwetel Ejiofor. After the previews, we'll vote by a show of hands to decide which uplifting story to enjoy together.

Friday, July 18, 2025
2:00PM - 4:00PM



Register at www.myactivecenter.com or call 630-719-6670



TURNING 65 (REPEAT SEMINAR)

Navigating Medicare when you turn 65 can be overwhelming. Luckily, **Kily from Humana** knows her stuff! She will be presenting information to help you understand your options and make the choices that best fit your needs! Feel free to attend even if you've already turned 65 and are seeking more information regarding which plan is right for you!

**Monday, July 21, 2025
11:30AM - 1:00PM**



I HAD NO IDEA SEMINAR

Planning for the future can feel overwhelming if we don't know the best approach to take. This empowering seminar helps older adults develop a system to support their future needs according to the resources they have available. **Presented by Connie Catalano**, leadership trainer and Senior Advocate.

**Wednesday, July 23, 2025
12:30PM - 2:00PM**

AARP SAFE DRIVER COURSE

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance. \$20 AARP members/\$25 non-AARP members. Must attend both days. Call 630-719-6670 to register.

**Monday, July 21 and Wednesday, July 23, 2025
10:00AM - 2:00PM**

**\$20 AARP member/ \$25 non-member
*Check or cash due 1st day of class.**

**Downers Grove Township Board Room
4340 Prince Street, Downers Grove, IL 60515**



JUST US SENIORS

Just Us Seniors is an opportunity for Senior Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy...give it a try!

**Thursday, July 24, 2025
9:00AM - 10:00AM**





BRAIN BOOTCAMP

Give your brain a workout! Join us for Brain Bootcamp, a fun and engaging program designed to help keep your mind sharp and active. Whether you're looking to maintain your memory, improve concentration, or just enjoy a good mental challenge, Brain Bootcamp is the perfect way to stay mentally fit in a supportive and social setting. All skill levels are welcome—come ready to stretch your thinking and have a great time!

Friday, July 25, 2025
12:30PM - 1:30PM



"GETTING TO KNOW YOU" SOCIAL HOUR

In honor of the International Day of Friendship, we are hosting an hour of social games that will help you get to know each other (and the Senior Center Staff) on a whole new level! Join us for fun and make a new friend or two in the process! A light lunch will be provided.

Wednesday, July 30, 2025
12:30PM - 1:30PM

CRAFTERNOON: SPREADING SUNSHINE CRAFT VOLUNTEER PROJECTS

Make a difference while getting crafty! During July's Crafternoon, our Spreading Sunshine volunteer leader, **Laurie Tsukuno**, will be teaching us how to re-purpose old Christmas cards into little boxes. These boxes will then be stuffed with a small gift for seniors around the Township during Christmas time. She will also be leading a bookmark craft that will be made for a non-profit called Cardz for Kidz. Choose your materials, and get to crafting, knowing your hard work will surely brighten someone's day! As a bonus, you can use your new box-making skills to create your own mini gift boxes for gifts this Christmas!

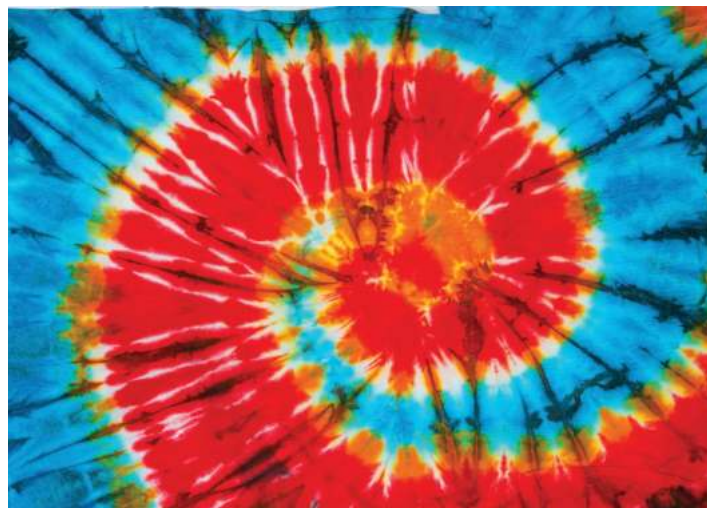
Monday, July 28, 2025
1:00PM - 3:00PM



TIE DYE T'S (BRING YOUR OWN)

Make your day (and your clothes) more colorful with this fun tie dye class! Bring a white shirt from home and **Kily from Humana** will bring the rest! Make one for yourself, a friend, or even a child or grandchild.

Thursday, July 31, 2025
10:00AM - 11:00AM



Register at www.myactivecenter.com or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



SALAD BAR POTLUCK

Feeling hungry? Join us for a potluck lunch with a healthy twist! Each participant is invited to bring a store-bought or restaurant-prepared salad ingredient to share—think toppings, dressings, add-ins, etc. The options are endless! (The Township will provide beverages and lettuce for salads.) Please register for the program as usual, and there will be a food sign up sheet in the Senior Center. ****Please note that all items must be made in a commercial kitchen or store-bought for safety reasons.***

Thursday, July 31, 2025
11:30AM - 12:30PM

REPURPOSING SEMINAR: GIVING NEW LIFE TO OLD THINGS

Join us for an inspiring seminar all about the art of repurposing! While we won't be crafting during the session, we'll explore creative ways to give new life to old or unused items. You'll leave with plenty of clever ideas and visual examples to spark your imagination. Whether you're looking to save money, reduce waste, or just enjoy a fresh perspective on everyday objects, this presentation is sure to leave you motivated and inspired!

Friday, August 1, 2025
1:30PM - 2:30PM



2025 SENIOR ADVISORY COMMITTEE MEETING SCHEDULE

1st Monday of every month from 1:30-2:30 PM
Downers Grove Township Center
4341 Saratoga Ave.
Downers Grove, IL 60515

January 6, 2025	No Meeting in July
February 3, 2025	August 4, 2025
March 3, 2025	September 8, 2025 (2nd Monday due to Labor Day)
April 7, 2025	October 6, 2025
May 5, 2025	November 3, 2025
June 2, 2025	December – Holiday meetup

2025 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month (as of July) at 7:00 PM
Downers Grove Township Center
4341 Saratoga Ave.
Downers Grove, IL 60515

January 16, 2025	July 21, 2025
February 27, 2025 (4th Thursday)	August 18, 2025
March 20, 2025	September 15, 2025
April 17, 2025	October 20, 2025
May 15, 2025	November 17, 2025
June 26, 2025 (4th Thursday)	December 15, 2025

HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- 1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- 5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- 6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
 - Print your receipt.
 - View your schedule.
 - Return to browsing for more activities.
- 8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.

DOWNERS GROVE TOWNSHIP



LIHEAP

Low Income Home Energy Assistance Program

LIHEAP provides a one-time benefit to eligible households for use towards energy costs.



WHAT TO BRING

Please bring: copy of Social Security Card, proof of gross income for all members of household, proof of current letter from Social Security Income, copy of lease agreement, most current Nicor or ComEd bill, proof of SNAP benefits

INCOME REQUIREMENTS

Family Size	200% 30 Day Income	200% Annual Income
1	\$2,510	\$30,120
2	\$3,407	\$40,880
3	\$4,303	\$51,640
4	\$5,200	\$62,400
5	\$6,097	\$73,160
6	\$6,933	\$83,920
7	\$7,890	\$94,680

APPLICATION DATES

Program Year 2025

October 1, 2024 -
July 31, 2025

APPOINTMENTS

For more information or to make an appointment, call our General Assistance Office at **630.719.6684**.



PASSPORT

Your Next Adventure Awaits

Did you know Downers Grove Township is a Passport Acceptance Facility?

*We can process first time applications and renewals,
including taking your passport photos!*

Appointment required. Call 630-719-6610 to schedule yours today!
For more information, visit <https://www.dgtownship.com/supervisor/>



STAY CONNECTED!

Follow us on Facebook
www.facebook.com/dgtownship

Follow us on Nextdoor
www.nextdoor.com

Sign up for our monthly newsletter
Email: humanservices@dgtownship.com

Visit our website
www.dgtownship.com/senior-services/



DOWNERS GROVE TOWNSHIP FLAG BOX

*Respectfully retire and dispose of your worn-out or unused
American flags at the Downers Grove Township Center.*

THE FLAG BOX IS AVAILABLE FOR USE ANYTIME
AND CAN BE FOUND OUTSIDE ON THE
SOUTH-SIDE OF THE TOWNSHIP CENTER.





AREA EVENTS MEMORY CAFE

FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

FIRST TUESDAY OF THE MONTH

1 to 2:30 p.m.

Multipurpose Room #1, Fort Hill Activity Center
20 Fort Hill Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND TUESDAY OF THE MONTH

2 to 3:30 p.m.

Meeting Room A/B, Naperville Public Library,
95th Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND TUESDAY OF THE MONTH

2 to 3:00 p.m.

Terra Vista Oakbrook Terrace
1635 S. Ardmore Ave. Oakbrook Terrace IL. 60181

To register, go to:
info.terravista.org/memorycafebirds
or call 630-534-0886

THIRD MONDAY OF THE MONTH

1-2:00pm

Westmont Library
428 N. Cass Ave

RSVP to 630-869-6150

THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library
125 S. Prospect Ave.

RSVP: <http://elmlib.org/MemoryCafe>

FOURTH WEDNESDAY OF THE MONTH

2-3:00pm

Hinsdale Library
20 E. Maple Ave.

RSVP to 630-986-1976



RTA REDUCED FARE PROGRAM

The RTA Reduced Fare permit allows older adults, ages 65 or over, qualified people with disabilities, and Medicare recipients to ride all RTA fixed-route services at a reduced fare.

These fixed-route services include CTA buses and trains, Metra trains, and Pace buses in the six-county region of Cook, DuPage, Kane, Lake, McHenry, and Will.

*Downers Grove Township can assist you in
applying for this program.
Please call 630-719-6670 to make an appointment.*



Downers Grove Township

Medical Lending Closet

Our Senior Center now offers medical equipment for a 90-day loan period at no cost to you!

Call us for an appointment if you are in need of

- Wheelchairs • Crutches
- Walkers • and more!
- Canes

Medical equipment donations are welcome!
Please call to set up a time to drop off.



For appointments and more information, contact us at
630-719-6610 or humanservice@dgtownship.com.

DOWNERS GROVE TOWNSHIP



*Supervisor's
Office*



*Assessor's
Office*



*Highway
Department*

WHAT WE OFFER

- ✓ Senior Center Programs
- ✓ Community Dining
- ✓ Dial-A-Ride
- ✓ RTA Applications
- ✓ Medical Lending Closet
- ✓ Cemeteries
- ✓ Benefit Access Applications
- ✓ Voter Registration
- ✓ Notary Services
- ✓ Passport Applications
- ✓ General Assistance
- ✓ Youth Services
- ✓ Resource and Referral Information

Contact Us



(630) 719-6670



www.dgtownship.com

4340 Prince Street, Downers Grove, IL 60515

DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

Supervisor

Kim Savage

Assessor

Gregory A. Boltz

Highway Commissioner

Tom Chlystek

Clerk

Mandy Roudebush

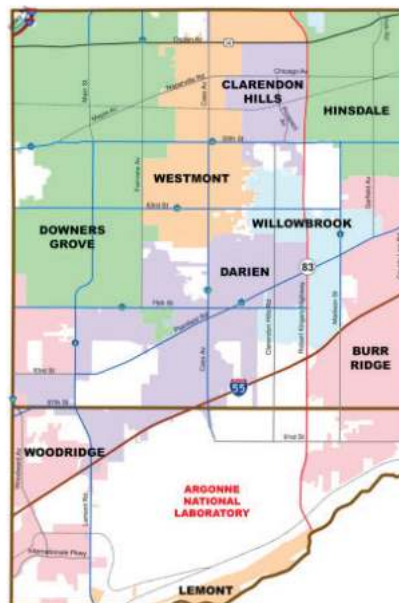
BOARD OF TRUSTEES

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Rd., west to Woodward Ave., north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of Burr Ridge, Clarendon Hills, Hinsdale, Darien, Downers Grove, Lemont, Westmont, Willowbrook and Woodridge.

Dial-A-Ride

Dial-A-Ride is a curb-to-curb shared ride service for Downers Grove Township residents who are 65 and older. It is also a service for qualified persons, of any age, with disabilities. Riders with disabilities who are under 65 must have an RTA/ADA card.

The Dial-A-Ride service is provided to and from any point within the Township of Downers Grove boundaries. This includes service to Hinsdale Hospital, Good Samaritan Hospital, and Loyola Center for Health at Burr Ridge. Service is provided from 8:00 am to 4:00 pm, Monday through Friday. The fare is \$3.00, cash, for each one-way ride. **Please call 630-719-6670 to register.**

