

Thanksgiving is Important Too!

Now that Halloween is done, it seems that it is time to set up the Christmas decorations. Break out those pine trees and popcorn balls, deck the halls with boughs of holly, and start playing Christmas jingles to the point of exhaustion (the different covers of the same song are sure to spice things up). Yet, there is something that is missing here...oh yes, Thanksgiving. Oftentimes people do not really think of this turkey mascot holiday, they just jump straight to decorating for Christmas. And while Christmas is a wonderful season for giving gifts and being with those you love, I think it is important to pause and be (and this might sound cliché) thankful.

There are many reasons that we can be thankful, and then there are the things that we don't even notice that we should treasure until they are gone. As a college student, I am thankful for the small moments, for example, when I can relax and unwind with my friends and family, or when I can pause from the responsibilities that come with adulting. I am also thankful for lists. I have come to appreciate and enjoy the art of list making; there is just something so satisfying about making a list of assignments and then crossing them off one by one. As we prepare for this wonderful season, we have one more thing for you to look forward to.

The Student Engagement Committee wants to hear from you, the PTA community, especially in relation to issues that affect our youth. **Sunshine Talks** is the new recurring article where we'll discuss issues and concerns currently impacting youth. We want you to offer your thoughts on the topics that we share, and we'll publish some of the feedback that we receive from you. With **Sunshine Talks** we look forward to sparking important conversations. Everyone is welcome to join us in this effort and we look forward to hearing from you. I would be extremely thankful to those that wish to join us in this venture of exploration (had to sneak one in there). Happy Holidays and Merry Thanksgiving!

What are you thankful for this season?

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