

## SPECIAL EDUCATION RESOURCES

Important Notice –

**FCPS Distance Learning Plan for Students with Disabilities:**

**[CLICK HERE](#) and scroll down for message from Assistant Superintendent Teresa Johnson.**

**The Fairfax County Public Schools (FCPS) Parent Resource Center (PRC)**

**COVID-19 (Coronavirus) Response Update:**

**FCPS Parent Resource Center is still available by phone or email during the FCPS shutdown. Please email [prc@fcps.edu](mailto:prc@fcps.edu) or call 703.204.3491. We will be checking email and voicemail twice daily and responding within 48 hours. We're here to help, Monday - Friday, 8:00am to 4:00pm.**

**The Fairfax County Public Schools Parent Resource Center provides resources, information, and consultations to support the success of all students. Confidential consultations, an extensive lending library, and a year-long calendar of workshops are normally offered for parents, educators, and community members. Contact the PRC by [phone](#), [email](#); or when FCPS reopen, visit us Monday-Friday during the hours of 8:00am-4:00pm at the [Dunn Loring Center for Parent Services](#). Follow us on [Twitter](#), like us on [Facebook](#), and tune into our [YouTube Channel](#) to see some of our recorded workshops. Bookmark our [PRC website](#) to stay up-to-date with all our workshops and resources.**

**PLEASE NOTE – Though all regular workshops for the 2019-2020 school year are canceled due to the FCPS shutdown, we *are* currently offering the following *virtual* workshops:**

**How to Keep Distracted Kids in “Study Mode” (Even if They Have ADHD): A Webinar for Parents**

**Friday, April 24, 2020, 10:00am – 12:00pm.**

Whether your child struggles with executive functioning skills, has ADHD, or would simply rather be playing Fortnite than doing online schooling, this webinar is for you. She'll share tips to help you dial back the drama, get your child to focus, and create realistic expectations that make the next few months manageable.

Webinar Highlights:

- The 'Framework 5' for setting a daily routine that can work for just about any kid
- How to create the ideal structure for a positive homeschool experience
- Ways to collaborate and not dictate in order to get greater buy-in from your child
- The cup system that can help you get your own work done without interruption
- Simple yet powerful tools that teach kids to take ownership of their work

- Two ways to break up assignments to get more done
- Free software to teach your child so that you don't have to be the 'homeschool police'
- Top apps that allow kids to better manage their own media use, increase focus, and decrease procrastination

Presented by Ann Dolin, M.Ed., educational consultant and award-winning author. Ann is the President and Director of Educational Connections, Inc.

[Register for How to Keep Distracted Kids in "Study Mode" \(Even if They Have ADHD\): A Webinar for PARENTS](#)

### **Setting the Stage for Distance Learning Success: A Webinar for PARENTS**

**Friday, May 1, 2020, 10:00am – 12:00pm.**

Transitioning to distance learning can be overwhelming. Join us to learn important strategies to help support your child's learning in elementary, middle, or high school.

Webinar Highlights:

- Setting realistic expectations for this unique time period
- Setting new routines
- Designing organization systems for your home
- Building strategies to support everyone's needs
- Preparing for and addressing challenges as they arise

Presented by Erika Deem and Valerie Eisele, FCPS Parent Resource Center Professionals.

[Register for Setting the Stage for Distance Learning Success: A Webinar for PARENTS](#)

[CLICK HERE](#) to stay informed about future virtual workshops.

### **The Advisory Committee for Students with Disabilities (ACSD)**

#### **COVID-19 (Coronavirus) Response Update:**

**All FCPS school buildings and administrative offices are closed until further notice.**

The Advisory Committee for Students with Disabilities (ACSD) is a local advisory committee for special education, appointed by each local school board, for the purpose of advising the school board via the division superintendent. The committee meets on a monthly basis. Its' purpose is to examine current FCPS practices regarding the communication/dissemination of information to parents related to supports and services provided to students with disabilities; and to make recommendations designed to improve and strengthen the relationship between parents of students with disabilities and FCPS school staff and central office staff.

[CLICK HERE](#) to visit the Advisory Committee for Students with Disabilities website.

## Applied Behavior Analysis Program (ABA)

### **COVID-19 (Coronavirus) Response Update:**

**All FCPS school buildings and administrative offices are closed until further notice.**

The Applied Behavior Analysis Program of FCPS supports the special education instruction of students with autism and related disorders and meets on a monthly basis. Applied Behavior Analysis is a scientific approach to understanding behavior and refers to a set of principles that focus upon how behaviors change, or are affected by the environment, as well as how learning takes place.

For more about the FCPS ABA Program [CLICK HERE](#).



### **The Special Education PTA of Fairfax County**

<https://fairfaxcountysepta.org/>

<https://www.facebook.com/FairfaxCountySEPTA/>

Empowering and connecting families, students and educators to ensure students with disabilities develop their full potential as individuals and community members.

Parents, professionals and educators of students with special education and disability needs have atypical circumstances, challenges and interests. Often, these special educational needs may not be the focus of programs designed for predominantly general education students. A SEPTA can supplement the educational experience for disabled students, families and professionals to support academic and social success. A SEPTA allows for these parents, students and professionals to:

- Connect with and support one another
- Fund, sponsor and provide special trainings, workshops and events unique to special education needs
- Understand and navigate the special education system and special education and disability rights under the law.

The SEPTA does not take the place of a local school PTA nor any other PTA organization. We encourage all SEPTA members to participate in their local PTAs. Participation in your local PTA(s) will provide general PTA and school-based programming and participation opportunities that our county-wide SEPTA may not.

[CLICK HERE](#) and scroll down for a list of upcoming *virtual* events.

## Best Buddies International

<https://www.bestbuddies.org/>

Best Buddies is the world's largest organization dedicated to ending the social, physical and economic isolation of the 200 million people with Intellectual and developmental disabilities (IDD). This vibrant organization has grown from one original chapter to nearly 2,900 chapters worldwide, positively impacting the lives of over 1.25 million people with and without IDD. Best Buddies programs engage participants in each of the 50 states and in 54 countries around the world.

[CLICK HERE](#) to learn more about Best Buddies in the Capital region.  
State Headquarters 6231 Leesburg Pike, Suite 310 Falls Church, VA 22044  
(703) 533-9420

## The Parent Educational Advocacy Training Center

<http://www.peatc.org/>

The Parent Educational Advocacy Training Center builds positive futures for Virginia's children by working collaboratively with families, schools and communities in order to improve opportunities for excellence in education and success in school and community life. Our special focus is children with disabilities. We do this by providing:

- Services and support for families and professionals;
- Easy-to-understand, research-based information and training; and
- Opportunities for strategic partnerships and advocacy for systemic improvement.

## Twice-Exceptional (2e) Handbook

We are pleased to share that the [Twice-Exceptional \(2e\) Learners Handbook and Resources](#) were made available to the public on the FCPS website the first day of school, August 26, 2019. The handbook and resources were developed to provide schools and families with insight and guidance associated with the identification, instruction, and social-emotional wellness of students who are gifted and have learning challenges or disabilities. Please view this brief [video](#) to learn about the contents of the handbook.

For more about FCPS Special Education Instruction [CLICK HERE](#) .