

SPECIAL EDUCATION RESOURCES

The Fairfax County Public Schools (FCPS) Parent Resource Center (PRC) provides resources, information, and consultations to support the success of all students. Confidential consultations, an extensive lending library, and a year-long calendar of workshops are offered for parents, educators, and community members. Contact the PRC by [phone](#), [email](#), or visit us Monday – Friday during the hours of 8 a.m.-4 p.m. at the [Dunn Loring Center for Parent Services](#). Follow us on [Twitter](#), like us on [Facebook](#), and tune into our [You Tube Channel](#) to see some of our recorded workshops. Bookmark our [PRC website](#) to stay up-to-date with all our workshops and resources.

Join Us for Our October Workshops

All workshops are held at the Dunn Loring Center for Parent Services, 2334 Gallows Road, Entrance 1 - Room 100, Dunn Loring, VA, unless otherwise noted. **Registration opens one month before each workshop and you may register for workshops [online](#).**

Mastering the Process of School: Helping Students Build Study and Organization Skills

Friday, October 11, 2019, 10 a.m.-noon.

Executive Functioning (EF) skills, such as time-management, materials organization, planning, and prioritization, and initiating and completing work, are critical for student success in school and in life. Students with executive function challenges can have difficulty fully demonstrating their knowledge and strengths. This session will both define and provide explicit strategies to help bolster these essential skills for students accessing a challenging curriculum or high-incidence support.

Presented by Lindsey Thoms, M.Ed., Kathy Essig, M.Ed., and Deborah Rosen of [The StudyPro](#).

This session is full. [Register for the Waitlist: Mastering the Process of School: Helping Students Build Study and Organization Skills](#)

Dyslexia Open House

Thursday, October 24, 2019, 10-11 a.m.

Browse exhibit tables and learn about next steps for FCPS students with dyslexia.

[Register for Dyslexia Open House](#)

Helping your Child Cope with Stress

Friday, October 25, 2019, 10 a.m.-noon.

As parents, we want to shield our children from stress and adversity as much as possible. However, we cannot protect them from everything; everyone will face challenges in his or her life. What we can do is give them the skills necessary to face those stresses and challenges head-on, to learn from them, and to grow in strength and maturity as a result.

Join Dr. Lisa Bateman, Clinical Psychologist, in this important session that will focus on:

- Recognizing stress in children
- Building resiliency skills

Important Dates:

Inclusive Schools Week
December 2-6, 2019

Autism Awareness Day
April 2, 2020

- The role of mindfulness and executive functioning skills

Register for Helping your Child Cope with Stress

Real Assistive Technology for Everyone (RATE) Conference to be held October 19 at [Rachel Carson Middle School](#) from 8:30 a.m. to 1 p.m. For more information and registration [visit the conference website](#)

[CLICK HERE](#) to preview and register for our November workshops.

Twice-Exceptional (2e) Handbook

We are pleased to share that the [Twice-Exceptional \(2e\) Learners Handbook and Resources](#) were made available to the public on the FCPS website the first day of school, August 26, 2019. The handbook and resources were developed to provide schools and families with insight and guidance associated with the identification, instruction, and social-emotional wellness of students who are gifted and have learning challenges or disabilities. Please view this brief [video](#) to learn about the contents of the handbook.



The Special Education PTA of Fairfax County

<https://fairfaxcountysepta.org/>

<https://www.facebook.com/FairfaxCountySEPTA/>

Empowering and connecting families, students and educators to ensure students with disabilities develop their full potential as individuals and community members.

Parents, professionals and educators of students with special education and disability needs have atypical circumstances, challenges and interests. Often, these special educational needs may not be the focus of programs designed for predominantly general education students. A SEPTA can supplement the educational experience for disabled students, families and professionals to support academic and social success. A SEPTA allows for these parents, students and professionals to:

- Connect with and support one another
- Fund, sponsor and provide special trainings, workshops and events unique to special education needs
- Understand and navigate the special education system and special education and disability rights under the law.

The SEPTA does not take the place of a local school PTA nor any other PTA organization. We encourage all SEPTA members to participate in their local PTAs. Participation in your local PTA(s) will provide general PTA and school-based programming and participation opportunities that our county-wide SEPTA may not.

[CLICK HERE](#) for a full list of upcoming community events; and [CLICK HERE](#) for additional SEPTA-recommended resources.

The Parent Educational Advocacy Training Center

<http://www.peatc.org/>

The Parent Educational Advocacy Training Center builds positive futures for Virginia's children by working collaboratively with families, schools and communities in order to improve opportunities for excellence in education and success in school and community life. Our special focus is children with disabilities. We do this by providing:

- Services and support for families and professionals;
- Easy-to-understand, research-based information and training; and
- Opportunities for strategic partnerships and advocacy for systemic improvement.

For more about FCPS Special Education Instruction [**CLICK HERE**](#) .